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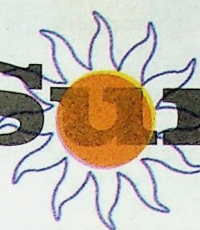
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NORTH QUINCY'S AVA BRYAN hits one of her four three-pointers to spark a fourth-quarter comeback against Quincy last Friday night. Bryan scored 16 points in the fourth quarter as the Raiders went on a 16-0 run to defeat the Presidents 47-41 to improve to 20-0 on the season. More coverage begins on Page 19.
Quincy Sun Photo/Robert Bosworth

Quincy Outpaces County In '21 RE Sales

- Total Deeds Rise 23 Percent
- Average Sale Price For Both Commercial And Residential Lots Climbs 56 Percent

By SCOTT JACKSON
Real estate sales grew more from 2020 to 2021 in Quincy than they did for the whole of Norfolk County, which Norfolk County Register of Deeds William O'Donnell said shows Quincy is a desirable place to live and do business in.

"I believe we have a very vibrant county, a lot of communities that people want to live in, and the real estate activity shows that – and I think it shows that in Quincy," O'Donnell said in a recent interview.

"Quincy is well-run – people take managing the city seriously," he added later in the interview. "It's an attractive city. It's near the water. It's near Cape Cod. A tank full of gas from Quincy, you can be in Maine, you can be in Vermont, you can be on the Cape."

"I think the great qualities that Quincy has are reflected in the numbers – that it is a desirable place to either live in or do business in. It's clearly that from the activity."

Cont'd On Page 11

Mask Mandate Lifted In Quincy Schools

By SCOTT JACKSON
Quincy Public Schools students and staff will no longer be required to wear masks when they return to the classroom next week following February vacation.

The School Committee voted 6-0 in favor of ending the district's mask mandate during a special meeting the evening of Feb. 16; committee member Douglas Gutro was not present at the meet-

ing.

The committee's vote came one week after Gov. Charlie Baker announced the statewide mask mandate in schools would expire on Feb. 28, the day when classes resume following February vacation.

Mayor Thomas Koch, the chairperson of the school board, made the motion to rescind the district's mask policy during the special session. He noted

COVID-19 cases within the community have been on a downward trend.

"We're going in the direction big time and I think it's time to rescind that policy," Koch said.

Committee member Paul Bregoli said the move to rescind the mask mandate was "a long time coming." Bregoli questioned the efficacy of masks and said he was disappointed with state officials for keeping the

mandate in place until the end of this month.

"Having a mask on is like trying to keep a mosquito out of a yard with a chain-link fence. When you think about it, it's what these masks are – they're useless," Bregoli said. "I'm just disappointed with the governor, the department of health, and the commissioner for letting this drag on so long because we had num-

Cont'd On Page 3

Councillors Want Update On City's ARPA Spending

By SCOTT JACKSON
City councillors want the Koch administration to provide an update on the city's use of federal funds Quincy received from the American Rescue Plan Act.

Ward 2 Councillor Anthony Andronico on Feb. 14 introduced a resolution seeking an update the administration's use of the ARPA money Quincy received. Councillors approved Andronico's reso-

lution, and also referred it to the body's finance and oversight committees, in an 8-0 vote; Ward 4 Councillor Brian Palmucci abstained from the vote.

Andronico had introduced a similar resolution seeking an update on the city's use of ARPA funds last fall.

"This is an update refile of a resolve we filed...this past fall. In due diligence, I

Cont'd On Page 13

Investigation Into Fatal Germantown Shooting Continues

By SCOTT JACKSON
The investigation into the fatal shooting of a Weymouth High School student

in the Germantown neighborhood of Quincy remained ongoing as of Tuesday.

David Traub, spokesperson for Norfolk District Attorney Michael Morrissey,

on Tuesday said no arrests had been made in the shoot-

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More Quincy news:

The Quincy Sun.com



Get Ready For A Great Golf Season

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

If you are a golfer, now is the time to begin a practical golf conditioning program that will enable you to play this challenging game with both a lower score and a lower risk of injury.

If you are not a golfer, this same exercise program will enable you to perform your favorite outdoor sports and physical activities at both a higher performance level and a higher probability of avoiding injury. This is because the basic means for enhancing musculoskeletal fitness is to increase overall muscle strength (legs, hips, abdominals, lower back, upper back, chest, shoulders, and arms), and to improve overall joint flexibility (knees, hips, trunk, shoulders).

Although I will explain how each of the recommended resistance exercises benefits your golf driving performance/power, it is the totality of the strength training program that is most important for improving your health, fitness, and functionality.

Several years ago we conducted a series of studies to examine the effects of strength training alone, stretching alone, and combined strength and stretching exercise on golf driving power and injury avoidance on the fairways. Although strength training and stretching were independently productive for improving driving power, the combined program of strength training and stretching exercise was most effective for both increased club head speed and injury prevention. Additionally, the golfers made significant improvements

in their body composition, resting blood pressure, and overall muscle strength.

Golf Research Summary

After 8 weeks of combined strength training and flexibility exercise, our golf study participants (most of whom were over age 50) attained the following beneficial results. With respect to body weight they gained 1 pound, but they actually lost 3 pounds of fat and added 4 pounds of muscle. This represented a 7-pound improvement in their body composition, essentially a pound-a-week improvement, that was exceptionally helpful from a health and fitness perspective.

With respect to muscle strength, their major muscle groups were 56 percent stronger after completing the 2-month training program. With respect to flexibility, the program participants experienced a 30 percent improvement across several key joint actions. Due to more muscle, greater strength, and enhanced flexibility, the golfers' driving power increased by more than 5 miles per hour, as assessed by radar-measured club head speed. An unanticipated benefit from the exercise program was an average 5-point reduction in the golfers' mean resting blood pressure. Perhaps most importantly, as a result of their better-conditioned bodies, not one of these golfers experienced an injury during the entire golf season.

Golf Strength

Training Exercises

As noted previously, I believe that golfers should perform resistance training for all of their major muscle

groups for overall muscle development and injury prevention. However, it is these same muscle groups that enable golfers to produce more powerful swinging actions for longer golf drives. Consider including the following resistance machine exercises in your strength training program (if available), or perform similar exercises using free-weights.

Force Development

To generate the force necessary for powerful golf drives, you need to strengthen the muscles of the legs, core, and upper body/arms. Here are the key exercises for these major muscle groups.

Leg Extension: This exercise isolates the large front thigh muscles (quadriceps) that are responsible for extending the knees.

Leg Curl: This exercise targets the opposing muscles in the rear thigh (hamstrings) that are responsible for extending the hips.

Leg Press: This is a multiple-muscle exercise that concurrently works the quadriceps and the hamstrings, as well as the gluteus maximus muscles of the hips. If you could only do one leg exercise, this would be my choice for activating the most lower body muscle mass.

Hip Adduction: This exercise works the muscles that move the inner thighs

(hip adductors) towards each other, and are key factors in the explosive hip thrust that is essential for power production.

Hip Abduction: This exercise works the muscles that move the inner thighs (hip abductors) away from each other, and are also key factors in the explosive hip thrust that is essential for power production.

Low Back Extension: This exercise isolates the lumbar spine muscles that form the strongest part of the core, and are responsible for posture control and force transfer from the legs to the upper body. Strong lumbar spine muscles are also your best protection against various low back injuries.

Trunk Flexion: This exercise isolates the opposing abdominal muscles that are also important for lower body to upper body force transfer.

Torso Rotation: This exercise works the 4 oblique muscles (2 on each side of the midsection), that are critical for the rapid body turning action and for transferring force from the legs to the upper body.

Chest Press: This exercise involves the chest muscles, the front shoulder muscles, and the triceps muscle of the rear arms that are prominent in producing the actual club swinging action.

Seated Row: This exer-

cise addresses the opposing upper body muscle groups, namely the upper back, rear shoulders, and biceps muscles of the front arms that are also important for producing the actual club swinging action.

Shoulder Press: This exercise (which must be performed carefully) strengthens the critical shoulder and triceps muscles, as well as the upper trapezius muscle that runs from the shoulders to the rear head. The upper trapezius enables head stabilization so that you don't lose focus on the (center of the) golf ball during the explosive club swinging action.

Although our golf study participants performed just one set of each exercise, you may certainly do more sets if you prefer. I recommend using a resistance that enables you to complete between 8 and 12 correctly performed repetitions, increasing the resistance by about 5 percent when you are capable of performing more than 12 reps.

Our program participants performed each repetition slowly to maximize muscle tension and to reduce the risk of injury. Although you want to swing the golf club very fast, rapid movements with this relatively light implement are totally different than rapid movements with relatively heavy weight loads.

We always emphasize full-range exercise movements for the dual purpose



WAYNE WESTCOTT

of full-range strength development and enhanced joint flexibility. Our studies have always shown increased joint movement range following full-range strength training programs.

With respect to joint flexibility, our golfers performed 6 specific (golf-related) stretches on a Stretch-Mate apparatus. However, any flexibility exercise that gently and progressively stretches the hamstring muscles, inner thigh muscles, outer thigh muscles, low back muscles, chest muscles, and shoulder muscles should be effective, if performed slowly and correctly.

Wayne L. Westcott, Ph.D., is Coordinator of the Quincy College Exercise Science Department and the College/Community Fitness Center. He has written 30 books on physical fitness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks. Wayne has been a strength training consultant for all 5 United States military forces and for 6 NFL football teams.

Friends Of Wollaston Beach To Host Local Shamrock Splash

Fundraiser Set For Saturday, March 5 At Noon Wollaston Beach

It's that time of year again! On Saturday, March 5, at noon, the intrepid and indefatigable Bob Verney will plunge into the icy waters of Wollaston Beach to raise money for Save the Harbor/Save the Bay (SH/SB), as he has done for the last several years.

This year, Bob will be joined by Dan Connolly, Maya Smith and Mike Bellotti. Susan McPherson will be participating "virtually" from Florida.

You don't need to be in Quincy to splash virtually. Join Susan by registering at shamrocksplash.org/FOWB and sending a video to SH/SB by March 6. Fundraising is optional but encouraged. There is a \$20 registration fee. All details are on SH/SB's website <http://shamrocksplash.org>, including prize incentives for various levels of fundraising.

Suggestions for those inclined to participate "virtually":

- Pour a bucket of ice water on yourself
- Dive into the snow
- Fill a kiddie pool with cold water
- Get creative with watering cans, garden hoses, and water balloons
- Add cold water or ice to your favorite TikTok challenge
- Take a safe socially distant trip to one of our region's beaches (the FOWB option)
- Find a fun costume to wear in a cold

The traditional SH/SB splash is on Sunday, March 6 at Constitution Beach in East Boston. Whether you splash locally, in East Boston, or virtually, you can join FOWB's team by signing on to: shamrocksplash.org/FOWB go to the bot-

tom of the page, and click "Join our team!" If you choose to "start a team," be sure your pledges are directed to Wollaston Beach.

Friends of Wollaston Beach wants to thank Bruce Berman of SH/SB who is designating Wollaston Beach for his fundraising.

The money raised through the Splash provides funding for beach activities across the region from Nahant to Nantasket. For Friends of Wollaston Beach, that takes the form of a grant to support

FOWB's annual Kids' Fest. Inflatables, games, prizes, a DJ, educational programs, face painting, and performances by the Boston Circus Guild are the highlights of the event. Watch for details as plans are finalized.

FOWB's other calendar items include the ParkServe cleanup of the north end of Wollaston Beach on April 29 and the Cleaner/Greener cleanup at Caddy Park on May 7. FOWB was fortunate to be able to continue the cleanups in 2021 since it was possible to socially distance.

"We're really looking forward to returning to the Beach and being able to revive some of the programs that were lost during the pandemic," said Maureen Mazrimas, president of Friends of Wollaston Beach. "Think about joining the Splash either by participating, and/or making a contribution."

Log onto FOWB's website <http://friendsofwollastonbeach.net> for all upcoming events and information on how you can become more involved in FOWB.

Join FOWB on March 5 at noon by participating, donating, or simply stopping by to cheer on the splashers.

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School Board Meetings Back Open To Public

By SCOTT JACKSON

Meetings of the Quincy School Committee will be open to the public once again starting next month.

The committee has been meeting in-person at the Coddington Building for the past two years, but the public has not been allowed inside. The meetings have been broadcast live on local access Channel 22 and are also posted online qatv.org and schooltube.com.

At a special meeting on Feb. 16, committee members agreed to reopen meetings to the public, starting with the next committee meeting on March 9. That meeting will be held inside the City Council chamber in the McIntyre Government Center provided the space is available that evening.

Mayor Thomas Koch said it was time to reopen meetings to the public and suggested meetings could be held in the council chamber, which is a larger space than the committee's meeting room at the Coddington Building.

"In light of what's happening, I think...we go back to the old way of doing things. If it makes people more comfortable, we could use the council chamber to spread out a little bit more

if we're expecting big numbers in the room," Koch said.

"I do think we have got to get back, open it up in-person to the public."

Committee member Emily Lebo said she supported reopening meetings to the public but expressed concerns about having a large crowd inside the Coddington Building.

"I'm more than comfortable here. I've been sitting next to you people for two years. I'm not afraid at this moment," Lebo said.

"I don't think I would be comfortable if there were 60 people in the room, so I think we would have to mitigate that sort of thing and how many people can come in at a time, for their protection unless they want to be masked."

Committee member Kathryn Hubley suggested the school board could meet in the council chamber on March 9 and then determine after that whether to continue meeting there or to return to the Coddington Building.

"That would be an option," she said.

The committee members agreed to that suggestion. The decision to reopen meetings to the public did not require a vote of the committee.

Mask Mandate Lifted In Quincy Schools

Cont'd From Page 1

bers months ago that suggested we could have done this earlier and not put our kids through what they've been put through."

In response, Koch said the medical community recommended mask wearing as a way to slow the spread of COVID-19.

"I understand Mr. Bregoli your thoughts on this and I don't necessarily disagree with the mask, whether it is a good thing or a bad thing, but it did come from the medical community as the right thing, as a tool to help keep it from spreading," the mayor said.

Committee member Em-

ily Lebo, who voted in favor of lifting the mask mandate, said the city should provide N95 masks to students who will continue wearing face coverings after the mask mandate ends.

"I think if we're going to ask kids to come to school that have to be masked, because their physician wants them masked or their parents are afraid for them bringing something home, I think it would be nice if for those students we could source some masks that would fit them," Lebo said.

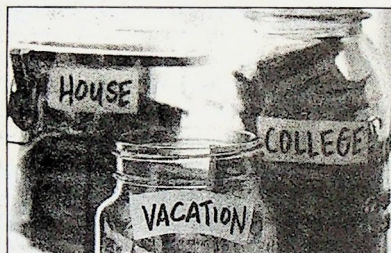
"I'm also going to be supporting this because I think it's time. I think we've

Cont'd On Page 16



QUINCY HIGH SCHOOL students Alexandria Monteiro (left) and Laila Mullgrave were among Early College High School (ECHS) Pathway students from both QHS and North Quincy High School attending the Feb. 10 celebration at which 40 seniors received one-year, full-tuition scholarships to Quincy College for the fall 2022 semester. A partnership between Quincy Public Schools and Quincy College, ECHS is made possible in part through the generous support of the State Street Foundation. In this its inaugural year, ECHS serves a total of 149 students in grades 10-12 who will earn Quincy College credits for successfully completing college courses while still in high school.

Photo Courtesy Quincy College



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Moments in time

THE HISTORY CHANNEL

• On **March 13, 1836**, Texan Gen. Sam Houston begins a series of strategic retreats to buy time to train his ill-prepared army, which consisted of 374 poorly equipped men. A month later, his newly trained army won a stunning victory against Mexico's Santa Anna.

• On **March 10, 1902**, the U.S. Court of Appeals rules that despite his claims, Thomas Edison did not invent the movie camera. It did admit that Edison invented the sprocket system that moved perforated film through the camera.

• On **March 8, 1917**, the February Revolution begins when riots and strikes over the scarcity of food erupt in Petrograd. A week later, centuries of czarist rule in Russia ended with the abdication of Nicholas II. Vladimir Lenin returned home and took control of the Russian Revolution.

• On **March 11, 1942**, U.S. Gen. Douglas MacArthur abandons the island of Corregidor under orders from President Franklin Roosevelt. Left behind were 90,000 American and Filipino troops, who would soon succumb to the Japanese offensive. Only one-third of those left behind survived to see MacArthur's return in January 1945.

• On **March 12, 1969**, the London drug squad appears at house of Beatle George Harrison and his wife Pattie Boyd with a warrant and drug-sniffing canines. Sgt. Pilcher, the man behind the raid, was convicted of planting drugs in other cases and went to jail in 1972.

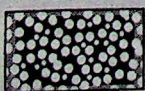
• On **March 9, 1979**, Major League Baseball teams are ordered by the MLB commissioner to allow equal access to all reporters. The order came after Sports Illustrated reporter Melissa Ludtke's successful lawsuit for refusing her access to clubhouses at Yankee Stadium during the 1977 World Series.

• On **March 7, 1988**, representatives of the Writers Guild of America called a strike for all the union's members. The five-month walkout was estimated to cost Hollywood some \$500 million, as many viewers began watching cable channels.

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Soil particle size and the degree of compaction affect how much water drains through the soil vs. how much water holds within the soils.



Fine soil has smaller particles but more numerous "pores" than a coarse soil. It retains more water within its structure, allowing plant roots to access the water.



Coarse soil has bigger particles and less "pore" space between the particles than the fine soil. It is less able to retain any water for roots to access. - Brenda Weaver

Source: www.noble.org

Crane Library Events, Activities For Children During March

By JULIE RINES

Children's Coordinator

Thomas Crane Public Library

The following Thomas Crane Public Library events and activities for children are scheduled during March.

Registration for Spring Programs begins

Monday, March 14th at 9 a.m.

Registration is required for the following programs; Mother Goose on the Loose storytimes for ages 12-23 months, Storylab at Wollaston ages 4-8, Chickadees book club for grades 1 and 2 and 3 different Coding Clubs for ages 5 & 6, 7 & 8, 9 & 10.

Space is limited in all of these programs. You must be a Quincy resident to register and children must be the correct age by the first meeting of the program.

Registration begins on Monday, March 14th online at thomascranelibrary.org, by phone at 617-376-1300 x4 or in person at the Main Library Children's Room.

Pajama Storytime for ages 1-5 (In Person)

Join us for a monthly family pajama storytime for the whole family on the first Wednesday of each month at 6:30 p.m. This program is especially for children ages 1-5 accompanied by an adult.

This month we will meet on March 2nd when we will read stories, sing songs, recite rhymes, and more all about Penguins.

Phoenix Book Club for grades 5-8 (In Person)

We will be meeting on Tuesday, March 8th at 7 p.m. in the Main Library Children's Room.

Children in grades 5 through 8 are invited to join us to discuss a new theme or genre each month. Children choose their own books from a list of suggestions or they can suggest their own choices to Miss Amanda. Each month children will meet and share their thoughts on the book they read and the theme or genre.

This month our theme is Series Starters. Some books are great on their own, but some books just need a sequel! Or more than one! Pick the first book in a new-to-you series of any genre and see if you discover a new series to dive into.

Preschool Discovery @ Wollaston (In Person)

Drop by the Wollaston Library with your preschooler, ages 3-5, any time between 3 and 4 p.m. on Thursday, March 3rd to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

This month come and explore plants and flowers! Match petals, learn about how a plant grows, plant your own seed to take home, and more!

Night Owls Book Club for Grades 3 and 4 (In Person)

We invite children in grades 3 and 4 to join us to discuss a chapter book or graphic novel on the second Thursday of each month at 7 p.m. We'll vote for upcoming titles at the end of each meeting.

• On March 10th we'll be discussing Pie in the Sky by Remy Lai.

A poignant, laugh-out-loud illustrated middle-grade novel about an eleven-year-old boy's immigration experience, his annoying little brother, and their cake-baking hijinks! Perfect for fans of Raina Telgemeier and Gene Luen Yang!

Copies of the book are available to check out in the Main Library Children's room or as an ebook on Overdrive/Libby.

Wonderkid Storytime (In Person)

Join us for a series of storytimes all about being your best you! In partnership with Squantum Elementary School, every month we will present a storytime focused on a theme or topic to help kids learn about themselves, other people and the world around them.

On March 12th at 10 a.m. our storytime will be about Empathy This family storytime is geared toward elementary school students and their families but older preschoolers may also be interested.

Dungeons and Dragons (In Person and Online)

New and experienced players are invited to join us in person at 7 p.m. on Tuesday, March 15th for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this Dungeons & Dragons game. We will meet for an hour and a half to play this campaign. **Please note: There is no wait list for this program, but we will be running more campaigns in the coming months.**

Registration is required for this program. Register through our online calendar. This program is for ages 10-15.

This program will be IN PERSON in the Main Library Children's Room, masks are required. Character sheets will be provided.

Can't join us in person you can also join us ONLINE just let us know how you will be attending when you register and we'll send you the link.

Preschool Discovery @ Adams Shore (In Person)

Drop by the Adams Shore Library with your preschooler, ages 3-5, any time between 3 and 4 p.m. on Wednesday, March 16th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

This month come and explore plants and flowers! Match petals, learn about how a plant grows, plant your own seed to take home, and more!

Graphic Novels ONLY book club for grades 3-5 (In Person)

Children in grades 3-5 are invited to join us on the third Wednesday of each month for our new Graphic Novels Only book club. Each month we will discuss a different graphic novel.

Join us on Wednesday, March 16th when we will discuss El Deafo by Cece Bell. Going to school and making new friends can be tough. But going to school while wearing a bulky hearing aid? That requires superpowers

Copies of the book are available to check out in the Main Library Children's room or as an ebook on Overdrive/Libby and Hoopla.

Toy Time for ages 9 to 23 months (In Person)

Come to the library for a free playtime session with your baby, ages 9-23 months full of age appropriate toys and activities plus socializing with other children and caregivers.

A fun time for all and a chance to practice large and small muscle development. This program will meet in the large meeting room from 10 - 11 a.m. on Saturday, March 19th.

This program is for children ages 9 - 23 months accompanied by an adult. Space is limited and the doors will be closed when the room is full.

Preschool Discovery @ Main Library (In Person)

Drop by the Main Library Children's Room with your preschooler, ages 3-5, any time between 10 and 11 a.m. on Saturday, March 26th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

This month come and explore plants and flowers! Match petals, learn about how a plant grows, plant your own seed to take home, and more!

Spring Program Schedules

Spring programs begin on Monday, March 28th. All programs are in person indoors at the Main Library unless otherwise noted. Registration is required for some programs. Registration is limited to Quincy residents and children must be the correct age by the start of the program.

ABC Storytime with Miss June for ages 2-5

Mondays 3/28, 4/4, 4/11, 4/25, 5/2 at 10 a.m. **Live Online**

StoryLab with Miss Amanda ages 4-8

Mondays 3/28, 4/4, 4/11, 4/25, 5/2 at 3 p.m. **In Person at Wollaston REGISTRATION REQUIRED**

Mother Goose Storytime with Mrs. Miller for ages 12-23 months

Tuesdays 3/29, 4/5, 4/12, 4/26, 5/3 at 10 a.m. **REGISTRATION REQUIRED**

Toddler Storytime with Miss Lori for ages 2-3

Tuesdays 3/29, 4/5, 4/12, 4/26, 5/3 at 10 a.m. **In Person at Adams Shore**

Toddler Storytime with Miss Dorothy for ages 2-3

Wednesdays 3/30, 4/6, 4/13, 4/27, 5/4 at 10 a.m. **Live Online**

Rock-a-bye Baby Storytime with Mrs. Miller for ages 4-11 months

Thursdays 3/31, 4/7, 4/14, 4/28, 5/5 at 9:30 a.m.

Mother Goose Storytime with Mrs. Miller for ages 12-23 months

Thursdays 3/31, 4/7, 4/14, 4/28, 5/5 at 11 a.m. **REGISTRATION REQUIRED**

Chickadees Book Club for children in grades 1 and 2 (In Person) REGISTRATION REQUIRED

This group works a little bit differently than our other book groups, sort of a cross between book group and storytime. Registration is required and is limited to Quincy residents. Registration begins on Monday, March 14th online at thomascranelibrary.org, by phone at 617-376-1300 x4 or in person at the Main Library Children's Room.

The Chickadees will meet on Mondays 3/28, 4/4, 4/11, 4/25, 5/2 at 6:30 p.m.

Using short stories and early readers as our text we'll have fun with simple games and crafts while reinforcing key reading and discussion skills in this fun and interactive program. Children must be able to read and write independently to join this group.

Cont'd On Page 13

Scenes From Yesterday



SQUANTUM HEAD, SQUANTUM, MASS.

THIS IS A 1913 picturesque postcard view of Squaw Rock in Squantum Park. The wooden structure on top of the rock served as an observation deck from which you could see the expanse of Boston Harbor while enjoying the fresh ocean breezes. A ramp ran down the other side to the water where floats were kept by local residents for their boats. Nearby was the Old Squantum House, a resort hotel complete with its own pier for

regular steamboat service from Boston. The park could also be reached by electric trolley from the Atlantic railroad depot. Very popular in the middle and late in the 19th century, this spot lost its appeal as the newly built nearby Moon Island sewer vats became increasingly noxious.

From the Tom Galvin Postcard Collection

21 Quincy Students On Wentworth Institute Dean's List

Twenty-one students from Quincy have been named to the Dean's List for the fall semester at Wentworth Institute of Technology in Boston.

They are: Cara Chen, Tiffany Phan, Annie Yu, Sam Hurley, Adam Ikariden, Sophie Wil-

son, Matthew Wong, Guanglin Zheng, John Zheng of Quincy, James Ash, Nguy-

Pat Cullinane On Dean's List At Bates College

Pat Cullinane of Quincy, has been named to the Dean's List for the fall semester at Bates College in

en Dao, Yusuf Eid, Sarah Glozheni, Ilia Karelo, Kevin Liu, Michael Nguyen,

Lewiston, ME. Cullinane, the son of Thomas P. Cullinane and Cynthia L. Cullinane, is a

Dylan OBrien, Jordan Ortiz, Tedi Qafko, Duy Vo and Steven Zheng of Quincy.

2021 graduate of Boston College High School.

READERS FORUM

Constitutional Amendment For Voting Changes

As for John Adams and the state Constitution he wrote for Massachusetts, I believe it must be followed or amended. Our legislators up on Beacon Hill cannot simply pass by a simple majority an additional method by which we may vote. In our state Constitution, a registered voting citizen may vote in two ways. He or she can show up at the polls on Election Day or apply for an absentee ballot. Those are our choices currently under law. Don't like it? Change it!

If our state legislature wishes to add new ways to vote, drop-off boxes, universal mail-in ballots and early voting days, the way to do it is by amending our state constitution to include these reform measures, then receive a two-thirds vote before heading for the governor's desk. The COVID emergency cannot fast track the way we amend the laws of the Commonwealth.

Seeking the amendment process is not either reprehensible. Like Susan Bill, I support the right of all registered voters to vote. We are a democratic republic. Either we run it or it runs us. Government is the business of the people.

It is so unfair and demagoguery of those with opposing views to be labelled by misinformation. Please don't lump me with the likes of Governor George Corley Wallace back during the Civil Rights struggle. That was my fight, too.

It would be nice if all of us could be working together fighting for democracy in this nation we all share together. There's an old rock song I remember from my younger days whose lyrics went, "There ain't no good guys. There ain't no bad guys. Just you and me and we both disagree."

Sal Giarratani
East Boston

Let Us Stop The Animus

Well it's pretty obvious what side of the aisle Ms. Susan Bill sits on. Her attack on Mr. Sal Giarratani, calling him a liar, goes beyond the pale. We will always have folks who disagree with our beliefs especially in religion, politics and even the sports teams we choose to support. Each side has their own reasons for supporting these organizations and yes, sometimes we have a tough time defending our positions but none the less, we live with our choices.

I have never met Mr. Giarratani but I have read many of his articles, even in the New York Post. I'm sure he doesn't need me to defend what he believes or writes, or what you feel Ms. Bill, but the fact is you said that the "Republicans know that they cannot attract more voters by means of their policies—they did not even bother with a platform last time — so instead they seek to limit the number of people who can vote." That's a very strong accusation. I assume you think that's true.

The fact is that the Republicans did increase their base because of the Latino vote which was the largest number of Latino voters to ever vote Republican. When you refer to

Republican non-policies did you mean making the United States the number one producer and retailer of natural gas? Maybe having Israel and five Arab states sit down and sign trade agreements with each other? The First Step program which initiated the release of inmates unjustly given extreme sentences for minor felonies? I know, it was getting the United States out of being the piggy bank of the world by funding ludicrous global agreements. I could go on but I'm sure you have heard it all before.

You probably will not believe this but I do think there are some positives to this Voter's bill, such as same day registration. I just don't know why you feel certain segments of our society are at a disadvantage when it comes to voting. There are mechanisms in place already to help for most of these inconveniences. It doesn't matter to me which way the vote goes. I'll find my way to the voting booth. Let us stop the animus.

Finally, I wish the best for you Ms. Bill and to Mr. Giarratani.

Edward Spring
Quincy

Quincy's Yesterdays

This Week
1980
42 Years Ago

Garage Bond Issue Faces Struggle

The \$1 million bond issue sought by Mayor Arthur Tobin to add two floors to a downtown-parking garage faced tough sledding at a special meeting of the City Council.

The proposal required a two-thirds vote of the council or six votes to pass, and a Quincy Sun survey prior to the meeting showed two councillors against it, one not voting, one undecided and one unavailable for comment.

"I can't see bonding city money for construction of the garage," said Council President Leo J. Kelly, who said he planned to vote against the bond. "It just opens us up to other problems." Councillor Stephen McGrath also said he planned to vote "no" on the bond proposal.

Councillors Francis X. McCauley, who is president of the Presidential Cooperative Bank, said that he would not vote on the issue for fear of conflict of interest since his bank is on land that figures in another phase of the project.

PRESIDENTIAL PRIMARIES NEXT TUESDAY, 35% TO 40% TURNOUT PREDICTED

A high vote turnout of 35% is expected for Tuesday's presidential primary that features contests on every ballot including rival slates for the Democratic Committee in Ward 2.

City Clerk John M. Gillis predicted a 35% turnout and he added it could go much higher if Sen. Edward M. Kennedy were to make a good showing against President Carter in New Hampshire.

Major candidates for the Republican nomination for president included Cong. John Anderson, Sen. Howard Baker, George H.W. Bush, former Gov. John Connelly, former Gov. Ronald Reagan and Sen. Bob Dole.

The Democratic ballot contains the names of President Jimmy Carter, Edmund Brown, Jr., and Sen. Kennedy.

QUINCYSIMS

Ruth Johnson, Girl Scout service cookie manager for Quincy, is coordinating the cookie distribution for troop cookie managers of the city's 38 Girl Scout troops... **Brenda Morrison**, daughter of Mrs. Meredith Morrison, 16 Doyle Terrace, Germantown, was named to Dean's List for the first semester at Nason College, Maine... Marshfield Stove, 138 Washington St., Quincy Point, was advertising "Wood Stoves 50% Off on Selected Models." The ad warned that the per gallon cost for oil could reach \$2 by September 1980... The Quincy Sun Sunbeams Column noted that **Ward 5 Councillor Stephen McGrath** had his eye on the Second Norfolk Representative District seat presently held by **Rep. Thomas F. Brownell**... Little opposition was expressed at a public hearing on the proposed Burgin Parkway Extension held by the Massachusetts DPW at the Lincoln-Hancock School. Target date for the completion of the project was the spring of 1983. (Editor's note: The groundbreaking for the project was not held until July 1984 and the road opened for traffic the day before Thanksgiving 1985)... **Rev. James L. Kimmell**, pastor of Faith Lutheran Church, attended a two-week orientation clinic of the Bethel Series, an international Bible study program in Madison, Wisconsin... Old Colony Bank and Trust Company, 1449 Hancock St., Quincy Center, was advertising "Six Month Certificates of Deposits, \$10,000 Minimum With An Interest Rate of 13.629%"... **Mayor Tobin** received an eight month-old German shepherd named "Snoopy," a gift of the Sons of Italy Quincy Lodge. The dog is trained to sniff for hidden drugs and was assigned to the Quincy Police Department... **Melissa McCauley**, daughter of Councillor and Mrs. Francis X. McCauley, 210 Manet Ave, Houghs Neck, was named to the Dean's List, with high honors, at Northeastern University. Miss McCauley, a 1979 graduate of Quincy High School, was majoring in physical therapy... Two Quincy women were seeking re-election to their respective State Committee posts. **Miss Kathleen O'Donnell** was running for re-election as the Democratic State Committeewoman in the Norfolk Senate District. **Mrs. Kathryn Roberts** was seeking re-election as the Republican State Committeewoman in the same Senate district... Uses for three Quincy elementary schools scheduled to close this year (1980) included: A marine center for the Great Hill School in Houghs Neck; a warehouse for the Myles Standish School in North Quincy and the C.E.T.A. Headquarters for the Cranch School on Hospital Hill. (Editor's note: The Great Hill School was torn down after a fire and the land converted to parkland; the Myles Standish School was utilized over the years by the Quincy Lodge of Elks and the Beechwood Community Life Center and today is The Kennedy Center for Quincy Elder Services. The Cranch School was converted to condominiums.)

Fun, Education Events For Children, Adults At MPL In March

By JEAN HLADY
Milton Public Library

During the month of March, the Milton Public Library has organized a lot of fun and educational events for adults and families to enjoy.

Our ongoing MPL Walking Club will continue every Thursday, meeting up in the parking lot at 12 noon, and here are the dates: March 3, March 10, March 17, March 24 and March 31. Advance registration is required for each date at our website to participate.

Also the Library Knitting Group will meet on Thursday, March 3, at 7 p.m. and on Saturday, March 19, at 10 a.m., in the lower level Conference Room in person. No signup is required but if you would like to start attending this fun program where knitters share their projects and expertise, send a message to jhlady@ocln.org and she will send your name to the organizer to get on the email reminder list.

On Tuesday, March 1, starting at 7 p.m., Interior Designer Barbara Graceffa will give a virtual talk via Zoom called "Big Ideas for Decorating Small Spaces." Ms. Graceffa, aka "Secretary of the Interior," will teach you how to use furnishings and accents that are both functional and beautiful. If you describe your home (or a room in your home) as modest or cozy, you are most likely living in a small space.

At this talk you'll discover creative storage solutions, color tips, and secrets that interior decorators use to trick your eye to make small rooms seem more spacious. Advance registration is required at the MPL website to participate and once signed up, a Zoom link will be sent to you.

The Celebrity Book Club will meet as a hybrid program on Thursday, March 3, at 7 p.m. in person in the Keys Community Room, or you may choose to attend instead virtually via Zoom. Advance registration is required and please indicate your attendance choice when you sign up. Read what the celebrities are reading! Sara and Sally will lead you in a fun, relaxed discussion of books recommended by popular celebrities and the chosen book for March is "The Vixen" by Francine Prose, recommended by Padma Lakshmi. To place a reserve on the title, call the Reference Dept. at (617) 898-4964 or go online to www.miltonlibrary.org and log in using your OCLN library card.

We want to remind those participants previously signed up to attend our adult craft workshop that it has been rescheduled (because of snow on the January date) to Saturday, March 5, from 2 to 3:30 p.m. This class, which will be taught by artist Annie Lavigne, will teach those already registered how to make a felt bird on a wire. This is an in person program only, masks are required to attend, and all materials will be provided.

A reminder email will be sent out to you before March 5, and sorry but our participant limit is now full for the workshop. Sara Truog will be your host for this program.

There will be a fun, lively in person concert of traditional and contemporary Irish music and songs with the band called "Connacht" on Saturday, March 12 starting at 2 p.m. in the Keys Community Room. Connacht is the brainchild of percussionist Michael McDonagh and the high energy beat combined with soulful songs and accompaniment is sure to delight any audience. The group's repertoire ranges from the Ceili band style which are set dance tunes, to more modern arrangements.

In addition to including traditional songs, Connacht also features modern songs written in these traditional styles. The musicians are: Johnny Coe, guitar; Sean Connor, fiddle; Mike McDonagh, drums, percussion and vocals; and Wynter Pingel, fiddle and concertina. Don't miss this opportunity to be Irish! - we all are once a year right? - in advance of St. Paddy's Day. We hope you will join us for an entertaining afternoon which should get you tapping your toes, singing along, and maybe even dancing in the aisles! We hope to see you there!

Advance registration is required for each person wishing to attend, as there is an audience limit. Also this event will not be available via Zoom, and masks are required to come into the MPL. Please go to: www.miltonlibrary.org and click on "events" from the main page to register.

This program is kindly sponsored by the Friends of the Milton Public Library and is free and open to all. For questions, email jhlady@ocln.org.

There will be a virtual talk on Tuesday, March 15, at 7 p.m. called "The Ultimate Red Sox Presentation" with Midwest author and sportswriter Marty Gitlin. Marty will be back via Zoom to tell us about his book on the topic, as he covered baseball for nearly two decades as an award-winning journalist. The program covers the most interesting and greatest teams, players and events in Red Sox history. You will hear engaging stories, view photos, and see exciting game highlights. For all the details and to register in advance to receive the Zoom link for this fun program, go to www.miltonlibrary.org and click on "events" from the main



MILTON PUBLIC LIBRARY'S events in March include a concert of traditional and contemporary Irish music and songs featuring the band "Connacht" on Saturday, March 12 starting at 2 p.m. in the Keys Community Room.



THE THEME OF "Gender Identity and the Importance of Pronouns" will be addressed by Professor Shannon Peters of Boston University in a virtual talk at the Milton Public Library on Tuesday, March 22 at 7 p.m.

page. We hope to see you there!

The theme of "Gender Identity and the Importance of Pronouns" will be addressed by Professor Shannon Peters of Boston University in a virtual talk on Tuesday, March 22, at 7 p.m. Learn about sexual orientation and gender diversity terminology: how sexuality and gender are seen as on a spectrum, and why gender pronouns are becoming more prominently used in society today. Dr. Peters lectures in, writes about, and presents on many topical subjects in her work, and to learn more, go to the MPL website where you may also sign up in advance to receive the Zoom link.

Milton yoga instructor Marianne Zullas will give the first of three spring classes in gentle Vinyasa Flow Yoga on Saturday, March 26, at 11 a.m. in the Keys Community Room. This is an in person program, which will not be available virtually. Students will be introduced to exercises that will open up some meridian pathways in the body to create a better flow of energy, and the instruction is appropriate for ages 13 and up.

For more details, go to www.miltonlibrary.org where



ON TUESDAY, MARCH 29, at 7 p.m., enthusiastic gardener and horticulturist Joan Butler of Enchanted Gardens will give a virtual nature talk called "Birdscaping: Home Sweet Habitat."

Photos Courtesy Milton Public Library

you must also register in advance to attend. Here you will also learn what you need to bring with you to participate. Marianne's goal is to offer her students the opportunity to dissociate from constant thinking in order to be present in the moment. Please join her for a relaxing and fun activity this spring!

And finally, on Tuesday, March 29, at 7 p.m., enthusiastic gardener and horticulturist Joan Butler of Enchanted Gardens will give a virtual nature talk called "Birdscaping: Home Sweet Habitat." This delightfully illustrated program explores the importance of creating welcoming habitats for birds through thoughtful landscape choices, including native plants vital for food and nesting sites. Learn about the joys and benefits of creating beautiful layered gardens designed to bring avian performers right into our own backyards. Joan is past chairperson of the MA Landscape Design Council, is also a member of the Garden Consultants Council, and an accredited Flower Show Judge. Please sign up in advance at www.miltonlibrary.org (click on "events") and you will receive the Zoom link.

All of these great programs are kindly sponsored by the Friends of the Milton Public Library and are free and open to the public. The walking club is part of the MPL initiative called "Milton Moves" which promotes wellness, fitness, and healthy eating.

For any questions, Email jhlady@ocln.org or call (617) 898-4964 for the Reference Dept. The Milton Public Library is located at 476 Canton Ave., Milton.

Social

BBB: What To Keep In Mind When Planning Or Rescheduling A Wedding

By BETTER BUSINESS BUREAU

There are always a lot of moving parts when it comes to planning a wedding. Add a pandemic to the mix, and it can easily feel overwhelming. That said, many couples have proven that with a little ingenuity, flexibility, and a few precautions, it is possible to pull off a beautiful and safe wedding.

You can make a success of your wedding. To do so, BBB recommends the following tips:

Wedding planning tips

• **Follow government guidelines.** Don't go with your gut feeling when making important decisions on how to keep your guests safe. In the United States, read the Centers for Disease Control and Prevention (CDC)'s Considerations for Activities and Gatherings and Travel During COVID-19 for guiding principles to help you make wise decisions for you and your guests. In Canada, check out this Canadian government resource about celebrations. Don't forget that each state and province may have its own guidelines and restrictions on quarantine, travel, and gatherings.

• **Come up with a plan.** You want your wedding to be memorable and fun, but most importantly, you want it to be safe for you and your guests. Right away, decide how to protect the most important people in your life by setting up some clear guidelines and then stick to them. Take the time to sit down with your partner and make tough decisions about testing requirements, social distancing, how many guests to invite, and whether to wear masks. Having clear expectations, and communicating those to your guests will make everyone happier in the long run.

• **Come up with a "Plan B."** Despite your best laid plans, things may still go awry. Come up with a plan B you really love. For example, many couples have chosen to have a tiny backyard wedding with immediate family members while

planning a larger gathering for later. Other couples, who don't want to skip the big wedding, have decided to get legally married now and celebrate later or simply postpone their wedding to a future date.

• **Hire an event planner.** Event planners can be invaluable at this time. They have open lines of communication with wedding vendors and venues, they keep local restrictions in mind, and likely already have experience planning a pandemic wedding. Get recommendations from friends and family who have used a wedding planner in the past, or look up wedding planners on BBB.org to find local event planners that run BBB Accredited Businesses. Be sure to research each company's business rating and read consumer reviews as well.

• **Always read the contracts.** Reading contracts is critical during a pandemic. Fortune.com reminds brides- and grooms-to-be that in today's fluid situation, it's important to check with vendors and venues to find out "what the cancellation and rescheduling policy is, when you have to make the decision, and whether your deposit will transfer over to the new date."

• **Communicate with your venue and vendors.** With florists, photographers, DJs, caterers, venue staff, and many other vendors to take into account it's important to make sure everyone is on the same page when it comes to your big day. Only hire vendors who have good communication skills and talk about the big what-ifs up front. What will the vendor do to ensure everyone's safety? What is their reschedule policy if you or your partner are exposed to COVID-19? What is the vendor's backup plan if they are exposed to COVID-19? What will happen to your deposit if governmental restrictions force you to reschedule? Make sure you understand and feel comfortable with a vendor's answers before you hire.

• **Order everything you need well in advance.** The pandemic has affected shipping times for many companies, so if you'll be doing the bulk of your purchases online or at stores that need to place an order, start early. Experts recommend ordering wedding dresses, for example, at least six months early, which will allow plenty of time for a return, exchanges, and/or alterations.

• **Give guests safe gift options.** An online gift registry will allow guests to purchase gifts from the safety of their home and ship them straight to yours. If you postpone or reschedule your wedding and you are already registered at a store, WeddingWire.com offers advice on registry etiquette during COVID-19.

• **Go virtual.** One way to keep your guest list large without endangering anyone's health is to host a virtual wedding. Virtual parties are gaining in popularity as the pandemic drags on and can be a fun and safe way to celebrate your marriage with the ones you love.

• **Keep your guests in the know.** Let your guests know about any changes to your wedding plans as soon as possible. In addition, be completely transparent about the number of guests that will attend your wedding as well as the safety precautions you'll be implementing during the ceremony and reception. This will put your guests at ease and give them the information they need as they decide whether or not they will attend.

• **Stay positive.** The pandemic hasn't been easy on anyone, so if you start feeling down when you have to change your plans yet again, know that you aren't alone. According to The Knot's Official Guidebook for COVID-19, 35% of couples who had upcoming weddings have postponed to 2021 or later. Remember, your wedding is just the beginning - you still have plenty of meaningful milestones ahead that you will be able to celebrate with all your friends and family.

Save Money, Boost Seed Starting Success

By MELINDA MYERS

Boost your success, save money, and reduce plastic waste when starting plants from seeds this year. The options are many, so you are sure to find one that works for you.

Reuse plastic containers for starting plants from seeds. Disinfect the pots, flats, and cell packs before planting to avoid problems with damping off and other diseases. Soak the containers in a solution of one part bleach to nine parts water for ten minutes. Rinse with clear water. The pots are now clean and safe for starting seeds.

Biodegradable pots are another option. They have been around for many years, eliminating plastic and reducing transplant shock. Just plant the container along with the seedling when moving plants into the garden. You will find degradable pots made from a variety of materials.

Organic gardeners may want to use biodegradable pots made from sustainably grown wood fiber. These contain no glue or binders and are Organic Materials Review Institute (OMRI) listed. Cow pots are not currently OMRI listed but are made from odor-free composted cow manure and an alternative to plastic and peat. These are biodegradable and add nutrients and organic matter to the soil at planting.

Replace plastic seed starting cell packs with Honeycomb Paper pots. This 50-cell interlocking paper seed starter expands to fill a flat for easy planting. Roots expand through the open bottom and the cells easily separate, making it easy to move transplants into the garden. Once in the garden, the paper liners decompose.

Invest once and use the dishwasher-safe Sili-Seedlings Seeding Tray for years of seed starting. These durable and reusable seed trays are made of BPA-free food-grade silicone. The flexible cells allow you to easily pop seedlings out without pulling and tugging. After the transplants are removed, rinse off any remaining soil and place in the dishwasher so the trays are ready to use for future plantings.

Employ self-watering systems like Pop-Out Pots (gardeners.com). Move tomatoes and other transplants from seedling trays into these larger containers. The Pop-Out system, made from recycled polypropylene, uses wicks to move water from the reservoir to the plants as needed. Transplants are easily removed, and both the pots and wicks



SEED-STARTING TRAYS are reusable and make it easy to pop out young seedlings without damaging the plant's roots.

Photo courtesy of Gardener's Supply Company/gardeners.com

can be reused after hand washing in hot water.

Skip the pots and avoid transplant shock by using a soil blocker to create an endless supply of soil blocks for planting. Just moisten the potting mix, preferably one with a high percent of organic matter, to help the blocks hold their shape. Press the soil block maker into the moistened potting mix and rock back and forth to fill. Then place the blocks on a clean seed tray. Once planted, water from the bottom to avoid disturbing the soil block.

Look for ways to repurpose any remaining plastic containers. Use smaller containers to apply fertilizer, animal repellents or other granular material. Just scoop and shake to distribute the fertilizer over the garden bed.

Cover plants with empty pots when applying mulch to garden beds. Spread the mulch then lift the pot when the job is finished. Use them for double potting. Grow your plant in an old nursery pot and set it inside a deco-

orative pot that lacks drainage.

Some nurseries are asking customers to return plastic containers and flats for their use. Other plant retailers have an area set aside for customers to return plastic pots for other customers to use or for recycling.

Sustainable gardening starts with products used for starting seeds. Continue the trend throughout the growing season by conserving water, repurposing leaves into mulch and recycling plant trimmings into valuable compost.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio program.

Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardener's Supply for her expertise to write this article. Her web site is www.MelindaMyers.com.

11 Quincy Students On Tufts University Dean's List

Eleven students from Quincy have been named to the Dean's List for the fall semester at Tufts University in Medford.

They are:

Abigail Der, Class of 2024; Jeanne Duong, Class of 2023; Supriti Karki, Class of 2025; Nick Quinn,

da, Class of 2023; Amanda Leung, Class of 2021; Tamara Liang, Class of 2022; Sarah Pillone, Class of 2024; Nicole Setow, Class of 2023; Michael Song, Class of 2023; Anthony Tranduc, Class of 2022 and Abi Vixama, Class of 2024.

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162 Quincy Students On Fall Semester Dean's List At UMass Amherst

The University of Massachusetts at Amherst lists 162 students from Quincy on its fall semester Dean's List.

They are:

Joshua M. Alberto-Anderson, Isabel Sofia Altaf, Varshini Venkatachalam Arumugam, May Thu Aung, Philip Bryden Austin, Brendan Joseph Bailey, Andrew Michael Bargoot II, Megan Elizabeth Beck, June M. Billiel, Karlos Dan-

iel Boehlke, Melissa Cai, Kayleigh Joanne Caldwell, Emma Clark Caulfield, Dennis Chan, Sabrina Chan, Billy Chen, Cynthia Jie Wei Chen, Thomas Chen, Yanling Chen, Annie Chen, Arleena Chen, Jason Chen, Nan Chen, Qiming Chen, Shino Chen, Stanley Chen, Timmy Zhuo Yan Chen, Xinrui Chen, Ye Chen, Kevin Ka Fei Chen, Steven Souming Chen, Yazhi

Chen, William Pirro Cook, Julia Eileen Cormican, Benjamin Antonio Carvalho Correia, Jeffrey Thien Diep, Yi Ding, Lachelle Do, Vetty-Sara Dort, Michael D. Duong, Ava Marie Falco, Sofia Mei Zhu Forbes, Janne Gao, Endi George Gjeli, Amarlyllis Jingting Gu, Shuling Guan, Emmy Jie-Ching Guan, Daniel Winston Hagborg, Yixuan He, Emilia A. Henry, Grace Margaret

Hobin, Tao Hong, Jasmine Horburapa, Eric Jian Fei Huang, May Huang, Xiumin Huang, Zizheng Huang, Ruohui Huang, Linh Yen Huynh, Nga Hang Huynh, Tori Grace Ingram, Mingyi Jiang, Brianna Emma Joyce, Akima Thanh Khuong, Anna Lai, Priscilla H. Lau, Shawn Lee, Eric S. Lee, Jiewen Lei, Erin Leung, Vivian Li, Jinxu Li, Shenhong Li, Michelle Li, Daniel Jian Lin, Tina Lin, Yun Lin, ShiQin Lin, Yi Lin, Raymond Liu, Youliang Liu, Taylor A. Lo, Mary Catherine Loney, Tengfei Louie, Collin James MacDonald, Julia Rose Mayo, Eamonn John Mayo, Emily Elizabeth McCarthy, Jiaqi Mei, Cindy Yazhen Mei, Elsie Murphy,

Aidan Patrick Murphy, Edwin Dat Nguyen, Jamie Nguyen, Jennifer Nguyen, Elton Weng Nim, Brigid Reilly Norris, Daniel Morgan O'Leary, Joseph Walter O'Neil, Adam Patrick Bolger O'Neill, Mengxin Pan, Wenjing Pan, William Parsons, Andrew Robert Peterson, Steven T. Pham, Tiffany Pham, Dayna Phan, Thomas Charles Potts, Mario Anthony Ragusa, Xian-Hao Ren, Norapat Rerngkasetkig, Iva Resnja, Ella Riah, Yuehui Ruan, Alyssa Marie Ryan, Lindsay A. Sheridan, Francesca Ann Skridulis, Davi Soares, Bryan Tan, Shirley La Tang, Lindsey Mae Toland, Adam Trac, Twuyen Tran, Kevin Tran, Eileen Kelly

Trenholm, Standy Truong, Vanessa Ting Tsang, Marri-lyn Maureen Tseng, Bonnie Tu, Alita Wanasilp, Jayden Wang, Jacqueline V. White, Vivian Mary Wilson, Allison Wong, Amanda M. Wong, Yi Wu, Jim W. Xi, Qiangwei Xu, Angela Yang, Nicholas Ram Yazbek, Jacqueline Yip, Wai Kin Yu, Shishi Zeng, Brian Zhang, Chenxuan Zhang, Henry H. Zhang, Jimmy Zhao, Cristina Zhao Zhen, Shannon S. Zhen, Menglin Zheng, Shu Qian Zheng, Zhi Le Zheng, Christine Zheng, Cindy Zheng, Sharon Zheng, Kenny Zhou, Joyce Zhu, Tengzhi Zhuo, Jacob Daniel Zisk, Gina Zou, Linda Zou and Changzhi Zou.

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Eggplant with Rice

By MARIE

Today's recipe is an encore recipe but worth repeating! It combines eggplant with rice. Rice is one of those things that is just so good and versatile no matter what it is combined with.

This rice dish is made with eggplant and crushed tomatoes and together the combination is delicious. This dish is even good when served cooled.

Ingredients and Directions:

- 1 eggplant (about a pound)
- 2 tablespoons of butter
- 1 small onion chopped
- 1 garlic clove minced

- Salt and pepper to taste
- 1 cup of crushed tomatoes
- ½ cup cooked rice
- 1 cup of chicken broth

Cut off ends and peel eggplant and cut into ½ inch cubes, this should equal about 3 ½ cups and set aside.

Melt butter in sauce pan and add onion and garlic stirring until onion is wilted.

Add eggplant, salt and pepper, stirring well and then add crushed tomatoes.

Cook for about 15 minutes and add the rice and chicken broth. Cover and bring to boil and lower heat.

Stir and simmer for about another 10 or 15 minutes.

Banana Chocolate Chip Muffins

By SUZIE

These muffins are amazing! And the great thing is you most likely have everything in order to make them already in your kitchen!

These take about 15 minutes from the time you make them until they are done! When we make them, they are all gone within a few minutes so we haven't even been able to freeze them, but the recipe says you can freeze for up to four months! Enjoy!!

FLOURLESS MINI BANANA CHOCOLATE CHIP MUFFINS

- 1 medium ripe banana, peeled
- 1 large egg
- heaping 1/2 cup creamy peanut butter
- 3 tablespoons honey
- 1 tablespoon vanilla extract
- 1/4 teaspoon baking soda
- pinch salt,

heaping 1/2 cup mini semi-sweet chocolate chips

Directions:

Preheat oven to 400F. Prepare mini muffin pans by spraying very well with cooking spray or just rub in some oil.

Add everything but the chips into blender. Blend well. (I used my nutria bullet!)

Add chocolate chips and stir in by hand; don't use the blender because it will pulverize them.

Using a tablespoon fill mini muffin cups that have been greased about 3/4 of the way.

Bake for 8 to 9 minutes, or until the tops are set, domed, springy to the touch, and a toothpick inserted into the center comes out clean, or with a few moist crumbs, but no batter.

DO NOT BURN!!! Let cool and enjoy!!!

Crab Cakes

By MARIE

If you like seafood and a quick and easy meal after a long winter work day, then this is the recipe for you.

This recipe is cooked in one of the new combination air/fryer toaster ovens; set to the air fryer mode.

My niece, Ann, found the recipe in an air fryer cookbook made a couple of changes to the core recipe. Her family thought it was delicious!! (If you don't have an air fryer you can sauté these delicious crab cakes in a skillet.)

Ingredients and Directions:

- 18 ounces of ready to eat crabmeat
- 1 stalk of celery, very finely chopped
- 2 eggs, well beaten
- ¼ cup seasoned breadcrumbs (you can use plain too)
- 2 teaspoons dried parsley

- 1 teaspoon Old Bay Seasoning
- 1 and 1/2 tablespoons Dijon mustard
- Salt and Pepper to taste.

• Set the air fryer oven rack to position 2; (when patties are formed, you will place in air fryer basket.

• Add all ingredients to a mixing bowl and mix well

• Form the mixture into patties – this recipe makes about 7 patties.

• Take the air fryer basket that is holding the patties and place on top of the air fryer baking pan

• Bake at 320 for 10 to 12 minutes

Remember, if you don't have an air fryer you can use a skillet and sauté the crab cakes until golden brown on both sides.

Serve with French fries or rice or any favorite sides



JACQUELYN ANDRADE



HEIDI BARBER



MADISON CORTEZ

Seven Quincy Students On Woodward School Honor Roll

Seven students from Quincy are on the honor roll for the second quarter at the Woodward School in Quincy.

They are:

HIGH HONOR ROLL

Grade 7: Isabella Edmeade.

Grade 10: Abigail Williams

Grade 11: Jacquelyn Andrade

Grade 12: Zoe Maher.

HONOR ROLL

Grade 7: Heidi Barber

Grade 8: Madison Cortez

Grade 12: Marina Ferreira.



ISABELLA EDMEADE



MARINA FERREIRA



ZOE MAHER



ABIGAIL WILLIAMS

Eight Quincy Students On CM Honor Roll

Eight students from Quincy have been named to the honor roll at Catholic Memorial High School in West Roxbury for the second quarter.

Principal's List:

John Greene.

First Honors: Daniel Alvarez, Connor Clifford,

James McGrath, Brett Muligan and John Petrongolo.

Second Honors: Niketh Raya and Joseph Pontremoli.

Two Quincy Students On Saint Anselm Dean's List

Two students from Quincy have been named to the Dean's List for the fall semester at Saint Anselm College in Manchester, N.H.

They are Rachel Farrell,

Class of 2025, psychology major; and Emily O'Malley, Class of 2024, elementary education major.

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Social Security Matters

Swiss Immigrant Asks About Spouse Benefits

By RUSSELL GLOOR

National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I am originally from Switzerland. I moved to the States, got married in 2012, and became a U.S. Citizen in 2016. I never worked in the United States but have 44 years of Social Security contribution in Switzerland and have received a pension from there since I turned 62 (I'm now 64). Is it correct that I cannot apply for Social Security here in the States on my husband's account unless he is collecting his Social Security benefit? He will turn 62 this year but is still working and does not want to collect before 70. **Signed: Immigrant from Switzerland**

Dear Immigrant: Yes, it is correct that you cannot collect U.S. Social Security spousal benefits from your husband until he starts collecting his own Social Security benefit. As soon as your husband's benefits start, you can apply for your benefit as his spouse, even though you aren't eligible for U.S. Social Security on your own. As a U.S. Citizen and current legal resident of the United States, you are eligible for U.S. spousal benefits from your husband even though you spent most of your life as a resident of Switzerland.

Since you mentioned your contributions to the Swiss social security program, I'd like to point out that there is a Social Security "totalization" agreement between the U.S. and Switzerland which permits using some of your Swiss credits to qualify for U.S. Social Security retirement benefits, but since you have never worked in the U.S. that bilateral agreement won't work for you. To use some of your Swiss credits to get U.S. Social Security on your own, you would need to have at least six (6) credits from working in the U.S. in a job which contributed to the U.S. Social Security program. Unless you have at least 6 U.S. Social Security credits, you cannot use the bilateral agreement with Switzerland to get your own SS retirement benefit, so you will need to wait until your husband claims his Social Security to start collecting spouse benefits from him. Assuming your spousal benefit from your husband will be higher than you would be eligible for on your own anyway, not getting your own Social Security retirement benefit using the bilateral totalization agreement is inconsequential.

You should be aware, too, that by your husband waiting until age 70 to claim his maximum SS benefit, and since you will have passed your own full retirement age by that time, the higher amount he gets at age 70 will be your survivor benefit if your husband should pass before you do. Upon his death you would get his full age 70 benefit instead of the smaller spousal benefit you will get while you are both living. Your benefit as his spouse while both of you are living will be 50% of the benefit your husband is entitled to at his full retirement age, but your benefit as his surviving widow will be 100% of the benefit he is receiving at his death.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

Sex Registry Board Chairperson Appointed

Gov. Charlie Baker has appointed Megan McLaughlin as the chairperson of the Massachusetts Sex Offender Register Board (SORB).

McLaughlin, who most recently served as SORB's General Counsel, is a veteran prosecutor with extensive procedural and investigatory experience, serving as chief of the major crimes division for the state attorney general and as an assistant district attorney prosecuting crimes against children. She will replace former Chairman Kevin R. Hayden, who was recently appointed as Suffolk County District Attorney by Gov. Baker.

"Megan McLaughlin brings significant legal expertise to her new role as chair," Baker said. "Her impressive prosecutorial career and oversight of complex cases involving human trafficking and child abuse make her well-qualified to serve as chair of the Sex Offender Registry Board."

McLaughlin has served as SORB's General Counsel since 2020. In that capacity, she has handled appeals of sex offender classifications,

ensured operations and policies adhered to statutory mandates, and updated regulations to reflect current law and research on sexual recidivism.

"Megan McLaughlin has demonstrated strong leadership throughout her legal career and a commitment to protecting the people of the Commonwealth," said Lt. Gov. Karyn Polito. "We look forward to her continued work at SORB and are grateful for her ongoing contributions to this crucial public safety position."

"We are pleased to welcome Megan to her new role as SORB chair. We are confident in Megan's commitment and ability to guide SORB's critical mission of classifying offenders and making information available to the public," said Public Safety and Security Secretary Terrence Reidy.

"I am honored for the opportunity to serve as SORB's chair. I look forward to leading SORB's dedicated team with a shared focus on the vital task of promoting public safety by prevent-

ing victimization through education and information," McLaughlin.

The Sex Offender Registry Board's primary duty is to register and classify convicted sex offenders according to their risk of re-offense and the degree of danger that they pose. It maintains the state's sex offender registry, works with state and local government agencies to keep them and the public at large informed on registered offenders, and provides additional services to the victims and survivors of sexual violence. Its seven members are appointed by the governor, with one chair and six additional members who serve for six-year terms.

McLaughlin joined the Massachusetts Sex Offender Registry Board as General Counsel in September 2020.

Prior to joining SORB, McLaughlin served as Chief of the Enterprise and Major Crimes Division in the Massachusetts Office of the Attorney General. In this role, McLaughlin managed a growing unit of at-

orneys and intelligence analysts, working collaboratively with law enforcement focused on large-scale narcotics and firearms offenses. From 2015-2019, McLaughlin served as an Assistant Attorney General in the same unit, investigating and prosecuting complex cases involving opioids and human trafficking before being promoted to chief in 2019.

From 2008-2015, McLaughlin served as an assistant district attorney for the Middlesex District Attorney's Office, working in the Child Abuse Unit and at various courts. In this role, McLaughlin tried over 50 jury trials and successfully argued twice before the Massachusetts Appeals Court. Prior to her role as an Assistant District Attorney, McLaughlin served as a law clerk at Massachusetts Superior Court.

A graduate of the University of Massachusetts, McLaughlin holds a law degree from Suffolk University Law School, graduating magna cum laude in 2007.

Could It Be That 'Senior Moments' Are The Result Of Too Much Knowledge Rattling Around In Your Brain?

By JOHN GRIMALDI

Dementia is not an inevitable part of growing old. On the other hand memory issues are, indeed, a part of the aging process.

A new study published in the journal, Trends in Cognitive Science, reveals that perhaps forgetfulness is a result of an overabundance of information we have stored in our brains, according to the authors of the review, Tarek Amer at Columbia and Harvard Universities and Jordana Wynn at Harvard. Their assessment asserts that: "Healthy aging is accompanied by declines in control of attention. These reductions in the control of attention result in older adults processing too much information, creating cluttered memory representations. Cluttered representations can impair memory by interfering with the retrieval of target information but can also provide an advantage on tasks that benefit from extensive knowledge."

In other words, the older you are the more information you have stored in your brain – so much information that it can interfere with your ability to remember. However, as someone once explained, it is normal to forget where you left your glasses, it is not normal to forget that you wear glasses. The Centers for Disease Control [CDC] says that forgetting things that can disrupt your life is not part of growing old.

The CDC says the risk factors for dementia include smoking, high blood pressure, not getting enough exercise, being overweight, trouble sleeping, isolation and blood sugar levels and cites the British medical journal, The Lancet, which suggests that dealing with

these risk factors can "prevent or delay" 40% of dementia cases.

There is a distinct difference between being absent-minded every so often and serious cognitive problems, according to the National Institutes of Health [NIH]. The NIH notes that "It's normal to forget things once in a while as we age, but serious memory problems

make it hard to do everyday things like driving, using the phone, and finding your way home."

One can only report on the differences between "senior moments," normal occasions of forgetfulness, and the potential of dementia. So, if you are having too many forgetful moments, you should consult your health care provider.

Two Quincy Students Earn Award Of Excellence At WGU

Two students from Quincy recently earned an Award of Excellence at Western Governors University in Jersey City, N.J. The award is given to students who perform at a superior level in their coursework.

Melissa Sgroi earned

an Award of Excellence at Western Governors University Teachers College.

Paula Sullivan earned an Award of Excellence at Western Governors University College of Health Professions.

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On Thursday, Feb. 17, at approximately 10:30 a.m., officers were dispatched to a report of an unresponsive male. The reporting party informed dispatch that a nurse on scene had administered two doses of Narcan.

After being administered the life-saving drug, the individual became hostile towards staff. When officers arrived on location, they encountered a male individual being very belligerent. Brewster Ambulance employees arrived on scene within moments. Upon seeing the two female EMT's, the male stripped off his hoodie and sweat pants, exposing his genitals to everyone in the room. He then proceeded to urinate on the floor.

Officers DiMattio and Matthews were able to persuade the individual to take a seat on the gurney/stretcher. The patient began to yell sexually explicit requests to the EMTs. Officer DiMattio and Matthews held the individual down on the gurney while the EMT covered him with a blanket. He continued to yell vulgarities at both female EMTs. Due to his extremely belligerent behavior, and hostility towards the Brewster crew, Officer DiMattio decided to follow the ambulance to the hospital where the unruly individual was going to be treated for an overdose.

Approximately two minutes after the ambulance departed, Officer DiMattio informed Quincy Control that he needed immediate assistance at 310 Newport Ave. Officer DiMattio stated, via police radio, that the patient was physically assaulting the EMT in the rear of ambulance.

Officer DiMattio was able to place the patient in handcuffs. Seated on the floor of the ambulance officers observed one of the EMTs crying uncontrollably. Her physi-

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS

Public Information Officer

Quincy Police Department

cal state was shocking: her uniform was ripped and dirty and she was holding a large clump of her black hair in her hand. At the same time, the patient was yelling, "I'm going to f@#\$%^ kill you, you #%^." Officers could clearly see that the EMT was extremely traumatized by the physical assault. Based on her condition, Officer Matthews escorted her away from the patient, who was still screaming vulgarities towards her.

Officer Matthews requested another ambulance to treat the injured EMT. He observed that she had sustained a large knot/contusion to the right hand side of her head. Once she gained some composure, she explained how the assault occurred. She stated that the patient managed to work both his arms free of the gurney's restraints that had been applied to his wrists. He suddenly, and without any warning, lunged at her taking hold of her hair. He then ripped her from her seat and drove her face/head into the metal bar on the gurney's head rest. He then began to violently slam her head off the interior side of the ambulance. She attempted to break hold of his grasp, but he slammed her face first onto the floor of the ambulance. He screamed at her that he was, "F@#\$%^ going to kill her."

While wedged on the ground, he placed his right hand

around her neck/throat and began to exert pressure to her throat. She stated his grasp was so tight around her throat that she started to lose consciousness due to the lack of oxygen. He continued to yell that he was going to kill her. Fearing for her life, she cried out to the operator of the ambulance to stop the truck.

Officer Matthews then spoke with the driver who also appeared very upset. She stated she was driving northbound on Newport Avenue when she heard her coworker screaming for her life in the rear of the ambulance. She turned her head and observed the victim/coworker being pinned to the ground. The patient was strangling the victim. Knowing that Officer DiMattio was directly behind them, she stopped the ambulance. She jumped out and told Officer DiMattio what was transpiring. Officer DiMattio entered the ambulance and restrained the patient from further assaulting the victim.

Due to the fact that the patient had overdosed minutes prior, and knowing that Narcan is only temporary, the sergeant instructed the ambulance to transport the patient to the hospital under guard. He was informed that he was now under arrest.

Officer Matthews documented the victim's injuries by taking a number of photos. She was transported to the hospital.

Once medically cleared, the 32-year-old male was transported from the hospital to Quincy Police Station where he was booked in the usual manner. He was charged with assault & battery dangerous weapon to wit: gurney, assault with intent to murder, strangulation, and assault & battery on an EMT.

QUINCY POLICE CRIME AWARENESS JOURNAL

THURSDAY, FEB. 10

LARCENY/MOTOR VEHICLE (south building), 11:58 a.m., Southern Artery. Reporting party wishes to report his car stolen. Reporting party states Boston PD advised him to call us to report car stolen. Reporting party stated Boston PD does not have car. Form filled out.

INDECENT EXPOSURE (male party), 4:02 p.m., City View Lane. In QPD lobby. Reporting party states a male ordered food and the credit card he used did not work and he took the food. She does not have a name but has a phone number would like to file a report.

LARCENY/MOTOR VEHICLE (not returned), 4:35 p.m., Adams Street. See caller in the QPD lobby. Caller would like to report a rented car that has not been returned stolen. Waiting on rental agreement before NCIC entry.

FRIDAY, FEB. 11

VANDALISM/PROPERTY (window), 9:56 a.m., Hancock Street. Window in back of building has been pushed in. Reporting party has camera systems. No suspect info. Advised of online reporting system.

VANDALISM/PROPERTY (past), 5:17 p.m., Independence Avenue. Window damaged. Meet caller in back lot. He will be in a black Hyundai sedan. Report.

SATURDAY, FEB. 12

BREAKING AND ENTERING/ATTEMPT (past), Graham Street. Happened while sleeping. Doors and windows broken unsure if anything was taken. Report to be filed.

SUNDAY, FEB. 13

ASSAULT AND BATTERY (past), 11:55 a.m., Granite Street. In police station lobby. 13-year-old was assaulted last Wednesday. Would like to see an officer. Report to be filed and forwarded to SRO.

VANDALISM/PROPERTY (rock through door), 11:09 p.m., Quarry Street. Rock through back door of apartment building. Says door is shattered and is wide open. Will contact building manager as well. NIBRS to be filed.

MONDAY, FEB. 14

LARCENY (past), 5:02 a.m., Hancock Street. In QPD lobby. Reporting party states that a friend stolen something "expensive" and assaulted him in his car.

LARCENY (of gasoline), 9:31 a.m., Adams Street. Male customer took \$30 worth of gas and left. Would like to file report. Owner has male's ID. Male did not pay. Civil matter, advised.

VANDALISM/PROPERTY (tires), 10:58 a.m., Miller Stile Road. Reporting party in QPD lobby. Report.

TUESDAY, FEB. 15

LARCENY (past), 6:24 a.m., Bromfield Street. Reporting party states that thinks that when she went to leave for work, she noticed that her car had been tossed. She states this has happened before so she does not keep valuables in her car anymore and that the windows were not smashed, so she thinks she may have left her doors unlocked. Reporting party states officers can call her as she had to leave for work for a 7 a.m. start time. Reporting party states her neighbor has a lot of cameras on his house. Caller advised to fill out a report online. Incident closed.

LARCENY (past), 1:01 p.m., Willard Street. Employee stole \$400 for store. Trespass issued in presence of officer.

LARCENY (employee stealing), 1:28 p.m., Willard Street. Trespass issued in presence of officer. Report.

LARCENY (just occurred), 2:48 p.m., Southern Artery. Gone on arrival. Reporting party no on scene states that his mother allowed entry to a male party and party fled with over \$1,000 worth of items. Officers report no answer at door, no noises or sounds from inside. Both the reporting party and suspect were gone on arrival. Made several attempts to no avail.

BREAKING AND ENTERING/PAST (past break), 4:10 p.m., Butler Road. Caller said someone broke into her house and took a basketball and left a new one. Caller also said she had \$400 saved and they took some of the \$400.

They also took a prescription drug. Brewster notified. No EMS all items were located.

LARCENY/MOTOR VEHICLE (Toyota Corolla), 7:36 p.m., Hancock Street. Blue Toyota Corolla - delivery driver. Left car running outside and went to grab pizza. Came back out and car was gone. Just happened. Stolen MV signed, will bring to station.

WEDNESDAY, FEB. 16

LARCENY/MOTOR VEHICLE, 8:05 a.m., Washington Street. See office manager. Van has GPS. Last ping was in Avon. Avon PD notified that the van was on Ladge Drive.

LARCENY (stolen dog), 4:06 p.m., Hancock Street. Reporting party states her dog was stolen and wants to speak to an officer. Caller was reunited with her dog at animal shelter.

BREAKING AND ENTERING/PAST (possible), 9:29 p.m., Ricciuti Drive. Reporting party states someone was in house while at work at approximately 3:20 p.m. Does not notice anything missing, no one else has keys to residence. Is aware of the entry into her residence from a security system. Report filed.

THURSDAY, FEB. 17

LARCENY (clothing), 9:46 p.m., Washington Street. Gone on arrival. Reporting party states her clothes were stolen. Believes male still here is involved. No suspect info. Report to be filed.

Total Calls for Service (Feb. 10 - Feb. 17): 1,214

Breaking & Entering in the Past: Ricciuti Drive, Butler Road

Breaking & Entering MV: Billings Road, Bromfield Street, Edwin Street, Berlin Street, Willard Street, Edwin Street, Newbury Avenue

Larceny Motor Vehicle: 600 block Washington Street, 600 block Hancock Street, Southern Artery, Adams Street

Breaking & Entering Attempt: Graham Street

BBB: How To Protect Yourself From Impostor Scams

By BETTER BUSINESS BUREAU

You may be used to getting text messages and emails from your boss, which is why a recent texting scam is so effective. Scammers find out where you work and pose as the CEO or other executive. Be on guard and don't share money or information - be it your own or your company's.

How The Scam Works

You receive a text from a number you don't recognize, claiming to be from your boss. The sender knows your name, where you work, and your boss's name. It seems so real! The text message might read something like this: "Hi Chris, I'm tied up in a conference call right now but let me know if you get this text. Thanks [your boss' name]."

If you reply that you received the text, you'll be asked to do a quick task. This could be purchasing gift cards for a client or wiring funds to another business. In some cases,

the scammer may ask you to send personal information to someone, often giving you a plausible reason to carry out the request.

No matter how believable the reason sounds, always double check before taking any action. Once you send the money, gift cards, or information, it will be in the hands of a con artist.

How To Protect Yourself From Impostor Scams

• **Don't trust unsolicited messages from unfamiliar numbers.** If your boss regularly communicates with you via text message, save their number in your contact list. Don't respond to potential impersonators reaching out from a different number.

• **Be wary of unusual requests.** If your boss has never asked you to buy gift cards, even if the request comes from a number you've saved, think twice. Scammers can poten-

tially clone phone numbers and might have hijacked your boss' number to target employees.

• **Double check with your boss personally.** If a request comes from a strange number or just doesn't sound right, call or email your boss first, using their real contact information, rather than replying to the message. It's better to double check than to rush into a scam. Plus, your boss will want to know if they are being impersonated, so they can warn their other employees.

• **If you suspect a scam, don't reply.** If you're fairly certain you've been contacted by a scammer, don't reply to the text message. Replying lets scammers know they have an active phone number and could leave you vulnerable to future attacks. Instead, block the number and delete the message.

For more information, visit bbb.org.

Quincy Outpaces County In '21 RE Sales

Cont'd From Page 1

O'Donnell said the total number of deeds recorded for Quincy properties rose from 2,036 in 2020 to 2,514 in 2021, a 23 percent increase. Across all of Norfolk County, the number of deeds recorded grew from 18,413 in 2020 to 20,898 in 2021, a 13 percent increase.

The average sale price for properties in Quincy – a figure that includes both commercial and residential lots – increased from \$609,750 in 2020 to \$950,158 last year, a 56 percent hike. The countywide average sales price rose from \$903,423 to \$1,070,649, a 19 percent increase.

Total mortgages recorded for Quincy properties, including from both new sales and refinancing, rose from 4,187 in 2020 to 4,411 in 2021, a 5 percent increase. Countywide, the number of mortgages recorded increased 2 percent between 2020 and 2021, going from 45,669 to 46,430.

O'Donnell said those numbers mean 2021 was the strongest year for the county's real estate market in decades.

"This was one of the strongest years in decades in the real estate market countywide and sometimes



THE AVERAGE SALE price for properties in Quincy – a figure that includes both commercial and residential lots – increased from \$609,750 in 2020 to \$950,158 last year, a 56 percent hike. The countywide average sales price rose from \$903,423 to \$1,070,649, a 19 percent increase, according to statistics from the Norfolk County Registry of Deeds.

we forget it's still all happened in a pandemic," he said.

"The office was open and operational every workday, so certainly I have to recognize the employees who show up every day to make sure these documents get recorded."

Norfolk County includes 28 cities and towns from Quincy and Brookline on the outskirts of Boston to Plainville and Wrentham on the Rhode Island border. O'Donnell said the county's communities provide those in search of housing with a range of options.

"Norfolk County, I think

it is a vibrant place to live. Quincy is a microcosm of the county. Clearly the numbers exceed the county, so it shows there is more demand to live in Quincy, but the county has so much to offer," O'Donnell said.

"I think one of the most beautiful towns on the water is Cohasset if you like that – it's like living in Maine. Some people like the city living and being close to Boston – they're in Brookline."

"Other people want to be near 128 – you have the Wellesleys, the Needhams, you have the Norwoods and the Dedhams. You go out to

towns like Medway, you've got farms still out there and country living."

In Quincy and the whole of Norfolk County, O'Donnell said the supply of residential units put up for sale remains low compared to demand, helping to explain the increase in housing prices in 2021 compared to 2020.

"Whether it is Quincy or Norfolk County in general...you talk to people, there is limited inventory. When there is limited inventory it just means there is more people looking for housing, so prices are going up," he said.

"I know there is going to be efforts to try to address affordable housing everywhere, but I think that has been complicated by COVID. There are supply issues. I hear builders are having a hard time retaining workers. All that seems to drive prices up – in addition to the lack of inventory and the increased demand."

"I feel bad for the young people," O'Donnell added. "Your first house might be an \$800,000 house. You scrape 20 percent down, which is to me incredible, but even though you put 20 percent down you're still borrowing 600 grand. That's

a lot of money."

The price for homes will likely continue to increase this year, O'Donnell said, even with increased interest rates. Increased interest rates could mean that fewer people refinance their mortgages.

"Last year we saw tremendous refinance activity, which kept us busy. I'm not sure you're going to see that with these interest rates going up. I think you're going to see the volume of mortgage numbers, whether it is Quincy or countywide, go down because interest rates are going up, so you won't see mortgage activity – you're not going to see a lot of refinancing," O'Donnell said.

"I still think prices, maybe they are not going to go up as they have been, but I don't see them going down, because of the fact that there is limited inventory, limited housing stock. The rates are still relatively competitive compared to past decades."

"And I still think there is demand. I still think people want to live in Quincy, people want to live in Norfolk County, so I see the prices still going up. Maybe there won't as many sales because of the inventory."

While the Registry of

Deeds saw an increase in many document types recorded, like deeds and mortgages, in 2021 compared to the prior year, the number of foreclosure deeds and notices to foreclose both decreased. O'Donnell said that came as pleasant surprise to him even though a single foreclosure is still one too many.

"I was surprised and have been surprised even countywide on the foreclosure deeds and the notice of foreclosure deeds. Even if it is one, it is one too many, but you have to remember they put a moratorium on them during the pandemic, which got lifted and I just thought with the pandemic...that number might actually be higher to be honest with you," O'Donnell said, referring to a foreclosure moratorium put in place in the state for part of 2020.

"It's still too many, but I thought it would be higher with some of the struggles people have had during COVID, but it appears people are working. That's one of those things we're hearing, there is not enough people to fill jobs, so...that is a surprising number, but in a good way."

There was a total of six

Cont'd On Page 13

Registry Of Deeds Collected \$82 Million In Fees In 2021

By SCOTT JACKSON

Norfolk County Registrar of Deeds William O'Donnell said his office collected more than \$82 million in fees last year – money that is disbursed to the state, the county and some of the communities within it.

The registries of deeds across Massachusetts collect a fee each time a document is recorded. Those fees are set by the state legislature, O'Donnell said.

"Mortgages, deeds, homesteads, municipal lien certificates, board of appeals decisions – there are fees set by the state legislature. I don't set them, but we've got to collect them," he said in a recent interview.

Most of the money the registry collects is from the deeds excise, O'Donnell said, which is based on the sale price of a property. The excise, set by state law, is currently \$4.56 per \$1,000 of sale price. The seller is responsible for remitting those funds to the registry.

"All fees have to get collected, but the deeds excise, that gets collected and that's a big hit because people are like 'woah,'" O'Donnell said. "It's a seller responsibility at the closing, and it's by law, and that is a lot of money."

The majority of the money the Registry of Deeds collects is sent to the state's general fund, O'Donnell said. Some of the funds are also sent to Norfolk County – O'Donnell said the registry sent \$11 million to the county government last year. A portion of the fees are also sent to the cities and towns within the county that have adopted the state's Community Preservation Act; Quincy is among the communities in the county that have done so.

O'Donnell and the commissioners of Norfolk County have been in a dispute over the registry's information technology department since the summer, when the commissioners declined to approve O'Donnell's hiring of a new chief information officer. The commissioners' decision was made while a best practices review of county operations, including possible consolidation,

was underway.

The two sides came to a compromise in July – after O'Donnell sued the commissioners – with the new CIO hired on a temporary basis through June of this year.

O'Donnell said the registry has had its own IT department since before he was elected to his position in 2002 and said that should continue given the funds it collects. If the IT department ceases to exist, the money the registry collects could be put in jeopardy in the event of a cyberattack, he said.

"The reason we want to keep a registry IT department is we only have a two-person department. We collected \$82 million, of which \$11 million went over to the county coffers. That's a lot of money. I think we do a great job at the registry doing our responsibilities under state law, which

is to collect this money," O'Donnell said.

"Let's keep it because

I'm afraid something is going to happen to these revenue streams that, at the

registry, we have the responsibility to collect."

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Real Estate

Quincy Real Estate Transactions Feb. 14 - Feb. 18

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Christopher J. Doherty
Robyn Chiminiello
Von Rohr Realty Trust
Maria Mainini
Ricky & Winnie Kwong
Hui Lin, Na Lin, Huanning Huang & Rong Shi
Ashish Sangani
Neponset Point LLC
Bonnie M. & Barbara A. Buckley
Kitty L. & Raymond Ng
Aunt Katy Realty Trust
Elizabeth Crowley, Ava J. Ring & Cristina A. Ring
Donna M. Bradbury
Manreet Kaur

BUYER

Xinyuan Guo
Jade V. Pina
Mark J. Pisano
Mariah D. Fossella
Douglas Law
MEEM LLC
William R. & Gail Marie Proulx
Kejun Zhang & Jingling Wu
James L. & Yony L. Wong
Sandra & Michael Wege
68 Utica Trust
Karina Contreras
Kam L. Kuet
Anant Agrawal & Avan Yuanfeng Huang

AMOUNT

\$425,000.00
\$740,000.00
\$292,800.00
\$299,900.00
\$400,000.00
\$953,000.00
\$757,000.00
\$736,000.00
\$696,250.00
\$376,000.00
\$575,000.00
\$315,000.00
\$354,000.00
\$320,000.00

ADDRESS

100 Cove Way, Unit 709
17-19 Harris Street
40 Cross Street, Unit A-1
200 Cove Way, Unit 120
30 Fallon Court, Unit 30
30 Windsor Road
17 Whaler Lane, Unit 80
57 Quincy Shore Drive, Unit 514
435 Adams Street, Unit 2A
195 Thomas Burgin Pkwy, Unit 402
68 Utica Street
200 Cove Way, Unit 720
677 Quincy Shore Drive, Unit 403
308 Quarry Street, Unit 404

County Real Estate Activity Continues To Trend Down

Register O'Donnell Says Slow Down 'Not Uncommon For This Time Of Year'

Norfolk County Register of Deeds William P. O'Donnell reports that January real estate numbers relative to Norfolk County real estate activity continue to trend down.

"The Norfolk County real estate market has continued to slow entering into 2022, which is not uncommon for this time of year. January is typically one of the slowest months for real estate transactions," O'Donnell said. There were 11,622 documents recorded at the Norfolk County Registry of Deeds in January, a 25% decrease over last year's January document volume and a 21% decrease from December.

"The number of deeds for January 2022 which reflect real estate sales and transfers, both commercial and residential, decreased by 4% from January 2021 and by 30% from December," O'Donnell said. "However, the average sales price during the month was \$1,439,472, an impressive 51% increase compared to January 2021 and only slightly down from December. Total dollar volume of commercial and residential sales also showed solid gains from one year ago, increasing 57% to over \$1.05 billion."

Overall lending activity showed a decrease again for the month of January. A total of 2,325 mortgages were recorded during the month, a 44% decrease compared to a year ago and a decrease of 22% from December's number.

"It appears that many consumers have already refinanced given the past low interest rate environment," O'Donnell noted.

A cause for concern in Norfolk County, however, is the increase in foreclosures, O'Donnell said. A moratorium on foreclosures enacted on April 20, 2020 due to the COVID-19 pandemic expired on Oct. 17, 2020. The Norfolk

County Registry of Deeds has been closely watching the foreclosure market. During January, as in December, there were 7 foreclosure deeds recorded as a result of mortgage foreclosures taking place in Norfolk County.

In addition, there were 18 Notices to Foreclose, the first step in the foreclosure process, recorded in Norfolk County in January. In January 2021 there was only 1 Foreclosure Deed and 9 Notices to Foreclosure Mortgages filed.

"The increase in these numbers remind us that some of our neighbors continue to face financial challenges," O'Donnell said. "We will continue to monitor these numbers."

For the past several years, the Norfolk County Registry of Deeds has partnered with Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Housing Solutions, 508-587-0950 to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"If you are having difficulty paying your monthly mortgage," O'Donnell said, "please consider contacting one of these non-profit agencies for help and guidance."

Homestead recordings by owners of homes and condominiums decreased slightly this year at the Norfolk County Registry of Deeds. There was a 1% decrease in homestead recordings in January 2022 compared to January 2021 but a decrease of 25% from December.

"A recorded Declaration of Homestead," noted O'Donnell, "provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000. It is great to see folks protecting the biggest asset most of us have, our homes. I would urge anyone who has not availed themselves of this important

consumer protection tool to consider doing so. Please visit the Registry website at www.norfolkdeeds.org to get more information on homestead protection."

O'Donnell concluded:

"January real estate activity slowed in Norfolk County but again, that is fairly typical for this time of year. We see available real estate inventory as continuing to be a source of concern in Norfolk County. It's especially a problem for first-time homebuyers attempting to crack the market. Nothing we see in the numbers indicates any change in that sector of the market."

The Registry of Deeds continues to be open to the public for business. Registry personnel are processing in-person recordings while vigilantly maintaining Covid related protocols. The drop-off box located at the main entrance of the Registry Building will continue to be available for use by those members of the public who may not be comfortable entering the Registry of Deeds Building. The volume of documents recorded electronically for many of our institutional users continues to increase.

"We are also receiving documents in person, via regular mail, Federal Express, UPS and from our drop-off box located just outside our main entrance at 649 High Street, Dedham, MA," O'Donnell said.

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

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Quincy Outpaces County In '21 RE Sales

Cont'd From Page 11

foreclosure deeds, the final step in the foreclosure process, filed for Quincy properties last year, down from eleven in 2020. Countywide, foreclosure deeds decreased from 87 in 2020 to 52 in 2021.

The number of notices to foreclose, the first step in the

process, likewise decreased both in Quincy and in the whole of Norfolk County. There were 25 such notices filed for Quincy properties in 2020, compared to 17 last year. Countywide, the number of such notices decreased from 183 in 2020 to 141 in 2021.

O'Donnell said home-

owners at risk of foreclosure can reach out to a pair of Quincy-based non-profit organizations, Quincy Community Action Programs and NeighborWorks Housing Solutions, for financial counseling.

"Those are two non-profit groups that if people are struggling, or they might

know someone who is struggling, or maybe the notice to foreclose hasn't been filed yet but you're having some issues, go to those social service groups," O'Donnell said.

"Get the counseling. It's not just helping people work their way through this lawsuit they have, i.e. this fore-

closure lawsuit, it's about what are you doing with your credit cards, what are you doing with this. There is a lot of counseling that these non-profit groups put in.

"They've committed to helping people countywide, but Quincy is so lucky to have them right in the neighborhood, so take advantage of that."

Both organizations offer their services in Quincy and other nearby communities, O'Donnell said; the Attorney General's Office also has resources available to residents. Contact information for all three entities, and other resources, can be found online on the Registry of Deeds' website, norfolkdeeds.org.

Baker-Polito File \$1.6B FY22 Supplemental Budget

The Baker-Polito Administration last week filed a Fiscal Year 2022 (FY22) supplemental budget proposal that supports the Commonwealth's ongoing response to COVID-19 and invests in other priority areas with immediate need, including child care, human services, housing, climate change preparedness and local infrastructure. The bill recommends \$2.4 billion in supplemental appropriations, at a net state cost of \$1.6 billion, relying on surplus revenues realized through the first half of FY22.

"Massachusetts remains in a strong fiscal position, which enables us to use surplus Fiscal Year 2022 revenues to sustain our efforts to respond to COVID-19

and invest in areas like early education, human services, housing and more," said Gov. Charlie Baker. "Thanks to our careful management of state finances in partnership with the Legislature and the resilience of our economy, revenues continue to exceed projections, making Massachusetts well-positioned to make these investments."

"This supplemental Fiscal Year 2022 spending plan expands on our efforts to support the Commonwealth's families and communities, including resources for counseling, advocacy and intervention services to fill an important gap in federal funds for victims of crimes," said Lt. Governor Karyn Polito. "We look forward to partnering with the

Legislature to make these and other critical investments through this spending plan."

The spending bill proposes a significant investment to stabilize child care providers, special education schools and human service providers to ensure that the critical services that they provide remain available to all who need them, despite enrollment and utilization fluctuations caused by the pandemic. The legislation includes \$450 million to extend Commonwealth Cares for Children (C3) stabilization grants for child care providers through fiscal year 2023 (FY23). It also includes \$140 million for special education schools to continue support through FY23 that will help address

direct care and clinical staffing needs and ensure that these schools are able to safely provide residential and day education services to approximately 7,000 children between the ages of 3 and 21. The bill further proposes \$401 million to extend rate enhancements for human service providers and support other investments in Home & Community Based Services; \$346 million of this spending is supported by federal funding provided through the American Rescue Plan Act (ARPA), for a total of \$55 million in net state cost.

The bill increases support for children and families, with a focus on those whose lives have been significantly disrupted by the pandemic. It recommends \$100 mil-

lion for matching grants to youth-focused nonprofits that will support the construction and renovation of new facilities for children across the state. It provides \$60 million to maintain access to rental assistance through the Rental Assistance for Families in Transition (RAFT) program as the federal Emergency Rental Assistance program begins to wind down. Additionally, the bill includes \$8.4 mil-

lion to continue additional short-term assistance to families fostering children during the pandemic, which will benefit approximately 4,500 foster families caring for 6,700 children.

The Administration's supplemental budget also includes \$700 million dedicated to the public health response to COVID-19, such as providing rapid tests and surveillance testing in

Cont'd On Page 14

Councillors Want Update On City's ARPA Spending

Cont'd From Page 1

just wanted to file it again," Andronico said on Feb. 14.

"I just think it is important we add another layer of transparency when it comes to federal ARPA dollars and where those are going just as many other communities have."

The resolution approved by councillors on Feb. 14, "formally requests that the Administration provide a full public accounting to the Council regarding the funding the City has received through the ARPA and any ARPA funds that have been spent or allocated for various initiatives."

Mayor Thomas Koch in March 2021 announced

Quincy would receive \$46.3 million from the American Rescue Plan Act, a \$1.9 trillion bill signed into law that same month.

Two months later, Koch announced he would use a portion of the city's ARPA money – along with some of the \$10.7 million Quincy College received directly from the stimulus bill – to purchase the Munroe Building in Quincy Center and a nearby parking lot for \$15 million. The mayor announced plans to use the federal money to acquire the two properties 10 days after withdrawing a request to borrow funds for the same purchases amid opposition from city councillors.

Ask Barbara Graceffa - Secretary Of The Interior More Golden Rules of Decorating

By BARBARA GRACEFFA

In my last column, I began to share some of the golden rules of decorating I have collected and want to give you some more tried and true tips that can guide any novice or seasoned decorator. Enjoy!

- I've never seen elegance go out of style. -- Unknown
- Adding a touch of luxury (brings) ... the designer look. Glitters and metallics add a little bling and work well in smaller rooms as features will reflect off them, giving the illusion of a bigger space. -- Julien McDonald
- The details are not the details. They make the design. -- Charles Eames
- I always find beauty in things that are odd or imperfect -- they are much more interesting. -- Marc Jacobs
- Don't be afraid to mix old with new, classic with modern, rough with polished. -- Edyta Czajkowska
- I always put in one controversial item, it makes people talk. -- Dorothy Draper
- Color is the least expensive thing to put in the house. -- Ruthie Sommers
- Every room needs a touch of black, just as it needs at least one antique piece. -- Jan Showers
- Even if you love neutral colors, it doesn't mean that a room has to be bland. By including a range of neutral tones from light to dark within one space, a room will feel more energized. The more contrast you add the more dramatic a space will feel. -- Jayne Lockhart
- For those who are afraid of mixing different wood tones, I would say not only can you, but you must. If all woods are the same it looks like bad hotel decorating. -- Alexa Hampton
- Decorative mirrors can be used to make a small space feel larger. For larger rooms, or any room with a more limited amount of natural light, mirrors placed directly across from the windows, will add instant light. -- Jessica Gordon R.
- To create the most visually appealing tabletop displays, choose three objects of different heights: short, medium and tall. -- Unknown
- Adding a little area rug to your small space is only go-

ing to draw attention to the fact that you have a small space. Select a large, extending piece that covers the majority of your room's floor. -- Baylee Deyon

- Hang curtains. They make a room seem finished. Think of them as the lipstick of decorating. --Peter Dunham
- When doing curtains or shades, hang them all the way up to the ceiling -- it will increase the height of the room. -- Vicente Wolf

In closing, I leave you with this quote from Pablo Picasso that I use when I teach my workshop on creativity or present my art quilts in public: Learn the rules like a pro so you can break them like an artist.

Barbara Graceffa owns Secretary of the Interior in Quincy, MA offering creative solutions at reasonable rates. Learn more about her decorating, decluttering, and home staging services, workshops and quilt shows at www.sec-interior.com, and follow her on [instagram.com/secretaryinteriordecorating/](https://www.instagram.com/secretaryinteriordecorating/) and [secretaryinteriordecorating.blog](https://www.secretaryinteriordecorating.blog). New clients can reach her at 617-921-6033.

Crane Library Events, Activities For Children During March

Cont'd From Page 4

Questions? Stop by or call the Children's Room at 617-376-1300 x4 and ask for Mrs. Miller.

Coding Clubs

Coding Club for ages 5-6 is an introduction to coding and basic coding concepts through storytimes and "unplugged" (or screen-free) activities. Children will have the opportunity to practice using coding bots. This program meets on Tuesdays 3/29, 4/5, 4/12, 4/26, 5/3 at 3 p.m. **REGISTRATION REQUIRED**

Coding Club for ages 7-8 is an introduction to block-based coding using Scratch and code.org projects for beginning coders. Children will also have the opportunity to get hands-on experience using coding bots. This program meets on Thursdays 3/31, 4/7, 4/14, 4/28, 5/5 at 3 p.m. **REGISTRATION REQUIRED**

Coding Club for ages 9-10 is for children with a little bit of coding experience. We will be working primarily with Scratch coding. This program meets on Mondays 3/28, 4/4,

4/11, 4/25, 5/2 at 3 p.m. **REGISTRATION REQUIRED**

For the safety of all attendees, masks are now required for all adults and children 5 and over who are attending children's events and programs at any Thomas Crane Public Library location. Face masks are recommended for anyone age 2-4.

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Baker-Polito File \$1.6B FY22 Supplemental Budget

Cont'd From Page 13

congregate care settings, administering monoclonal antibody treatments, maintaining vaccination sites and ensuring sufficient staffing in health care facilities. After anticipated FEMA reimbursements, these initiatives are expected to have a net cost of \$439 million. These funds will complement the \$101 million supplemental budget signed into law two weeks ago to support COVID-19 response.

"The surplus we've realized in FY22 thus far reflects the continued strength of the Massachusetts economy and gives us the opportunity to address additional critical areas of need across the state," said Administration and Finance Secretary Michael J. Heffernan. "The Baker-Polito Administration is pleased to propose a spending plan that will re-

direct surplus revenues to high-impact investments in human services, childcare, education, local infrastructure and more that will continue the Commonwealth's recovery from COVID-19."

The Administration also recommends supporting a range of infrastructure and climate-related needs in local communities. It proposes \$100 million for a supplemental Chapter 90 distribution, \$100 million to help municipalities repair roads from winter damage and \$150 million in supplemental grants to fund climate change resiliency initiatives, including the Municipal Vulnerability Preparedness (MVP) program.

A number of other initiatives are supported in the supplemental budget proposal, including:

- \$60 million to stabi-

lize and support counseling, advocacy and intervention services for victims of crime through FY25 until federal Victims of Crime Act (VOCA) resources are restored;

- \$50 million to support the guardian ad litem expansion proposal – described more fully below;

- \$14 million to fully fund service improvements for men who are civilly committed for substance use treatment under Section 35;

- \$10 million to ensure Emergency Aid to the Elderly, Disabled and Children (EAEDC) payments are uninterrupted through caseload volatility;

- \$5 million to expand STEM teacher professional development, materials and technology;

- \$5 million to support the implementation of the new 988 emergency call

line;

- \$5 million for Department of Mental Health (DMH) housing repairs and additional housing vouchers;

- \$2 million to optimize government services for hybrid work models;

- \$1.8 million to support behavioral health services for Haitian and Afghan evacuees;

- \$1.1 million for Safe Water Initiative Massachusetts (SWIM) grants and other summer water safety investments.

The legislation also includes several policy pro-

posals, including:

- A section that will mandate the appointment of a guardian ad litem (GAL) in every alleged child abuse or neglect case through the Juvenile Court – GALs will provide children in the custody of the Department of Children and Families (DCF) an independent advocate responsible for considering only the child's best interests; an accompanying appropriation is filed in the bill to support the recruitment, training and compensation of additional GALs;

- A proposal that will exempt payments received

through the Commonwealth's COVID-19 Essential Employee Premium Pay program from the Massachusetts income tax;

- Sections that make corrections to previously signed legislation related to COVID-19 response that will improve implementation of spending priorities;

- Sections to extend certain COVID-19 state of emergency provisions, including the eviction provision that is currently set to expire on April 1, 2022 and will be extended until Jan. 1, 2023.

Bethany Congregational Church

On Sunday, Feb. 27, Bethany Congregational Church will hold a regular Sunday service at 9:30 a.m.

Rev. Patrick McCorkle will preach and music will be provided by Paul Frazer as soloist.

Church School will be in session Sunday, and there will be a christening.

For all events at Bethany Church, masks and social

distancing are required. There is no coffee hour. Masks and sanitizer are available. Areas in use are cleaned after every service.

If you would prefer to stay at home, the on-line service is available. Check the Bethany Church website for instructions on how to watch.

Bethany Congregational Church is located at

18 Spear St., Quincy. The church website is: bethanycongregchurch.org. Telephone number is: 617-479-7300.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/or fill out an application, go to the website at broadhorizonsbethany.com or call 617-471-0022.

Vegetable Gardening Topic March 2 For Houghs Neck Garden Club

Just in time for Spring planting, the Houghs Neck Garden Club's March 2nd meeting will be about vegetable gardening.

Guest speaker will be Susan Hammond. A lifetime master gardener with a special focus on edible plants, Hammond is the past keeper of the Mass. Horticultural Society's Garden to Table Vegetable Garden, and one of the founders of the new Medford Food Pantry Garden.

With food prices on the rise, this should be of interest to all families.

The meeting will be held at 7 p.m. on Wednesday, March 2 at the Manet Community Center.

On April 6th the Houghs Neck Garden Club will host the annual "Tri-club Meeting" at the Quincy Yacht Club, 1310 Sea St., at 6:30 p.m.

The guest speaker is Sarah Boynton, flower show award winner. Her botanical arts creations and her gardens have been featured in several magazines. Have you ever wondered how flower show exhibitors make jewelry and other items from plant materials? Boynton will share her techniques, secrets and planning ideas that win awards at flower shows.

This event is open only to paid members.

On May 4th the club

will welcome back Suzanne Mahler. The topic is "Gardening in the shade." Learn which trees, shrubs, native plants and perennials tolerate low light, providing fabulous flowers and foliage for textural contrasts. This program will be held at the Houghs Neck Community Center at 7 p.m.

Starting in March look for club gardeners to be out pruning and getting the area ready for new and budding plants.

The Houghs Neck Garden Club is a member of the Garden Club Federation of Massachusetts and a 501C3 non-profit organization. All funds raised go back into the neighborhood.

Donations needed for North Quincy High School Class of 1973 Scholarship Fund

Donations can be sent to Eastern Bank
C/O NQHS Class of 1973 Scholarship Fund
80 Washington St. Norwell, MA 02061

Make checks payable to:
NQHS Class of 1973 Scholarship Fund

If you have any questions, you can email Jo-Ann Bragg at captainjb2012@gmail.com or Terry Bellotti-Palmieri at t.bellotti-palmieri@easternbank.com

First Baptist Church Of Wollaston

First Baptist Church of Wollaston located at 81 Prospect Ave., Quincy, is officially open for everyone.

For those who have not fully vaccinated, continue to wear mask and safe distance. However, on-line worship will continue.

The church online dial-

in/Zoom weekly meeting Schedule is available online. Visit the church website: <http://firstbaptistchurchof-wollaston.org>.

- Sunday 9:30 a.m. - Vietnamese Worship Service at Fellowship Hall: Pastor Duc

- Sunday 10:30 a.m.

English Worship Service - Interim Pastor: Rev Bill Swilling

- Friday 11 a.m. Prayer Group Meeting

For other inquiries call 617-472-0824 and ask for Lewann Mina, the church administrator.

Quincy Point Congregational Church

On Sunday, Feb. 27 in-person and live-streamed worship begins at 10 a.m. at Quincy Point Congregational Church, 444 Washington St., Quincy.

The church will be celebrating Stewardship Sunday. Don't forget your pledge cards. Since the church has some people who are immune compromised, all are asked to wear a mask. Some KN95s are available at the door.

Bus service is also still available from 1000 South-

ern Artery.

If you have noticed some of the mission work the church has done recently for the Quincy community and would like to give a one-time donation to help continue the church's mission work, thank you. Donations can be mailed to 444 Washington St., Quincy, MA 02169.

Worship can be seen on the church website, The Quincy Point Congregational Church YouTube channel, Vimeo or on the church

Facebook page. Previously recorded services can be seen anytime on the same venues.

Worship services are also broadcast on Quincy Access Television at 6 p.m. on Wednesdays.

Need help connecting? Call the church office at 617-773-6424.

Want to be part of the weekly "Points" email distribution list? Sign up located at bottom right hand bottom of the home page at www.quincypointcong.org.

Braintree Choral Society Welcoming New Singers, Rehearsals Start March 1

The Braintree Choral Society is welcoming new singers for its upcoming spring season.

BCS will hold its first re-

hearsal on Tuesday March 1, at 7:30 p.m. at First Congregational Church, 12 Elm St., Braintree.

BCS is a non-audition

chorus open to anyone with a passion for learning and singing choral music. Proof of vaccination is required and masks are optional.

Rehearsals will be held every Tuesday at the church from 7:30 to 9:30 pm. The concert performance date is set for June 17. The group will be performing "Songs of Love and Songs We Love."

For more information email braintreechoralsociety@gmail.com.

Two Quincy Students On Clark University Dean's List

Two students from Quincy have been named to the Dean's List for the fall semester at Clark University in Worcester.

They are:

Ryan C. Fiasconaro was named to second honors and Louis Maxwell Wong was named to first honors.

10 Tips For Safer Generator Usage For Home, Business Owners

Follow Manufacturer's Instructions And Ensure Proper Ventilation, Says OPEI

If your electricity goes out due to snow and ice, a generator can keep power flowing to your home or business.

The Outdoor Power Equipment Institute (OPEI), an international trade association representing manufacturers and suppliers of outdoor power equipment, small engines, battery power systems, portable generators, utility and personal transport vehicles, and golf cars, reminds home and business owners to keep safety in mind when using generators this winter.

"Not having power when you need it is frustrating, so a generator can provide emergency backup power at a reasonable cost," says Kris Kiser, president and CEO of OPEI. "It's important to follow all manufacturer's instructions, and never place a generator in your garage or inside your home or building. It should be a safe distance from the structure and not near an air intake."

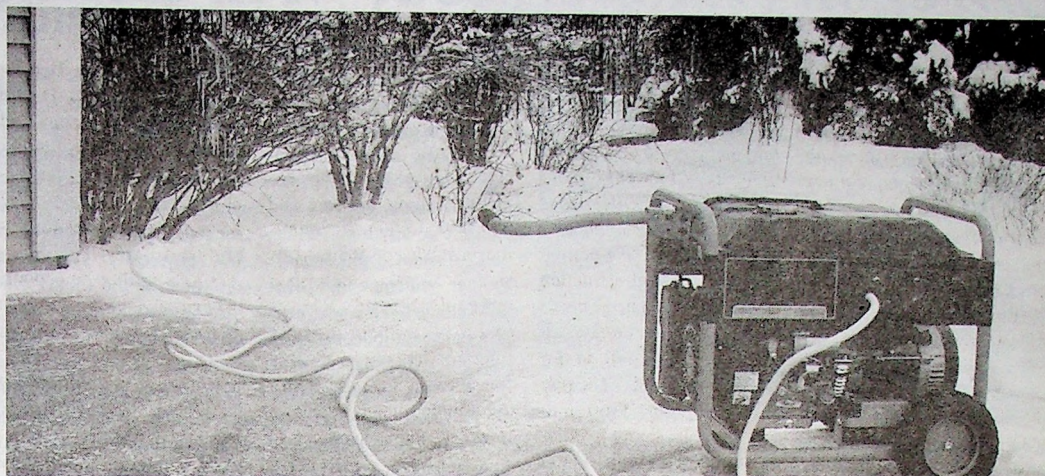
More tips include:

#1 - Take stock of your generator. Make sure equipment is in good working order before starting and using it. Do this before a storm hits.

#2 - Review the directions. Follow all manufacturer's instructions. Review the owner's manuals (look manuals up online if you cannot find them) so equipment is operated safely.

#3 - Install a battery operated carbon monoxide detector in your home. This alarm will sound if dangerous levels of carbon monoxide enter the building.

#4 - Have the right fuel on hand. Use the type of fuel recommended by the generator manufacturer to protect this important investment. It is illegal to use any fuel with more than 10% ethanol in outdoor power equipment. (For more information on proper fueling for outdoor power equipment visit www.LookBeforeYouPump.com). It's best to use fresh fuel, but if you are us-



OUTDOOR POWER EQUIPMENT Institute (OPEI), an international trade association representing manufacturers and suppliers of outdoor power equipment, small engines, battery power systems, portable generators, utility and personal transport vehicles, and golf cars, reminds home and business owners to keep safety in mind when using generators this winter.

ing fuel that has been sitting in a gas can for more than 30 days, add fuel stabilizer to it. Store gas only in an approved container and away from heat sources.

#5 - Ensure portable generators have plenty of ventilation. Generators should NEVER be used in an enclosed area or placed inside a home, a building, or a garage, even if the windows or doors are open. Place the generator outside and away from windows, doors, and vents that could allow carbon monoxide to

drift indoors.

#6 - Keep the generator dry. Do not use a generator in wet conditions. Cover and vent a generator. Model-specific tents or generator covers can be found online for purchase and at home centers and hardware stores.

#7 - Only add fuel to a cool generator. Before refueling, turn the generator off and let it cool down.

#8 - Plug in safely. If you don't yet have a transfer switch, you can use the outlets on the generator. It's best to plug in appliance-

es directly to the generator.

If you must use an extension cord, it should be heavy-duty and designed for outdoor use. It should be rated (in watts or amps) at least equal to the sum of the connected appliance loads. Make sure the cord is free of cuts, and the plug has all three prongs.

#9 - Install a transfer switch. A transfer switch connects the generator to the circuit panel and lets you power hardwired appliances. Most transfer switches also help avoid overload by displaying wattage usage

levels.

#10 - Do not use the generator to "backfeed" power into your home electrical system. Trying to power your home's electrical wiring by "backfeeding" - where you plug the generator into a wall outlet - is dangerous. You could hurt utility workers and neighbors served by the same transformer. Backfeeding bypasses built-in circuit protection devices, so you could damage your electronics or start an electrical fire.

BBB Tips For Shopping For A Mortgage Lender

By BETTER BUSINESS BUREAU

If you are ready to purchase a home, refinance your home, or take out a home equity loan, you'll need a mortgage. Mortgage lenders are generally willing to compete for your business, which means shopping around, comparing prices, and negotiating deals can save you thousands of dollars.

If you want to get the best deal possible, be sure to compare all the costs and understand how mortgages work. BBB recommends the following tips to help make your search for a mortgage lender a success.

How to Shop for a Mortgage Lender

• Know how much you can spend upfront. Before you ask for information from a lender, it's a good idea to know how much you

can spend on a loan and the maximum monthly payment you can afford. This information will be a key part of your negotiations, so review your budget ahead of time.

• Get to know your loan options. Loan options include loan terms, interest rate type, and the loan type. The loan term refers to the length of the loan, which may be 15 or 30 years. Shorter loans usually have higher monthly payments with lower interest rates. Interest rate types may be fixed or adjustable. Fixed rate loans are lower risk but carry higher interest rates. Adjustable rate mortgages (ARMs) have lower interest rates to start, but the rates can change over time. Loan types may be conventional or part of a government program. Understanding the options will help you choose the best loan for your situation.

ation.

• Understand the difference between a broker and a lender. According to ConsumerFinance.gov, a lender is a bank or other financial institution that loans money directly to you. A broker acts a middleman, comparing loan options on your behalf. The Federal Trade Commission adds, "Whether you are dealing with a lender or a broker may not always be clear. Some financial institutions operate as both lenders and brokers. And most brokers' advertisements do not use the word 'broker.' Therefore, be sure to ask whether a broker is involved." You'll want to know, since brokers are usually paid a service fee separate from the lender's fees.

• Get information from multiple lenders and brokers before making a decision. Get as much information from each lender as you can. Keep your options open to begin with, since different lenders may offer different rates, advises the FTC. Make sure you ask about interest rates, loan types, annual percentage rates, points, down payments, mortgage insurance, and all other fees. This will help you get a clear view of the actual cost of the mortgage.

• Working with a broker? Make sure they find you the best deal. If you prefer to hire a broker to do

the shopping for you, know that while brokers have access to several lenders, they aren't obligated to find the best deal for you unless they sign a contract to act as your agent.

• Be prepared to negotiate the best deal. Loan officers and brokers are allowed to keep some or all of the overages (the difference between the lowest available price and any higher price you agree to pay) of a loan as extra compensation. This means you may be able

to negotiate a price lower than what they initially offer you. The best way to negotiate is to have the broker or lender give you a written list of all of the costs and fees included in the loan. Then, ask if they will reduce or waive completely one or more of the fees. You can also show them a competitor's offer to see if they will give you a better deal.

• Watch out for scams. Shopping around for a mortgage lender will help you get a general idea of how much

a loan costs, which will help you spot and avoid any offers that seem too good to be true. Be wary of unsolicited calls and emails offering you great rates on a mortgage or "no-cost" loans. Never give in to high pressure sales tactics. ConsumerFinance.gov warns about a phishing scam where con artists attempt to divert your closing costs and down payment by suggesting, right before your loan closes, that you wire the money into a fraudulent account.

Gasoline Prices Rise 5 Cents

Massachusetts's average gas price is up five cents from last week (\$3.49), averaging \$3.54 per gallon. Monday's price is 18 cents higher than a month ago (\$3.36), and 98 cents higher than Feb. 21 (\$2.56). Massachusetts's average gas price 1 cent higher than the national average.

"Continuing tensions between Russia and Ukraine, plus increased demand as more drivers take to the roads, are contributing to

keep oil prices high, which translates into pain at the pump," says Mary Maguire, director of Public/Government Affairs.

AAA Northeast's Feb. 21 survey of fuel prices found the current national average to be 5 cents higher than last week (\$3.48), averaging \$3.53 a gallon. Monday's national average price is 21 cents higher a month ago (\$3.32), and 90 cents higher than this day last year (\$2.63).

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Public Access Channel 8

Thursday, February 24
6:00pm: Bethany Congregational Church
8:00pm: QHS vs. NQHS Girls Basketball 2/18

Friday, February 25
11:30am: LIVE: Currently in Quincy
7:00pm: AM Quincy: State Rep. Tackey Chan

Saturday, February 26
11:00am: Alive & Kickin'
2:30pm: QHS vs. NQHS Boys Basketball 2/18

Sunday, February 27
11:30am: Good News
1:00pm: The Call

Monday, February 28
11:30am: LIVE: Currently in Quincy
7:00pm: CIQ Interview: Quincy Career Center

Tuesday, March 1
7-9am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, March 2
6:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday, February 24
4:00pm: Board of License Commissioners 2/22
5:30pm: Zoning Board of Appeals 2/22

Friday, February 25
7:00pm: In the Know: Senior Tax Credit
8:00pm: The Rise of a True Crime Podcast

Saturday/Sunday, February 26/27
9:00pm: In the Know: Senior Tax Credit
9:30am: State View: Representative Bruce Ayers
11:00am: TCPL Presents: Aging Strong
12:00pm: MA House of Representatives
4:00pm: Board of License Commissioners 2/22
5:30pm: Zoning Board of Appeals 2/22

Monday, February 28
11:00am: TCPL Presents: Aging Strong
6:00pm: Department Profiles: Quincy Health Dept.

Tuesday, March 1
4:00pm: LIVE: Board of License Commissioners
5:30pm: LIVE: Zoning Board of Appeals

Wednesday, March 2
6:00pm: In the Know: Senior Tax Credit
7:00pm: Smoke & Carbon Monoxide Alarms

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Bregoli 'Exonerated,' Will Retire From Coaching

By SCOTT JACKSON

An outside investigation has cleared Paul Bregoli, the head coach of the girls' basketball team at North Quincy High School, of wrongdoing, but Bregoli will not return to the team and said he plans to retire from coaching.

Bregoli agreed to be placed on leave prior to the basketball season as an outside investigator probed potential misconduct, Supt. Kevin Mulvey said previously.

Mulvey in December said those allegations included complaints from parents that Bregoli had offered extended playing a time and a captainship to a player in exchange for her supporting Bregoli as head coach — allegations both the player and Bregoli denied, the superintendent said at the time — as well as concerns about Bregoli's coaching style.

Because Bregoli serves on the Quincy School Committee, Mulvey recused himself from the matter and the district hired Regina Ryan of the firm Discrimination and Harassment Solutions to conduct the investigation. Ryan issued a report on Feb.



PAUL BREGOLI

11 clearing Bregoli of any wrongdoing, Mulvey said; the report won't be released publicly and remains confidential.

"The report found the allegations were unsubstantiated and made in bad faith," Mulvey said.

With the basketball season nearly complete, Bregoli opted not to return to the team, the superintendent said. Matt Ramponi will continue to lead the team for the rest of season.

"He is electing not to coach this year because it so far into the season," Mulvey said. "He won't be returning, but he has been exonerated."

In an interview after the

report was finalized, Bregoli said he knew what the final result would be, because he did not do anything wrong.

"I knew what the findings were going to be, because from the get-go I said I didn't do anything wrong, and I did not. I did not talk to that student about what they alleged. That was never a conversation I had with that girl, ever," Bregoli said.

As to his coaching style, Bregoli said he can be loud at times on the sidelines and in practice, but said he is fair and honest with his players.

"I have a fire — I still do, or I did — and I'm competitive," he said. "I always used to tell the kids you don't put the uniform on to lose, and that is the way I felt going into games. You don't go into a game to not win."

Bregoli, age 73, said this season would have been his last as head coach of the girls' basketball team because he cannot physically do some of the things required of a head coach any longer. He had been looking forward to coaching this year's team for some time knowing the team was special — the team had an 18-0 record at the time of the in-

terview.

"This is not the way I anticipated going out. This was going to be my last year anyway. I didn't tell that to anybody, even my sons, but you get to a point where mentally you still have it but physically you can't do some of the things that you need to do to be a head coach. I couldn't dribble the basketball, I couldn't cross between my legs, I couldn't shoot — the body just wears out and I just couldn't do those things anymore," Bregoli said.

"I knew it was time, but I wanted to do one more year with this group. This is a group I was waiting for for years. They were always a special group of kids and I thought they might have some success and they certainly have."

"It didn't take a rocket scientist to figure that out."

Bregoli said he watched the team's games on television this season but was unable to speak with the coaches or players, or even be in the gym, while the investigation was ongoing.

"The hardest part about this is I couldn't talk to any of the coaches who could've

been interviewed. I couldn't talk to like Matt. I couldn't talk to the volunteer assistant down there who I've known since he was a little kid on the Wollaston playground. I couldn't talk to any of the kids, I couldn't talk to any of the parents, I couldn't go to the gym," Bregoli said.

"It was hurtful. It was very difficult on me and my family. For the first couple weeks I didn't sleep at all at night — very emotional."

Bregoli said he would like to meet with the team at the appropriate time in the future, with the blessing of Ramponi and the players, but will stay away from the squad's remaining games to avoid being a distraction.

"One of the things I said to Matt yesterday when I talked to him — it was the first time we've had a conversation in a long time — I said I think my coming down would be a distraction and that's not what they need. You're the coach now and I could be a distraction. I don't want that to happen because that's not what I'm about. It's about the kids being successful and they are being successful. If I go in

there, even as a consultant, I'm not sure it would be received by maybe a couple of kids and a couple of parents as being not in the best interest of the team, and that's why I would not go," Bregoli said.

"Even the Quincy-North game, I could stand up top (of the stands), but someone would see me. I don't want the kids turning around and looking at me while they're supposed to be paying attention to the game. It's just not fair."

Bregoli is a 1966 graduate of North Quincy High School and a member of the school's soccer hall of fame. He went on to play soccer at the University of Massachusetts Amherst, from which he graduated in 1970 with a bachelor's degree in education. He later earned a master's degree in guidance as well.

After college, Bregoli taught in Darien, Connecticut, and in Greenfield, Massachusetts. He then returned to Quincy in 1972 to teach at the Atherton Hough School and later the Mass Fields School, before being laid off because of Proposition 2 ½.

Cont'd On Page 18

BBB Tip: What To Know Before Downloading A Cashback App

By BETTER BUSINESS BUREAU

If you are looking for new ways to save money on daily purchases, the latest trend isn't clipping coupons; it's cashback apps. By using apps such as Rakuten and Ibotta (both BBB Accredited Businesses), shoppers can earn rewards, such as cash or gift cards, after making a purchase. But before you sign up for one or more of these apps, be sure to do your research.

How Do Cashback

Apps work?

Some cashback companies build relationships with stores and brands and receive a commission for purchases made through their apps and extensions. Then, they pass on a portion of the commission to the consumer. Other companies offer payouts based on accumulated points, which consumers can earn uploading receipts, purchasing specific products, or scanning products in store.

Many such apps and

browser extensions are legitimate, but, as always, exercise caution when any company promises big rewards for minimal effort.

To find and use cashback apps safely, BBB recommends the following tips:

- **Get to know the company behind the app or browser extension.** Before you install a cashback program on your phone or browser, find out more about the company that runs it. Look the company up on

BBB.org to see its business rating and read consumer reviews and complaints.

- **Choose an app that fits your shopping patterns.** The way apps reward consumers can vary. Some offer coupons or price comparisons to help you find the best deal. Passive cashback apps simply run in the background on your phone and track your purchases, giving you rebates when you shop at partner locations. Other apps reward you for shopping at specific retailers.

Think about your shopping habits as you chose an app or extension to score the most savings.

- **Never pay a membership fee.** You should never have to pay a fee to receive "free" money. Be wary of any app that claims to be free but asks you to pay a fee to receive a payout. Don't agree — it could be a scam.

- **Read the fine print.** Most apps require you sign up for a free membership before you can receive rebates. Read the fine print before you commit to make sure you understand what personal information you will need to share, how the app works, and how it tallies your purchases and rewards.

- **Protect your privacy.** Keeping in mind that since many cashback apps ask you to connect your credit card, debit card or bank account to receive rebates and make purchases, keeping your data safe is critical. Before sharing your sensitive information with any

company, FTC suggests reviewing the company's privacy policy.

- **Find out how payouts work.** NerdWallet reminds consumers that payout methods can vary from company to company. Do a little research to find out what the company's payout frequency and threshold is, as well as their payout method and qualifications.

- **Avoid unnecessary spending.** Take advantage of good deals on the products you need but remember that making unnecessary purchases just because you'll receive points or modest cashback bonuses will not save you money in the long run. In addition, when taking advantage of a product-specific deal, The Penny Hoarder advises, "Read the offer's fine print. Make sure you're purchasing the correct brand and quantity." If you purchase the wrong size or flavor product, for example, the offer may not be valid.

Mask Mandate Lifted In Quincy Schools

Cont'd From Page 3

done everything we could to address the correct science — I think it was correct science, evolving correct science — and I don't have any regrets about anything we've done, but I think it is time we move on."

Committee member Kathryn Hubley said parents and teachers she had heard from supported lifting the mask mandate.

"I will be using my vote tonight to let them know I heard them," Hubley said. "I agree that the concerns about the spread of COVID are real and I also agree that social/emotional distress is real as well as language challenges that many of our children are experiencing. Our classrooms will

have much more of a welcoming feel as well as much more of a learning environment feel when our students can be greeted by the smiles of their friends and their teachers, and lifting the mask mandate will be reflective of the world around our students."

Committee member Tina Cahill said it was time to remove the mask mandate, while noting individuals can continue wearing masks if they want to do so.

"I have heard from an overwhelming amount of parents and families and I will be voting to lift the mandate," Cahill said. "I am thankful that we do have a choice so that families or individuals who feel vulnerable have the opportunity to

wear a mask if they need to, but at this time I think it is a good time to lift the mandate."

The state Department of Elementary and Secondary Education has released new mask guidance that will take effect on Feb. 28, the day the current mask mandate expires.

Under the new state guidelines, masks will need to be worn following the first five days of isolation or quarantine in accordance with state isolation and quarantine guidance.

Further, the guidance states that individuals who experience COVID-19 symptoms should stay home and obtain testing. If they receive a negative result and their symptoms improve, in-

cluding remaining fever-free for a 24-hour period without fever-reducing medication, they can return to school but should also wear a mask until their symptoms fully resolve.

The new state guidance also states that "unvaccinated individuals should continue to wear masks in school settings."

The MIAA has also announced its mandate for school sports will end on Feb. 28. Member schools will have to follow "host school and venue-specific restrictions" from that date forward.

Masks will remain mandatory on school buses and other transportation even after Feb. 28 in accordance with federal rules.

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Quincy Art Association Artist Showcase: Maria Termini

I paint simply because I love colors and images and the process of making art. Lately I have been inspired to create environments inspired by ancient mysterious images of rock art which I have seen in Bolivia and the southwest of the United States.

Adventure, beauty, rich images, music, a search for justice and a reverence for the earth are the threads woven into the rich tapestry that is my life. My joyful art witnesses wonder and reflects reverence for the beauty of nature.

I use simple images and rich brilliant color to create art with



MARIA TERMINI

powerful new harmonies. My love of the beauty of this earth as well as sorrow at how it is threatened compels me to create art that invites deep contemplation. I aspire to be open to my inspiration and its process which is often a struggle on an unpredictable path but always an adventure. I work from a deep well of my imagination, walking with trees and loving leaves and the joy of music. My art can be seen through visiting my studio or viewing it on line at my website: www.mariatermini.com.



"GLIMMERING IN THE First Age of the Earth," mixed media, by artist Maria Termini. *Courtesy Photos*

Two Quincy Students On Western NE Dean's List

Two students from Quincy have been named to the Dean's List for the fall semester at Western New England University in Springfield.

Frank Nunziato is working toward a BSE in mechanical engineering/mechatronics concentration.

Zebin He is working toward a BSE in computer engineering.



GEESE CONGREGATE at Blacks Creek after freshly fallen snow Jan. 30 making a postcard-like winter scene. *Photo Courtesy Keith Robinson*

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Bregoli 'Exonerated,' Will Retire From Coaching

Cont'd From Page 16

Because he has a master's degree, Bregoli returned to the district as guidance counselor and worked in various schools for 22 years before retiring in 2006 from the Merrimount School.

Among other coaching positions, Bregoli served as the head coach of the girls' basketball team at North Quincy High School from 1980 to 1989. He took time off from coaching following the death of his wife, Karolyn, in 1990, then served as the head coach of the girls' soccer team at North from 1994 to 2016, when he was named the head coach of the girls' basketball team.

Bregoli said he was proud of the job he's done as a coach and educator in the school system.

"Right now, I have 25 kids in the Quincy Public Schools who either played for me or who were students of mine who are now teachers," he said, noting other players he coached have been successful in their own fields, like nursing, business, politics, government, and as parents.

"That's what you get into the business for. You get into it to impact kids in a positive way and try to make it



COACH PAUL BREGOLI (back row right wearing red t-shirt) with the 2015 North Quincy girls' soccer team after winning his 200th game as the program's head coach in 2015. "The most important thing to me is being around the kids," he said following his milestone win. "They constantly surprise you. I see a group arrive as freshmen and I can't wait to see how they develop as players, students and people. It's the best part of the job." In 2016, Bregoli became the head coach of the North Quincy girls' basketball team. He has announced his retirement from coaching.

Quincy Sun File Photo/Larry Carchedi

so they can be successful, and I think I did that."

Bregoli has two children - Patrick, a state trooper, and Chris, who works in finance - as well as two grandchildren.

After retiring from the

Quincy Public Schools in 2006, Bregoli ran for and won a seat on the School Committee in 2011 and was reelected in 2015 and 2019. He said he has not decided whether he will seek a new term in 2023.



QUINCY HIGH SCHOOL seniors Justin Chan and Jamar Finn will be among the student performers featured in the Quincy High School Drama Club's production "RETURN to the FORBIDDEN PLANET" March 11, 12, 18 and 19 at the school.

Courtesy Photo

QHS Drama Club To Present 'RETURN to the FORBIDDEN PLANET'

The Quincy High Drama Club will present "RETURN to the FORBIDDEN PLANET" by Bob Carlton March 11, 12, 18 and 19 at 7:30 p.m. at Quincy High School, 100 Coddington St. "RETURN to the FOR-

BIDDEN PLANET" is a Science Fiction Musical Mash Up of Shakespeare's The Tempest with 1950s and 60s Rock & Roll. The performance features such hits as "Wipeout," "Monster Mash" and "Teenager in

Love."

Tickets will be available at the door - \$12 for adults and \$5 for students. Masks must be worn.

Parking is available at the school parking lot on Russell Park.



QUINCY HIGH SCHOOL Seniors Cameron Melchin, Rebecca Morris, and Marissa Tolini are also cast in the Quincy High School Drama Club production "RETURN to the FORBIDDEN PLANET" by Bob Carlton March 11, 12, 18 and 19 at 7:30 p.m. at Quincy High School, 100 Coddington St.

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QUINCY'S ALYSSA HOPPS drives to the basket as North Quincy's Autumn O'Campos reaches for a block. The Raiders rallied to defeat the Presidents 47-41 at QHS Feb. 18. North Quincy (20-0) will compete in the MIAA tournament that gets underway next week. The loss eliminated the Presidents from postseason play.



NORTH QUINCY'S Molly Toland and Quincy's Alyssa Hopps battle for a loose ball in the Raiders' 47-41 comeback win over the Presidents at QHS Feb. 18. With the win North Quincy improved to 20-0 and Quincy fell to 8-11. Quincy Sun Photos/Robert Bosworth

Ava Bryan Sparks NQ Comeback Over Quincy

By TOM JOYCE girls' basketball team.
Call it a comeback win The Raiders had a road game against their in-city



QUINCY'S CAROLINE CAMPBELL and North Quincy's Autumn O'Campos both eye a rebound. The Presidents and Raiders played a very competitive game Feb. 18. North Quincy prevailed, 47-41, to run their unbeaten streak to 20 games.

rival, the Quincy Presidents, last Friday night. Although the Raiders trailed for much of the game, they made a comeback and ended up winning the game 47-41. With the win, the Raiders improved to 20-0 on the season. With the loss, the Presidents fell to 8-11 on the season; the loss also knocked them out of playoff contention.

The Presidents led 20-19 at halftime and 32-28 after the third quarter, but the Raiders were able to come back -- particularly in the fourth quarter.

Cont'd On Page 21

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Raiders Down Presidents 65-38, Improve To 15-4

By TOM JOYCE

The North Quincy High boys' basketball team kept its momentum going in a rivalry game last Friday night.

The Raiders faced their in-city rival, the Quincy Presidents, and defeated them once again. The Raiders won this one 65-38 to improve to 15-4 on the season. With the loss, the Presidents fell to 0-18.

The Raiders took a 12-6 lead after the first quarter.

In the first minute, Daithi Quinn had a layup for the Raiders, and Joe Manton hit a three-pointer for the Presidents. The Raiders tied things at three apiece shortly after that with a free throw from Zach Taylor; he also gave the team a 5-3 lead on a steal and a layup a little more than halfway through the first quarter. Nate Caldwell made it a five-point game by hitting a three-pointer for the Raiders.

While a three-point play from Jacey Ham cut the deficit back to two, hitting a layup and a free throw for the Presidents, the Raiders finished the quarter on a 4-0 run. In it, Taylor hit a close jumpshot, and Colm Geary got a layup.

The Raiders continued to pull away in the second quarter, outscoring their opponent by 10 points.

Nate Caldwell hit a three-pointer 25 seconds into it, and Taylor hit a layup off a steal. These plays gave the Raiders a 10-point lead. The Presidents called timeouts after both of these scores.

The Presidents responded with a free throw from Malik Lawson before the Raiders added five straight points from the line. Qunonuw Scott hit a pair of free throws for the Raiders first. Then, Quinn (16 points) added three points after getting fouled while attempting a three-pointer.

Lawson followed that up by hitting a three-pointer for the Presidents to make it a 22-10 game. After that, Kobe Nguyen hit a deep two-pointer for the Raiders, Caleb Parsons-Gomes got a layup for the Presidents, Ethan Gao scored on a layup for the Raiders, and Parsons-Gomes hit another layup.

Following that stretch, the Raiders went on a 7-0 run. Dylan Clifford (10 points, 9 rebounds) hit a layup, then Quinn got a steal, fast break, and dunked the ball. This gave the Raiders a 30-14 lead with 1:51 in the half. After that, Gao hit a three-pointer. Manton also got a three for the Presidents before the first half ended. This made it 33-17 Raiders at halftime.

Each side added 12



NORTH QUINCY'S Daithi Quinn dunks for two of his 16 points in the Raiders' 65-38 win over the Presidents Feb. 18. With the win, North Quincy improved to 15-4 on the season and are MIAA tournament bound next week. Quincy fell to 0-18.

Quincy Sun Photo/Robert Bosworth

points in the third quarter to make it 45-29 going into the final frame.

Lawson scored first, getting a layup for the Presidents. Geary responded with a free throw for the Raiders. A steal and layup from Manton for the Presidents followed and he hit a three-pointer after Quinn sank two free throws for the Raiders. Parsons-Gomes turned Manton's three into a 5-0 run by hitting a layup. However, the Raiders responded with a 5-0 run: a layup from Clifford and a deep three from Quinn.

Coleman Ross of the Presidents and Clifford then traded layups – and Zachary Donaghue hit a layup for the Presidents in the final minute of the third quarter.

Although the Presidents played a competitive third quarter, they weren't able to make a comeback in this one. The Raiders offense kept producing and scored 20 points in the fourth quarter. Meanwhile, the team also played tough defense, holding the Presidents to nine points in the final eight minutes of the game.

The roster for the Presidents this season includes: senior guard Malik Lawson, senior forward and captain Coleman Ross, senior forward and captain Joe Manton, senior guard Jimmy Phipps, sophomore guard and captain Caleb Parsons-Gomes, senior forward Johnny Garcia-Acosta, junior forward Jacey Ham, senior guard Jordan Davis, junior guard Kyle Cruz, junior guard Ty Neal, junior guard Christian Monteiro-Spagnolo, and senior forward Zachary Donaghue. Their head coach is Dave Parry.

The roster for the Raiders this season includes: junior guard Alex Pham, senior guard and captain Nikko Mortel, junior guard Joe Bates, freshman guard Kobe Nguyen, senior guard Danny Bellotti, senior guard Ethan Gao, junior guard Nate Davis, junior forward Jerald Mortel, junior guard Nate Caldwell, senior forward and captain Colm Geary, junior forward Dylan Clifford, sophomore forward/guard and captain Daithi Quinn, junior guard Zach Taylor, senior forward Luke Pierron, and senior guard/forward Qunonuw Scott. Their head coach is Kevin Barrett.

The Presidents wrapped up their season with a pair of games at the beginning of the week. Meanwhile, the Raiders will compete in the MIAA postseason tournament; the tournament will start next week.

**More photos
on Page 22**



NORTH QUINCY'S Orlagh Gormley and Quincy's Antenella Ibrahim are on a collision course as Gormley drives to the basket in the Raiders' 47-41 comeback win over the Presidents Feb. 18.
Quincy Sun Photos/Robert Bosworth



QUINCY'S CAROLINE TRACEY splits two North Quincy defenders - Autumn O'Campos (left) and Molly Toland (right) as she puts up a shot for the Presidents against the Raiders.

Ava Bryan Sparks NQ Comeback Over Quincy

Cont'd From Page 19

The Presidents initially took a 4-0 lead in this one; freshman forward Alyssa Hopps (14 points) hit a layup two minutes into the contest and sophomore guard Paige Mann scored on a fast break a minute-and-a-half later.

Sophomore guard and

captain Orlagh Gormley (18 points) responded for the Raiders by hitting a layup.

Senior forward and captain Antenella Ibrahim (9 points) then made a deep two-pointer for the Presidents. The Raiders, however, finished the first quarter on a 4-0 run. Sophomore guard and captain Ava Bry-

an (22 points) got a basket, and Gormley hit two free throws.

The Raiders took their first lead of the game less than a minute into the second quarter; Bryan hit a deep two. However, Ibrahim gave the Presidents the lead back with a three-pointer shortly thereafter.

Then, a 5-0 run for the Raiders forced a Presidents timeout with 5:40 remaining. On the run, sophomore center Autumn O'Campos hit a free throw and Gormley had a pair of layups. Gormley's second layup came off a steal by junior forward and captain Bridget Capone.

The Presidents respond-

ed with a 6-0 run. Hopps sank a pair of layups, and junior guard Lena Waldron added another one.

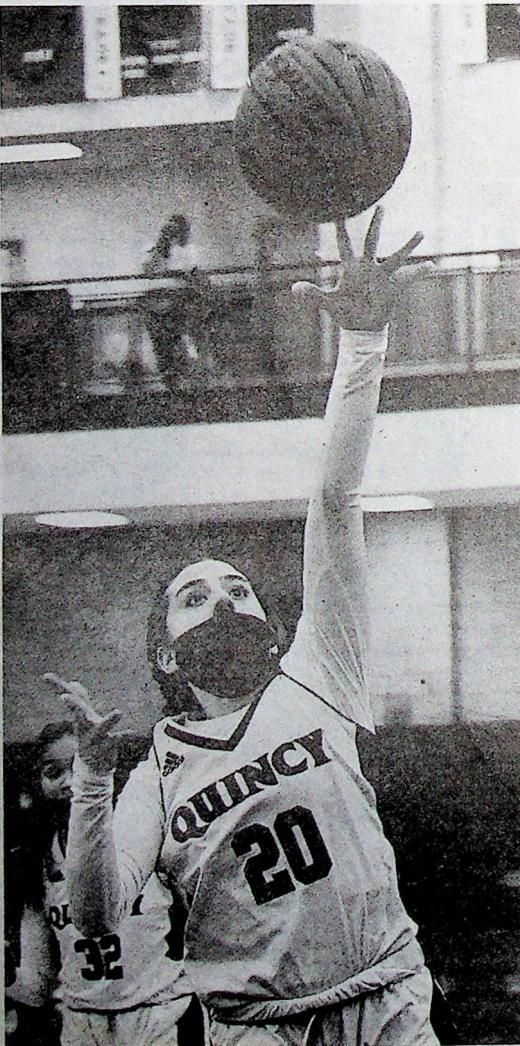
Both teams put up points in the final two minutes of the quarter, but the Presidents protected the lead.

Gormley had a shot off the backboard and a layup for the Raiders, and sopho-

more guard Molly Toland hit a layup. Meanwhile, junior guard Caroline Tracey had a basket for the Presidents, and the team added three points on free throws: two from Hopps and one from Waldron.

The Presidents would extend their lead to four points

Cont'd On Page 24

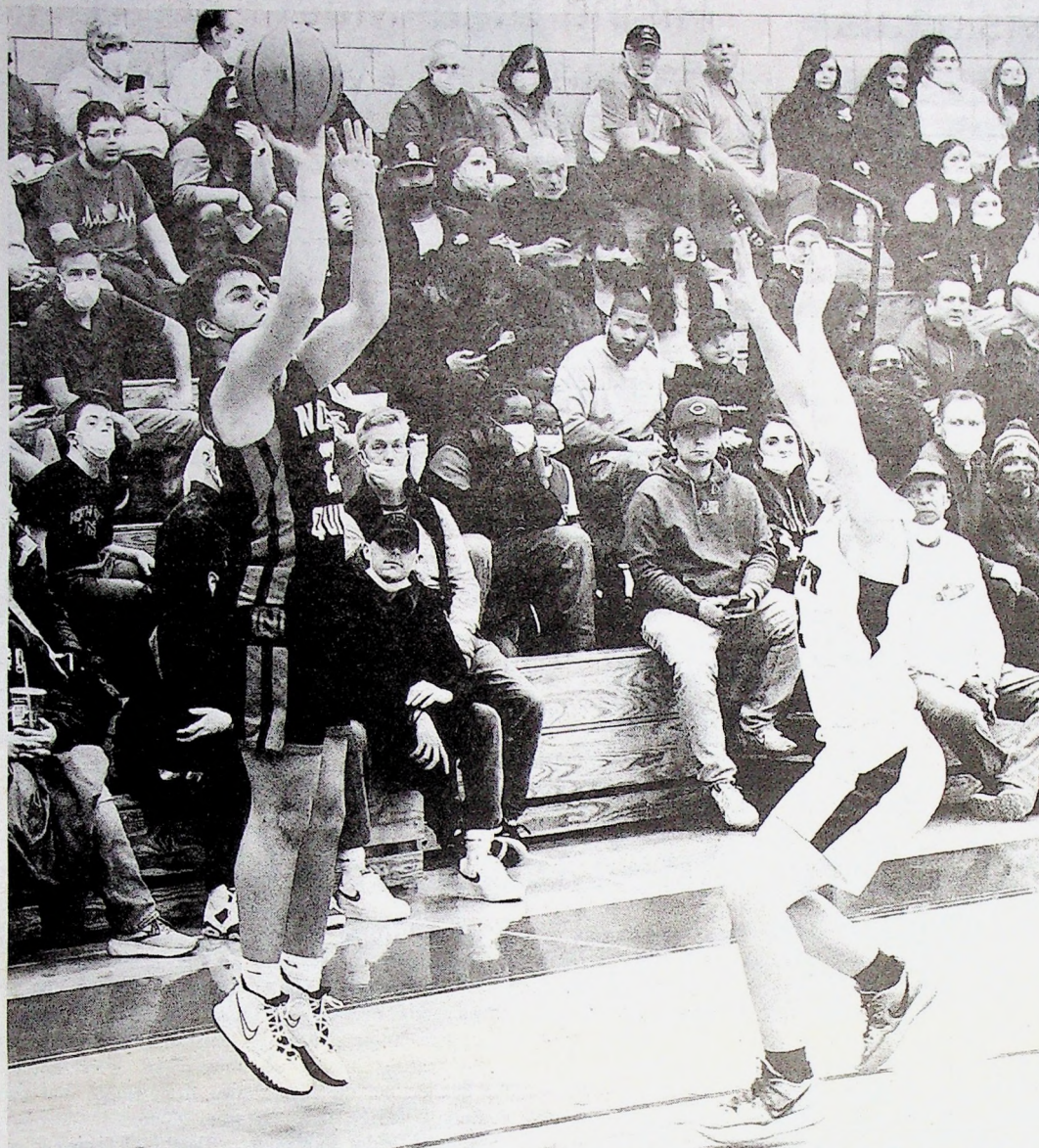


QUINCY'S MARY SACCOACH eyes a bucket for the Presidents against the North Quincy Raiders.

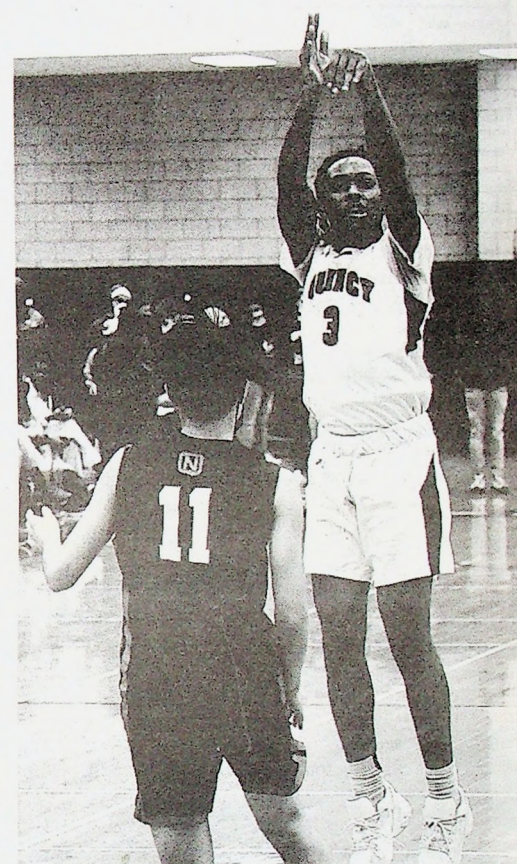
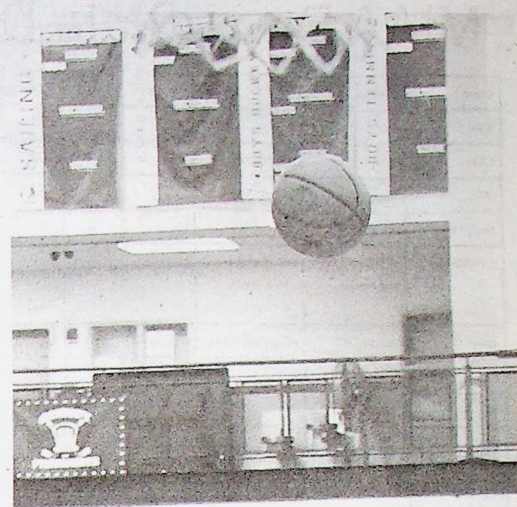


QUINCY'S ANTENELLA IBRAHIM dribbles in the Presidents' offensive zone as North Quincy's Bridget Capone defends.

Raiders Down Presidents 65-38, Improve To 15-4



NORTH QUINCY'S NATE CALDWELL launches a three-pointer in the Raiders' 65-38 win over Quincy Feb. 18. With the win North Quincy improved to 15-4 and will compete in the MIAA tournament beginning next week. Quincy fell to 0-18 on the season.



QUINCY'S Malik Lawson scores two points for the Presidents against the North Quincy Raiders.



NORTH QUINCY'S Zach Taylor eyes a basket for North Quincy against Quincy.



NORTH QUINCY'S DYLAN CLIFFORD goes up for two against the Presidents.



QUINCY'S Caleb Parsons-Gomes eyes a basket for the Presidents as North Quincy's Dylan Clifford defends the Raiders' hoop.

Quincy Sun Photos/Robert Bosworth

Quincy/North Quincy Track Results

MIAA Div. 1 State Divisionals

Event	First	Last	Gender	Performance	Place	Competitors	Comment
55m	Matt	Wong	M	6.79	10	34	
300m	John	Alessandro	M	38.52	20	26	
600m	Hatim	Boukhtam	M	1:23.87	2	29	
Two Miles	Robert	Cannon	M	10:20.08	20	23	
4 x 200m Relay	Matt Wong John Alessandro	Oisin Coogan-Coyne Hatim Boukhtam	M	1:36.18	8	22 teams	Season Best
Splits	Wong = 24.3	Alessandro = 24.5	Coogan-Coyne = 24.0	Boukhtam = 23.4			
55m	Victoria	Rak	F	7.83	20	32	
55m	Sofja	Stezas	F	7.83	22	32	
300m	Sofja	Stezas	F	43.58	12	24	PR
600m	Salma	Boukhtam	F	1:40.02	4	27	PR
1 Mile	Aluna	Coogan-Coyne	F	5:23.50	8	27	PR
4 x 200m Relay	Victoria Rak Melanie Chretien	Salma Boukhtam Sofja Stezas	F	1:54.43	12	22 teams	Season Best
Splits	Rak = 27.4	Chretien = 30.3	Boukhtam = 29.1	Stezas = 27.5			
Long Jump	Victoria	Rak	F	15'01.5"	14	23	
Shotput	Kiera	Steiman	F	24'10.75"	26	26	
Boys Team	9 points	18th place	23 Schools scored				
Girls Team	8 points	18th place	24 Schools scored				

Rising Stars Meet Feb. 15 at Reggie Lewis Center

First	Last	gender	Event	Performance	Place	Competitors	Comments
Amy	Tan	F	55mHurdles	11.08	25	44	PR
Hannah	Moriarty	F	600m	1:51.69	2	22	PR
Jennie	Burgess	F	600m	1:56.95	5	22	
Grace	McGough	F	Shotput	25'08.5"	16	41	
Molly	Nelson	F	Two Miles	13:13.41	1	7	PR
Oisin	Coogan-Coyne	M	300m	39.14	6	46	
Gio	McKenzie	M	55mHurdles	10.60	15	21	
Ammar	Chunda	M	55mHurdles	9.73	9	21	
Matt	Gratch	M	55mHurdles	9.96	10	21	ties PR
Gio	McKenzie	M	Long Jump	17'05"	5	14	PR
Kyle	Clements	M	1 Mile	5:01:26	6	42	PR
Matt	Hollatz	M	1 Mile	5:26:01	25	42	PR
Jeanior	Alexis	M	Shotput	31'01.5"	23	27	
Matt	Miranda	M	Shotput	35'11"	9	27	PR

QNQ Alpine Team Continues Show Great Improvement

The Quincy-North Quincy racing team continues their exciting inaugural season showcasing significant week over week improvements.

In the third Giant Slalom race of the year, all participating QNQ racers finished the race without a fall or disqualification.

Coach Erik Abrahamovich said, "This was the most impressive team performance of the season. The racers have finally found their balance on the skis and their timing in the course. Every racer has shown huge improvement which has resulted in tonight's great team performance."

The QNQ girl's teams has a strong performance with two racers logging top 20 finishes. Avery Abrahamovich continued her strong season, finishing 11th and Alex Abrahamovich nailed her second top 20 finish of the season. Caroline Cavicchi finished third for the team placing in 65th place, with Cady Hansbury, Julia Gillespie, Rachel Hoban, Mattea Garrett and Brooklyn Geary all finishing closely behind.

On the boy's side, Matthew Wallace had his best race of the season, placing in 59th, edging out teammate Max Gaudiano by less than a tenth of a second. Aidan McCarthy, Harry Gaudiano, Henry Lebo, Lito Breslin, and Steele Smith all had strong performances.

Next week will be the final races of the season with the team competing in back to back races.

SENIOR CAPTAIN Harry Gaudiano (right).

February 9th, 2022 Giant Slalom

Place Girls Racers

11	Avery Abrahamovich * (NQ, So)	29.52
20	Alexandra Abrahamovich* (NQ, Sr)	31.58
65	Caroline Cavicchi * (NQ, Sr)	42.19
68	Cady Hansbury (Q, Jr)	43.08
70	Julia Gillespie (NQ, Jr)	44.93
71	Rachael Hoban (NQ, Sr)	47.51
72	Mattea Garrett (Q, Jr)	49.71
74	Brooklyn Geary (NQ, So)	52.39
78	Tabitha Lee (NQ, Fr)	DNS
78	Faye Fitzpatrick (NQ, So)	DNS
78	LucyMcLaughlin (NQ, So)	DNS

Place Boys Racers

59	Matthew Wallace (NQ, Fr)	37.06
60	Max Gaudiano (NQ, Fr)	37.15
62	Aidan McCarthy (Q, Fr)	37.70
68	Harry Gaudiano * (NQ, Sr)	39.96
74	Henry Lebo (Q, Fr)	41.57
76	Manuel Breslin (Q, Fr)	44.75
77	Steele Smith (NQ, Fr)	47.06

* (Captains) DNF (Did Not Finish) DNS (Did Not Start)



HENRY LEB0 and AIDAN MCCARTHY after competing in the giant slalom race for the Quincy-North Quincy alpine racing team. Courtesy photos



QUINCY-NORTH QUINCY alpine racers Caroline Cavicchi (captain), Cady Hansbury and Rachel Hoban after their run.

OBITUARIES

Joseph Guinto

Joseph Guinto of Quincy passed away Feb. 18th with his family by his side.

Loving father of Katalyna and Kayden. Cherished son of Joseph and Laura (Proctor) Guinto of Quincy. Brother of Sean and Edmund both of Cape Cod and Julianna Guinto of Quincy. Also survived by his close cousin Nic.

Relatives and friends are respectfully invited to attend the Mass of Christian Burial Thursday at 10 a.m. in the Holy Trinity Parish, Our Lady of Good Counsel Church, 237 Sea St., Quincy.

Visiting hours were



JOSEPH GUINTO

Wednesday from 4-8 p.m. in the Hamel Lydon Chapel, 650 Hancock St., Quincy.

Burial will be private.

For online condolences visit www.hamellydon.com.

Edward T. "Eddie" Cochrane, age 59, a lifelong Quincy resident, died peacefully, Feb. 19, at his father's home, in the comfort of his loving family.

Edward was born in Boston, raised in Quincy, and was a graduate of North Quincy High School, Class of 1981. He lived in Quincy all his life.

He was the well-known owner and operator of Rag's Tavern and the Alumni in Quincy Point. He was also the owner of the former S6 in Quincy Center for over ten years, which was named after his late brother Jamie's call sign. Previously, he was a former partner of the Braintree Brewhouse and the Alumni Weymouth.

Eddie was a longtime,

Edward T. 'Eddie' Cochrane, 59



EDWARD COCHRANE

proud member of the Tunnel Workers Union, Local 88.

He loved the ocean and fishing for "stripers" and lobstering.

He was a member of the Quincy Lodge of Elks.

Most of all, Eddie was dedicated to his family and friends, especially his cherished daughter and grand-

son.

Devoted father of Corinna K. Cochrane of Quincy and loving grandfather of Cole.

Beloved son of Edward H. Cochrane of Quincy and the late Elaine (Keefe) Cochrane.

Dear brother of Thomas J. Cochrane and Sandra Martinez of Quincy, Judi Borowski and her husband Kevin of Warwick, R.I., and the late James M. "Jamie" Cochrane, Q.P.D. and his late wife Maria.

Much loved uncle of Jack, ReKelle and Joe Cochrane.

Dear friend of Katherine Thomson.

Eddie is also survived by many cousins, and friends.

Visiting hours will be

held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Thursday, Feb. 24, from 4 - 7 p.m. Relatives and friends are invited to attend.

A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Friday, Feb. 25, at 10 a.m. The Archdiocese of Boston requires a mask or face covering be worn in church. Interment private.

Memorial donations may be made to the Officer Jamie Cochrane Memorial Scholarship Fund for deserving Quincy students, c/o Eastern Bank, 63 Franklin St., Quincy, MA 02169.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

More Obituaries
On Pages 26-29

Ava Bryan Sparks NQ Comeback Over Quincy

Cont'd From Page 21

by the end of the third quarter.

Toland gave the Raiders the lead with a layup less than a minute into the quarter, but Ibrahim struck back for the Presidents; she had back-to-back shots. Gormley responded by hitting a free throw for the Raiders. However, then Mann hit a

three-pointer for the Presidents; it was her first of two in the quarter. Mann's second three-pointer came after Gormley hit a pair of free throws with 4:02 remaining in the third. After that, Bryan and Hopps traded layups - which gave the Presidents a 32-26 lead. Gormley added a basket with less than two minutes remaining to

cut her team's deficit to four points.

However, that lead wouldn't hold for the Presidents. The Raiders put up 19 points in the fourth quarter to secure yet another win; 16 of those points came from Bryan.

The Presidents extended their lead to seven points early in the fourth quarter;

sophomore guard Mary Saccoach hit a free throw 13 seconds into the quarter and Hopps got a pair of free throws shortly thereafter.

Bryan responded with a basket from near the free throw line for the Raiders, and Saccoach hit another free throw for the Presidents. Then, the Raiders enjoyed a stretch of domi-

nance: a 16-0 run that gave them a 10-point lead.

On the run, Bryan had four three-pointers. She also had a deep two-pointer. The other two points on the run came from Gormley; she had a steal and a layup after Bryan's first three-pointer. Bryan's final three came with about a minute left and put the Raiders up 46-36.

The Presidents weren't able to make a comeback. Hopps had a basket, and Mann had a three-pointer in the final minute, but it wasn't enough to change the outcome. And with 17 seconds remaining, Gormley hit a free throw to put the Raiders up by six.

The Raiders will be in the MIAA postseason tournament next week.

Quincy Boys' Hockey Bows To Marshfield

By TOM JOYCE

The Quincy High boys' hockey team met up with a tough Patriot League opponent on Monday.

The Presidents faced the Marshfield Rams on the road at The Bog in Kingston. Although they had some offensive success early in the contest, the Presidents came up short in this one. They lost 5-2. With the loss, the Presidents fell to 11-7-2. It was the team's final regular season game this season.

Although the Presidents didn't come out on top in this one, it was a tie game after two periods. Marshfield shined in the third frame, putting up three unanswered goals to end up winning it.

And Marshfield struck first in the contest; the team had a pair of goals in the first period to take a 2-0 lead after 15 minutes of play.

Marshfield struck first about halfway through the first period. With 7:22 remaining, a Marshfield forward faked out the Presidents goalie and was able to put the puck into the back of the net for the score.

About five minutes later, the team struck again. A Marshfield player capitalized on a one-on-one opportunity. The player charged

the net after picking up a loose puck; he put up a slapshot and it was successful. This gave Marshfield a 2-0 lead with 2:24 remaining in the first.

The Presidents responded with some offensive success of their own in the second frame. They put up a pair of goals while Daniel Freeman played tough in net. As a result, the game was tied going into the final frame.

Cameron Quigley shined offensively in the second period; he scored both goals for the Presidents. The first goal came with 11:59 remaining. He picked up a puck in the neutral zone and broke loose. As he rushed toward the net, he put up a

slapshot. It was good and made it a 2-1 game.

Then, with just 4.3 seconds remaining in the second period, he tied the game up. This time, he picked up a loose puck in Marshfield territory. He scored the goal while gliding from right to left on the ice.

However, it was Marshfield whose offense put up goals in the third period. It didn't take Marshfield long to regain the lead. The team scored with 14:46 left to play - just 14 seconds into the period. Marshfield stole the puck and had a wrist shot find the back of the net. Then, with 7:04 remaining, Marshfield doubled its lead. A Marshfield player evaded three Presidents players on

defense and made a pass to someone who found an opening and scored.

Only eight seconds later, Marshfield was able to add an insurance goal.

Marshfield won the ensuing faceoff following the goal and capitalized on a one-on-one opportunity. Marshfield buried the shot and went up 5-2.

The Presidents were unable to make a comeback in this one.

The loss marked the first time that the Presidents had played Marshfield this season. Although Marshfield competes in the Patriot League in athletics, it is in the Keenan Division whereas the Presidents are in the Fisher Division.

Two days before the

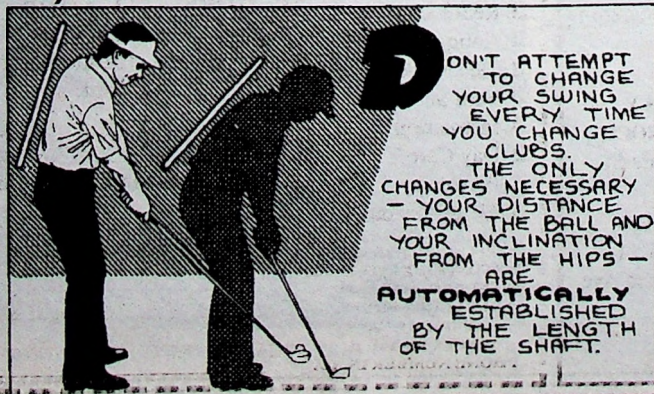
Presidents lost to Marshfield, they had their most dominant performance of the season. The Presidents defeated Oliver Ames 7-0 on the road Feb. 19; the win marked the team's largest margin-of-victory so far this season.

The roster for the Presidents this season includes: freshman forward Lincoln Hennessy, senior forward and captain Joseph Hennessy, senior forward Ronan Healy, senior forward Cooper Hernon, senior defenseman and captain Zach Galligan, senior forward Jerry Caldwell, senior forward Daniel Pakkala, junior forward Liam Van Gestel, senior defenseman Sean Andrews, senior defenseman Tyler Larsen, senior

forward Pat Walsh, senior forward Chase Quigley, senior defenseman Luke Lamonica, senior forward and captain Timmy Kelly, junior forward Collin Gates, junior forward and captain Cameron Quigley, junior forward and captain Will Martin, junior goalie Tyler Holmes, and senior goalie Daniel Freeman. The team's head coach is Ted Walsh Jr.

Since the Presidents finished the regular season with a winning record, they will likely make it to the MIAA Division 2 postseason tournament next week. It marks the first time since the 2019-2020 season that the tournament has happened; it didn't occur last year due to the coronavirus pandemic.

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This time, I ask you this very special favor (mention favor). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine.
Amen.
Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. E.K.

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OBITUARIES

Dorothea M. Blair, 94

Dorothea M. Blair, age 94, a longtime resident of Weymouth and formerly of Quincy, died peacefully, Monday, Feb. 14, 2022, at Harbor House Rehabilitation and Nursing Center, in the comfort of her loving family.

Dorothea was born in Portland, Maine, to the late Roland J. and Anne I. (Milan) Blair. Raised in Quincy, she was a graduate of Quincy High School and had lived in Weymouth for over sixty years.

Dorothea was a member of the Teamsters Union Local 25 for many years and had worked at the former Jordan Marsh Warehouse in Squantum for twenty years. As a young woman, she was employed for the City of Quincy in the Department of Veterans Services for eleven years.

She enjoyed reading and loved animals.



DOROTHEA M. BLAIR

Dorothea was dedicated to her family, especially her grandchildren and great-grandchildren, supporting all their many activities and accomplishments.

Devoted mother of Robert M. Paluccio and his fiancée Lorrie Unser of Weymouth, Maureen Kohler and her husband Christopher of Lewiston, Maine.

Loving grandmother of Nicholas Luciano, Terry Cockburn, and Matthew

Kohler.

Cherished great-grandmother of Heath and Blair.

Dear sister-in-law of Rita Tosone of Weymouth.

Former wife of the late Matthew V. Paluccio.

The last of three siblings, Dorothea was predeceased by Joseph Blair and Bertie Kimball. She is also survived by several nieces and nephews.

Funeral Services were conducted at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Saturday, Feb. 19.

Interment at Blue Hill Cemetery, Braintree.

For those who wish, donations in Dorothea's memory may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Joan M. Lally, 61

Joan M. Lally, age 61, of Quincy, died peacefully, Tuesday, Feb. 15, 2022.

Joan was born in Dorchester. Raised and educated in Dorchester and Quincy, she was a graduate of Quincy Vocational Technical High School, Class of 1978. Joan attended the Franklin Institute of Technology in Boston. She lived in Quincy for most of her life.

She was a talented hockey player and played for Quincy Youth Hockey as well as the Massport Jets.

Joan enjoyed music and was known as a jack-of-all-trades.

She will be remembered as a mother, daughter, sister, niece, cousin, and friend.

Beloved daughter of Gertrude A. "Gert" (Shaw) Lally-Tinney of Quincy and the



JOAN M. LALLY

late Paul D. Lally.

Devoted sister of Katherine M. Osborn of Weymouth, Brian F. Lally and his wife Michelle of Dorchester, Kevin B. Lally and his wife Kathleen of Weymouth, and the late Sean P. Lally and his surviving spouse Kathleen of Quincy.

She is also survived by many aunts, uncles, nieces,

nephews, and cousins.

Visiting hours were held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Tuesday, Feb. 22. A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Wednesday, Feb. 23, at 10 a.m. The Archdiocese of Boston requires a mask or face covering be worn in church. Interment Pine Hill Cemetery, West Quincy.

In lieu of flowers, donations in Joan's memory may be made to the National Alliance on Mental Illness - Massachusetts, 331 Montvale Ave., 2nd Floor, Woburn, MA 01801 or namimass.org/donate/.

You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Vincenza S. 'Vancy' Curto, 96

Vincenza S. "Vancy" (Battaglia) Curto, age 96, of Braintree, passed away, peacefully, Tuesday, Feb. 8, 2022.

Vancy was born in Boston, to the late Louis and Grace (Delmonico) Battaglia. She attended the Jeremiah E. Burke High School in Boston and later married her loving husband of sixty-seven years, Americo A. "Rex" Curto.

Vancy was a devoted wife, mother, and friend. She was a talented and creative seamstress; this skill not only became a profession but also delighted her grandchildren with elaborate show-stopping cos-



VINCENZA S. CURTO

tumes for Halloween, school plays, and other occasions. For many years, Vancy and her husband hosted Sunday dinners and holiday celebrations. Family members and friends will remember these

gatherings for Vancy's delicious meals, lively conversations, and laughter. Her gentle manner, sweet nature, and optimistic outlook on life will be greatly missed by those close to her.

Vancy was predeceased by her beloved husband, Rex Curto, and her sister, Eva Iacovello. She is survived by her sisters, Christine Cingari and Anna Manzi; her children, Diane Comoletti and her husband Steven, Paul Curto and his wife Kathy, Patty Netto and her husband Manny; her grandchildren, Laura Comoletti, Adrienne Comoletti, Michelle Netto, Nicole Ventre, Erik Curto, Philip Curto, James Curto, Max Curto, Peter Curto, and Ramond Curto; her great-grandchildren, Evelyn and Thomas. She is also survived by many nieces and nephews.

At the request of the family, funeral services were private.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Paul E. Mullen, age 94, of Weymouth, passed away, peacefully, Friday, Feb. 11, 2022 at South Shore Hospital, after a period of age-related health problems.

He was a longtime resident of Weymouth and Meredith, N.H., formerly of Quincy.

He was the loyal, devoted husband for forty-five plus years of Judith H. (Morris) Mullen. Son of the late Albert E. and Charlotte C. (Kivlan) Mullen. Brother of the late Claire C. Gore and her late husband Eugene, and uncle of Paul, Susan, Stephen, and Pamela, their spouses, and children. Brother of the late Albert C. Mullen and his surviving wife Marilyn of Fla., formerly Chicago, Ill., and uncle of Andrew, Marilyn, Alex, and the late Frederick, their spouses, and children. Brother-in-law of Jayne (Morris) Crowther and the late Robert L. Morris, their spouses, and children.

Mr. Mullen attended Quincy High School, transferring to Weymouth Vocational School, and took Business Management courses at Northeastern University. He was the owner/printer of Devonshire Press of Quincy, formerly of Boston. He began his long career after school at the age of thirteen while working for his father and worked right up until



PAUL E. MULLEN

the age of ninety.

He served in the United States Army, participating in the Asiatic-Pacific Theater in the Philippines. Upon his honorable discharge, PFC Mullen returned home and began his own business in printing. Relocating to Quincy in the 1950s, he was active in civic and community affairs as Grand Knight of the Quincy Knights of Columbus, President of United Commercial Travelers, life member of the Quincy Lodge of Elks #943, member of the Quincy Lions Club, and life member and LT in the Ancient and Honorable Artillery Company of Massachusetts.

A truly loyal friend, he was very well-respected among his many friends and was well-known for his wonderful ability to burst into song with his Irish tenor voice. As head of a large family, he was loved by his

Morris Clan for his quick wit and engaging sense of humor.

Paul and Jude celebrated their many anniversaries in the Hawaiian Islands and Bermuda. They also enjoyed spending time on Bear Island, Lake Winnepesaukee, N.H. with her many loving cousins. Paul will be dreadfully missed by his wife, Jude, as he was her soul mate and a most beloved husband.

At the request of the family and in consideration of COVID-19 concerns, Paul's interment, with military honors, took place privately at the Massachusetts National Cemetery, Bourne. A memorial Mass will be celebrated at a later date when it is safe to gather, to be followed by a reception to remember Paul's life with great dignity and fondness.

In lieu of flowers, donations in Paul's memory may be made to M&M Boat Cruises of Lake Winnepesaukee, P.O. Box 1489, Meredith, NH 03253, which teaches service dogs to aid diabetic children.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit thesweeneybrothers.com or call 617-472-6344.



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NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

OBITUARIES

Richard J. 'Fitzzy' Fitzgerald, 84

Richard J. "Fitzzy" Fitzgerald, age 84, of Randolph, formerly of Quincy, died peacefully, Monday, Feb. 14, 2022 at home.

Richard was born in Quincy, to the late Robert and Bridget (Duggan) Fitzgerald. Raised and educated there, he was a graduate of Quincy High School, Class of 1956. Richard lived in Randolph for the past five years, previously in Quincy for most of his life.

He was employed as a painter with the Raytheon Company and had worked for over twenty years at various locations, including Quincy and Andover.

Richard proudly served in the Army National Guard during the early 1960s.

Fitzzy was an avid Boston sports fan. As a member of the Adams Heights Men's



RICHARD J. FITZGERALD

Club, Torre Dei Passeri Social Club, and the Quincy Bocce Club, he enjoyed many friendships and the camaraderie within these clubs.

Most of all, he was dedicated to his children and grandchildren, supporting all their many activities and accomplishments.

Devoted father of Tara A. Hurlburt, Shawn T. Fitzger-

ald and his wife Marie, all of Whitman.

Loving grandfather of Melissa, Kevin, Courtney, Emma, Macie, and Kelsey.

Dear brother of Robert Fitzgerald and his wife Maureen of Randolph, and predeceased by Edward and John Fitzgerald. He is also survived by several nieces and nephews.

At the request of the family, funeral services were private.

For those who wish, donations in Richard's memory may be made to the charity of your choice.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit thesweeneybrothers.com or call 617-472-6344.

John A. MacDonald 93

John A. MacDonald, age 93, died peacefully, at his home, Feb. 17 with his loving family by his side.

John was born at home in Quincy, on March 20, 1928 to the late Lauchie and Elva (Cairns) MacDonald. Raised and educated there, he was a member of Quincy High School, Class of 1946.

Married in 1950, he was the adored husband of Audrey R. (Anglim) MacDonald for 71 years. They made their home in Randolph for the last 60 years.

Devoted father of Robert J. MacDonald and his wife Katherine of Hanson, Kenneth J. MacDonald and his wife Jennifer of Norwell, Laurie R. Camarda and her husband Ronnie of Marshfield.

Loving grandfather of Matthew, Michael, Maggie, Scott, Heather, and Cameron MacDonald, Olivia, Andrew, and Daniel Camarda. Much-loved great-grandfather of Finlay and



JOHN A. MacDonald

Isla. Dear brother of the late Robert E. MacDonald and his late wife Joyce. Brother-in-law of Deborah Higgins of Quincy. John is also survived by several nieces and nephews.

John was a U.S. Army veteran of World War II, serving as an M.P. in Germany with the U.S. Occupational force in 1946. In 1950, he was recalled to active duty in the Korean conflict and received the Korean Service Medal with three bronze service stars.

He retired from Stone and Webster Engineering after 28 years as a Technical Illustrator and had previously worked for the former S. Gunnar Myrbeck advertising company of Quincy.

John was a man of faith and a lifelong active member of the Fort Square Presbyterian Church in Quincy, where he served as a deacon, trustee, Sunday school teacher, choir member, and basketball coach.

As a gifted photographer, he won several awards for his work. He was frequently engaged in entertaining social and civic groups with his multi-media photographic presentations.

As a boy and an adult, his happiest times were spent with family and friends on Prince Edward Island.

John was dedicated to his family and was especially proud of his grandchildren and great-grandchildren.

His family is comforted by knowing he is now at

peace with his Lord.

Funeral services were conducted Monday at Fort Square Presbyterian Church, 16 Pleasant St., Quincy. Pastor John W. Culp officiated. Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. Interment, with military honors, at Blue Hill Cemetery, Braintree.

In lieu of flowers, donations in John's memory may be made to the Fort Square Presbyterian Church Missionary Fund, 16 Pleasant St., Quincy, MA 02169.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

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Julie A. Graham, 62



JULIE A. GRAHAM

Julie was an active member of the Houghs Neck Garden Club and the Adams Shore Neighborhood Association. In her spare time, she enjoyed decorating, planning parties, and keeping up with fashion.

Julie was a caring, selfless, and patient person. Her fun and beautiful spirit are all part of her legacy that continues through her family. She will be missed by all the lives she touched.

Julie was a cherished daughter of Arthur J. Forrester and the late Mary G. (Sullivan) Forrester. She was the beloved wife of (retired Quincy firefighter) Stephen J. Graham, with whom she shared 37 loving years of marriage. Julie was the devoted mother

of Jillian A. Graham, Stephen A. Graham (Quincy Police Officer), and Mark H. Graham, all of Quincy. She was the loving sister of James Forrester and his wife Marcia of Quincy, Gail Cunningham and her husband William of California, and Mark Forrester of Quincy. Julie is also survived by many loving aunts, cousins, nieces, nephews and friends.

Julie's Funeral Mass will be celebrated on Tuesday, March 1, 2022, at Holy Trinity Parish in Most Blessed Sacrament Church, 1015 Sea St., Quincy, at 10 a.m. Relatives and friends are respectfully invited to attend. To view Julie's Funeral Mass via the live-stream, please visit Most Blessed Sacrament Church's website: holyltrinityquincy.com.

Services will conclude with interment in Mt. Wollaston Cemetery, Quincy.

In lieu of flowers, memorial contributions may be sent in Julie's name to the charitable organization of one's choice.

See Keohane.com for directions and online condolences.

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More Obituaries on Page 28 & Page 29
and online at
www.TheQuincySun.com

OBITUARIES

Daniel A. Gorman 88

Daniel A. Gorman, age 88, a lifelong Quincy resident, died peacefully, Feb. 14, in the comfort of his home, surrounded by his loving family.

Daniel was born in Quincy, to the late Katherine A. (Clark) and Thomas F. Gorman, Sr., Chief, Q.F.D., Retired. He was a gradu-

ate of Quincy High School, Class of 1952, and received an Associate's degree from Bentley College and later his Bachelor's degree from Suffolk University.

He was employed as a salesman in the construction industry and had worked for Willco Sales and Service of Connecticut for 40 years.



DANIEL A. GORMAN

Dan was proud to have served in the U.S. Army dur-

ing the Korean conflict and was a member of the Cyril P. Morrisette American Legion Post #294 in Quincy.

Active in community affairs, he had served many years on the Board of Directors of Quincy Youth Hockey in its early days. He was also a member of the Merymount Association.

Dan was a man of faith and a longtime, active parishioner of Our Lady of Good Counsel Church, and a member of the Saint Vin-

cent de Paul Society and the North Quincy Knights of Columbus.

Most of all, Dan was dedicated to his family and was especially proud of his grandchildren.

Beloved husband for 62 years of Janet M. (Corbin) Gorman.

Devoted father of Daniel A. Gorman, Jr., Captain, Q.F.D. and his wife Peggy of Quincy, Nancy Koa Pea Gorman of Boston, Christopher D. Gorman and his wife Theresa of Quincy, Matthew F. Gorman and his wife Lisa of Ellington, Conn.

Loving grandfather of Scott Gorman and his wife Amanda, Kathleen Wallace and her husband Leroy, Ryan, Patrick, Christopher, Jr., Michael, Kelly, Allison, and Emily Gorman.

One of five siblings, Dan was the dear brother

of Thomas F. Gorman, Jr., Chief, Q.F.D., Ret. and his wife Sarah of Quincy, Mary L. Thomas of Braintree, and was predeceased by Patricia A. Plourde and Doris F. Gorman. He is also survived by many nieces and nephews.

At the request of the family, funeral services and interment, with military honors, took place privately.

For those who wish, donations in Daniel's memory may be made to the Quincy Youth Hockey Association, 60 Murphy Memorial Drive, Quincy, MA 02169.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Avenue, Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

James P. O'Connor

James P. O'Connor, age 79, of Brockton, formerly of Braintree and Quincy, died peacefully, Feb. 16, at St. Joseph Manor Health Care in Brockton.

He was born in Jamaica Plain, raised and educated in Somerville. Jim was a graduate of Somerville High School, Class of 1962. He lived in Brockton for the past several years, previously in Braintree, and earlier in Quincy.

As a young man, Jim worked as a messenger at the former New England Merchants Bank in Boston.

Jim was proud to have served as an usher for the Boston Red Sox for over 35 years. He enjoyed greeting fans and the atmosphere at Fenway Park. Previously, Jim had worked in concessions at the stadium.

He also worked at Stop 'n Shop on Newport Avenue and Star Market on Granite Street, both in Quincy, and as a receiver at Instrumentation Laboratory in Lexington.

A man of faith, Jim was a longtime parishioner of Saint John the Baptist Church in Quincy and was active in various prayer groups. He loved animals and also enjoyed trips to Cape Cod and the beach.

Beloved husband for 51 years of Ellen M. (DiBiaso) O'Connor of Braintree.

Devoted son of the late Robert J. and Catherine R. (O'Shea) O'Connor.

Dear brother of Mary Greene of Greenfield and Margaret "Peggy" Kerr of



JAMES P. O'CONNOR

Arlington. Jim is also survived by many nieces and nephews.

A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School Street, Quincy, on Thursday, Feb. 24, at 10 a.m. Relatives and friends are invited to attend. The Archdiocese of Boston requires a mask or face covering be worn in church. At the request of the family, visiting hours have been omitted and interment will take place privately.

In lieu of flowers, donations in Jim's memory may be made to Friends of the Unborn, P.O. Box 692246, Quincy, MA 02269-2246 or In Season And Out Of Season, P.O. Box 602, East Boston, MA 02128 (to benefit Father Tom DiLorenzo's Radio and Cable TV Ministry).

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

NOTICE OF PUBLIC HEARING

Case ZBA 21-54

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, March 8, 2022 @ 5:30 P.M. to consider the application of Caitlin M. Barry-King & Robin T. King for a Special Permit Flood Plain/Variance to construct a second story on the existing garage to create third unit in violation of Title 17 as amended, Chapter 8.1.9 (special permit flood plain), Chapter 3.4.2 (finding) and Chapter 4.0 (dimensional requirements) on the premises numbered **122 HAMDEN CIRCLE, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals - Virtual Meeting
Time: Mar 8, 2022 05:30 PM Eastern Time (US and Canada)

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Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

Martin Aikens, Chairman

2/17/22, 2/24/22

NOTICE OF PUBLIC HEARING

Case ZBA 22-7

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, March 8, 2022 @ 5:30 P.M. to consider the application of William A. Kennedy for a Variance to construct a 25' x 27' two story, one vehicle garage on this vacant land to house a commercial vehicle, tools and office in violation of Title 17 as amended, Chapter 4.1 (dimensional requirements) and Chapter 3.0. Appendix A (use regulations) on the premises numbered **R13 TOWN HILL STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Martin Aikens, Chairman

2/17/22, 2/24/22

NOTICE OF PUBLIC HEARING

Case ZBA 22-9

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, March 8, 2022 @ 5:30 P.M. to consider the application of Gavin Driscoll for a Finding to enclose the existing front porch in violation of Title 17 as amended, Chapter 3.4.3 (nonconforming structures) on the premises numbered **26 COPLEY STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Martin Aikens, Chairman

2/17/22, 2/24/22

NOTICE OF PUBLIC HEARING

Case ZBA 22-10

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, March 8, 2022 @ 5:30 P.M. to consider the application of Min Xiao for a Finding to convert the existing front porch into an enclosed sunroom in violation of Title 17 as amended, Chapter 3.4.3 (nonconforming structures) on the premises numbered **12 ELM AVENUE, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Martin Aikens, Chairman

2/17/22, 2/24/22

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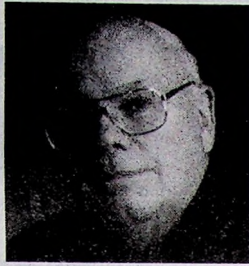
OBITUARIES

Francis X. White, 89

Francis X. White of Quincy, passed away peacefully on Feb. 16. He was 89.

The beloved husband of 64 years to Jeannette R. (Tremblay) White of Quincy. Loving father of William J. White and his partner Emi Hirano of Milton, Frederick M. White and his wife Donna of Abington, Jeanne F. McAllister and her husband Jim of Quincy and Maggie A. Cutting and her husband Bob of Plymouth. Brother of Claire White of South Boston, Charlene Mickevich of Carver and the late Roberta Murphy and Mary Anglin. Brother-in-law to William J. Tremblay of Stoughton and the late Doris Capuzzo. Cherished Papa of Andrew, Christopher, Daniel, Kevin, Jackie, Patrick and Richard. Great grandfather of Elliott and Milo.

Francis was born and raised in Dorchester, and moved to Quincy in 1972. Francis was a 1952 graduate of Don Bosco High School. A proud veteran of the United States Army, served during the Korean War. Francis worked at Noggler Bros Food Distributor in Quincy, MA as well as at the Milton Hoosic Club



FRANCIS X. WHITE

in Milton, MA. Francis volunteered many hours at St. Ann's Church. Francis was a life-long member of the Knights of Columbus and past Grand Night of Council 116, Dorchester, MA. Francis enjoyed traveling to Walt Disney World with his wife and family.

A funeral Mass for Francis was celebrated Wednesday in St. Ann's Church, Quincy.

Burial was in St. Joseph's Cemetery, West Rosbury.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Patients Activities Fund c/o John Adams Healthcare Center, 211 Franklin St., Quincy, MA 02169. See www.Keohane.com for online condolences.

Mary E. (Greene) Player, of Quincy, died peacefully at her home on Feb. 17. She was 82.

Wife of the late David S. Player. Loving mother of Kathleen Player and Kevin Berlo of Quincy, Maureen Player of Hanover formerly of Quincy, and Pamela Goldstein and her husband Mitchell of NY. Sister of James Greene of Plymouth and Anne Oulette of Weymouth. Cherished Grandmother of Michelle Ram-



MARY E. PLAYER

poni and her husband Matt, David, Samantha and Zachary. Great Grandmother of

Ava.

Mary was a lifelong Quincy resident. She was a graduate of North Quincy High School Class of 1957. She worked as a paralegal for 47 years, first with Richard W. Barry and then later with Sullivan & Sweeney Law Firm. Mary loved to travel, taking numerous cruises around the country.

One of her favorite spots to travel to was Las Vegas. She truly loved living at the marina, she enjoyed living by the ocean. She will be sadly missed by her family and friends.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Thursday 5-7 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 9:15 a.m. on Friday prior to the Funeral Mass in Sacred Heart Church, Quincy at 10 a.m.

Burial in Blue Hill Cemetery, Braintree.

See www.Keohane.com for directions and online condolences.

NOTICE OF PUBLIC HEARING

Case ZBA 22-11

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, March 8, 2022 @ 5:30 P.M. to consider the application of Sara Stanton for a Variance to subdivide the property at 15 Stoughton Street and combine the land and garage located at 15 Stoughton Street into the parcel at 854 Sea Street in violation of Title 17 as amended, Chapter 4.0 (dimensional requirements) on the premises numbered 15 STOUGHTON STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Martin Aikens, Chairman

2/17/22, 2/24/22

PUBLIC NOTICE

CITY OF QUINCY

BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from Brother N Brother Inc., doing business as Lucky Dragon Restaurant, 21 Scammell Street, for a transfer of the Wines and Malt Beverages Restaurant License currently held by Quincy Lucky Dragon Inc., (doing business as Lucky Dragon Restaurant). Proposed manager Bai Jian Chen. The premises is a single-story Chinese food restaurant of approximately 1,864 sq. ft. A hearing will be conducted at 4 p.m. on Tuesday, March 8, 2022 using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: March 8, 2022 License Board Hearing

Time: Mar 8, 2022 04:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://quincycollge.zoom.us/j/2309068852>

Meeting ID: 230 906 8852

One tap mobile

+19292056099,,2309068852# US (New York)

+13017158592,,2309068852# US (Washington DC)

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Washington DC)

Meeting ID: 230 906 8852

Find your local number: <https://quincycollge.zoom.us/j/kDpyqzFG>

Nicole L. Crispo
Chair

2/24/22



PLEASE RECYCLE
THIS NEWSPAPER

More Quincy news:

The Quincy Sun.com

REQUEST FOR PROPOSAL (FRP)

CITY OF QUINCY, MASSACHUSETTS Public Buildings Department

Thomas P. Koch, Mayor
Paul J. Hines, Public Buildings Commissioner

Request for Proposal (RFP)

The City of Quincy, Massachusetts, acting through the Department of Public Buildings, is soliciting proposals for a list of non-exclusive on-call consultant services to assist the City with professional services for materials testing and inspection services during the construction and certification of public buildings and site improvements within the City. Anticipated material testing and inspections services include, but not limited to, geotechnical; earthwork; soils; concrete; precast concrete; welded fabrications; bolted connections and structural joint connections; pre-cast joints/connections; structural steel, including reinforcing steel, metal decking, joists, light gauge metal framing and misc. metals; masonry, mortar, and grout; roofing; exterior walls; fireproofing and firestopping; air and vapor barriers; curtain wall and windows. The Public Buildings Department shall be the lead agency; however, other City Departments may utilize these services. Price Proposals shall be provided in a separate sealed envelope by the deadline of the RFP.

Request for Proposal will be received at the office of the Purchasing Department, City Hall, 1305 Hancock Street, Quincy, MA 02169 until March 10, 2022 @ 12:00 p.m.

Proposals may be submitted for one or more disciplines identified in this proposal. One contract may be awarded for a particular City project, or more than one contract may be awarded if it is deemed to be in the best interest of the City.

Copies of the Request for Proposal will be available in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169 between the hours of 8:30AM and 4:30 PM or on-line at the City of Quincy's Website, www.quincyma.gov/departments/purchasing/current_bids.php

The City of Quincy Public Buildings Department shall determine the selected proposer(s) and reserves the right to withdraw the Request for Proposals; waive any informality; to reject any and all proposals; and to select any proposal packages deemed to be in the best interest of the City of Quincy. The selection and award of potential Contract shall be in full compliance with Massachusetts General Laws, as last revised, all Federal, State and City of Quincy regulations in relation to Equal Employment Opportunity. The City of Quincy reserves the sole right to amend this RFP by formal Addendum.

All questions regarding this Request for Proposal should be directed to Kathryn R. Logan, Purchasing Agent through fax: 617-376-1074 and email: purchasing@quincyma.gov Questions will be accepted until March 3, 2022, at 4:00 PM.

Non-responsive qualification packages may be rejected.

Thomas P. Koch
Mayor

Paul J. Hines
Commissioner, Public Buildings Dept.

Kathryn R. Logan
Chief Procurement Officer

2/24/22

REQUEST FOR PROPOSAL (FRP)

PUBLIC NOTICE

CITY OF QUINCY

BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from Perth Hospitality LLC doing business as The Four's at Furnace Brook, 20 Reservoir Road, for a transfer of the All-Alcoholic Beverages Club License currently held by Furnace Brook Golf Club Inc. Proposed manager Timothy Colton, Jr. In addition, the applicant is seeking a change of License Type from an All-Alcoholic Beverages Club License to an All-Alcoholic Beverages Restaurant License. The premises is a 9-hole golf course with dining facility and rental hall. A hearing will be conducted at 4 p.m. on Tuesday, March 8, 2022 using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Meeting ID: 230 906 8852

Find your local number: <https://quincycollge.zoom.us/j/kDpyqzFG>

Nicole L. Crispo
Chair

2/24/22

SUN FUN PAGES

King Crossword

ACROSS

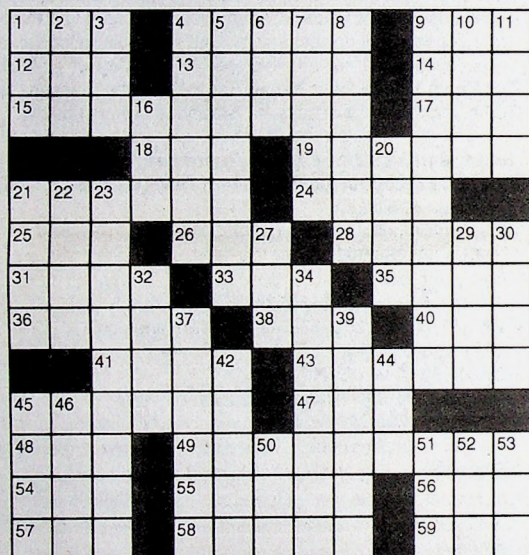
- 1 Atlas page
4 Ivy League University
9 Science room
12 GPS suggestion
13 Haunting
14 Docs' org.
15 1989 Al Pacino film
17 Decks in the ring
18 Small battery
19 Yard tools
21 "Understood"
24 Membership
25 Tolkien beast
26 Civil War soldier
28 Pulitzer category
31 Abound
33 Narc's org.
35 Dr. McGraw
36 Anticipate
38 Chips go-with
40 Sugar suffix
41 Mark Harmon

TV series

- 11 Low range
16 Granola grain
20 John Irving hero
21 Teeny bit
22 Got bigger
23 Maryland beach town
27 Nap site
29 Avoid
30 Pub orders
32 Lansing's st.
34 Dunce
37 Steering system part
39 Gems from oysters
42 Pigs
44 LPs' successors
45 Jug handles
46 "Scram!"
50 Churchill gesture
51 Conditions
52 Pair
53 Conclusion

DOWN

- 1 "— Miniver"
2 Packed away
3 Shell-game item
4 "No cheating!"
5 Akin
6 Acapulco gold
7 "The First — Club"
8 Required
9 Sierra Nevada resort
10 Cupid's specialty



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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Tree is different. 2. Tree is missing. 3. Scarf end is missing. 4. Tail is different. 5. Tag is missing. 6. Curtains are missing.

Trivia test

by Fifi Rodriguez

- MOVIES: Which 2000 animated movie's tagline is "Escape or Die Frying"?
- HISTORY: When was the Peace Corps established?
- LANGUAGE: What does it mean in British English to be "knackered"?
- AD SLOGANS: Which company featured this 1985 ad campaign: "It's everywhere you want to be"?
- ANIMAL KINGDOM: Which animal has the longest tongue in relation to its body size?
- LITERATURE: Which 20th-century novel begins with the line, "It was a bright cold day in April, and the clocks were striking thirteen"?

- MUSIC: Which country music songwriter, singer and activist once sold Bibles for a living?
- ANATOMY: What is the common name for the coccyx in human anatomy?
- FOOD & DRINK: Which restaurant chain is known for its "Grand Slam" breakfast?
- U.S. STATES: In which U.S. state was the first official World Fair held?

Answers

- "Chicken Run"
- 1961
- Tired
- Visa
- Chameleon
- "1984"
- Willie Nelson
- Tailbone
- Denny's
- Philadelphia, Pennsylvania (1876)

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Wishing Well®

7	4	5	4	2	7	8	3	5	4	5	4	2
E	J	L	O	B	L	M	C	I	B	F	S	E
3	6	4	7	8	4	5	4	2	7	4	7	3
H	G	E	O	A	C	E	U	C	Q	R	U	A
8	4	3	5	7	6	4	8	3	7	3	2	8
T	I	L	I	E	I	T	E	L	N	E	O	R
3	7	2	5	8	6	7	8	4	5	2	3	2
N	T	N	S	I	V	T	A	Y	A	G	E	
7	2	3	7	5	6	3	5	6	2	3	5	2
H	N	E	O	P	E	S	A	F	I	A	R	A
3	2	8	3	8	6	7	5	8	7	6	3	7
H	L	L	E	A	R	U	T	M	G	E	A	H
8	3	6	8	7	8	7	5	6	8	6	8	8
B	D	E	I	T	T	S	Y	L	I	Y	O	N

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

Salome's Stars

ARIES (March 21 to April 19) The adventurous Aries won't be disappointed with taking on a new challenge, despite some initial misgivings. Look for this move to open other opportunities down the line.

TAURUS (April 20 to May 20) Let that beautiful Bovine smile not only put you at ease, but also show that you're ready, willing and more than able to confound the naysayers around you. A new admirer has important news.

GEMINI (May 21 to June 20) Be careful how you handle a relationship that you're hoping to save. You already have the facts on your side. Avoid weakening your position by embellishing it with unnecessary dramatics.

CANCER (June 21 to July 22) Taking definitive stands isn't easy for the often-wavering Moon Child. But you not only need to stay with your decision, but also to reassure others it was the right thing to do.

LEO (July 23 to August 22) As a proud Lion, you're right to be upset about those who might be lying about you to others. But the best revenge is proving them wrong by succeeding at what you set out to do.

VIRGO (August 23 to September 22) Caution is still advised before making a financial commitment to a "promising" project. Look for the facts behind the fluff. Devote the weekend to loved ones.

LIBRA (September 23 to

October 22) A Taurus offers comfort and advice as you deal with an upsetting event. Use this as a learning experience that will help you avoid similar problems in the future.

SCORPIO (October 23 to November 21) A romantic situation creates some chaos for single Scorpions. But it's well worth the effort to work things out. A trusted friend can offer some helpful advice.

SAGITTARIUS (November 22 to December 21) Expect to make new friends as your social circle expands. Also, remember to tell that family member how proud you are of his or her achievements.

CAPRICORN (December 22 to January 19) New ventures continue to be favored. And with your self-confidence rising all the time, you'll want to see how well you can do with a new challenge. So, go to it.

AQUARIUS (January 20 to February 18) This is a good time for the usually serious-minded Aquarian to let loose and enjoy some fun times. Expect to get good news about a workplace issue.

PISCES (February 19 to March 20) Changed plans might upset some people, but your needs should be respected. Offer explanations when necessary. But don't let yourself be talked into changing your decisions.

YOU BORN THIS WEEK: You have a gift for bringing people together. You would make a fine judge or counselor.

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MAGIC MAZE • SNAPPY WORDS

GSQOLJHECAXLVTR
PNNLJHFDDBYXLKVS
TRIPOMKTI GCO CNE
SSDPBZAXWUORAAM
NNTRPHQONLLPBEI
AAAJCAIGFDDAPBR
PPCP(GINGERSNAP)B
POAASYXSAUNSNAP
INWVTHSGEPANSNA
SRPONLOAEPPANSN
HKJRENETSAPANS

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: **TURTLE**

- | | | | |
|---------------|-----------|------------|----------|
| Cold snap | Snap pea | Snapback | Snappish |
| Gingersnap | Snap roll | Snapchat | Snapshot |
| Snap bean | Snap-brim | Snapdragon | Unsnap |
| Snap fastener | Snap-on | Snap | |

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **M** equals **L**

SJJM SGJJ HN JFTNQ HZJ

ZJPMHVSAM KGPWHLWJ NS

GJPBLFO MJBNFV NG NGPFOJV,

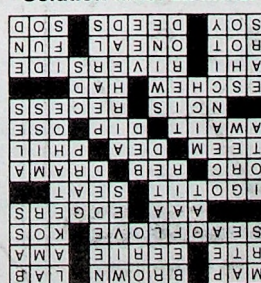
LS QNA VN TALWJ.

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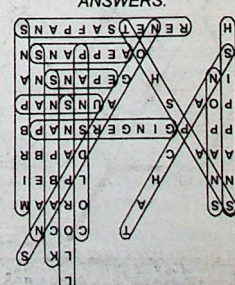
King Crossword

Answers

Solution time: 22 mins.



Magic Maze ANSWERS:



CryptoQuip

Feel free to enjoy the healthy practice of reaming lemons or oranges. If you so juice.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD. – Are we ready for “Magic Mike’s Last Dance”? Channing Tatum took two years off and now is back with a vengeance. In addition to producing, directing and starring in the just released “Dog” and “The Lost City,” with Sandra Bullock, Daniel Radcliffe and Brad Pitt (March 25), he’s headed to London to shoot his third “Magic Mike.” Steven Soderbergh, director of the original “Magic Mike,” was set to launch a Broadway musical of the film, but after seeing the “Magic Mike” live show in London (there’s also one in Vegas), he decided they had to do a third installment instead. Tatum admits, “Didn’t want to, we chewed all the meat off that – no pun intended. ‘Magic Mike’s Last Dance’ will feature the sickest dancing we can create, a full dance-icle and The Super Bowl of stripper movies. I’m going to dance as hard as I’ve danced in any movie other than ‘Hail Caesar.’ Less character, more dancing, and we’ll have a strong female protagonist as the new lead. We’ve never done the traditional love story, and this isn’t a traditional love story!”

Jamie Dornan and Benedict Cumberbatch, both Oscar contenders, are very busy. Dornan follows “Belfast” with Netflix’s spy thriller “Heart of Stone,” opposite Gal Gadot. Cumberbatch, in addition to the upcoming “Doctor Strange” (out May 6), joins Oscar-winner Laura

Dern in “Morning,” set in a society that no longer needs to sleep thanks to a new pill and artificial sun. Dern will be back in “Jurassic World Dominion” (June 10), then “The Son,” with Hugh Jackman and Anthony Hopkins (which wrapped in October).

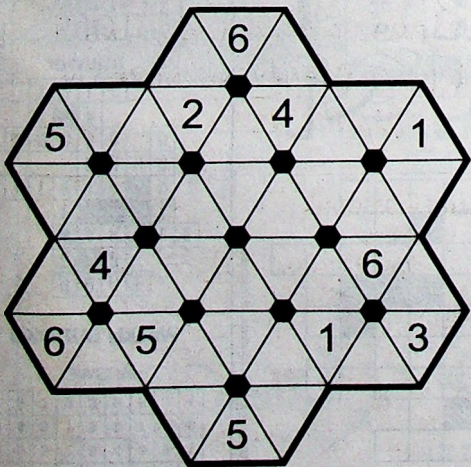
Groucho Marx, one of the immortal Marx Brothers, along with Harpo, Chico and Zeppo, made classic films like “Duck Soup,” “A Night at the Opera” and “Animal Crackers” (three of my favorites out of 13) from 1929-1952. Groucho hosted the TV show “You Bet Your Life” from 1950-1961. In 1971 he hired Erin Fleming as his secretary, and by 1973 she’d become his manager and allegedly his girlfriend. I personally used to see them at events, usually arguing profusely. In 1977 Groucho died, at 86, and his children sued Erin Fleming for embezzling \$472,000, which she was court-ordered to return to his estate. She also was accused of mental and physical abuse. She died in 2003 at 61. Oscar-winning actor Geoffrey Rush will portray Groucho in “Raised Eyebrows,” which is set between 1973-1977, with Sienna Miller as Erin Fleming, showing how their power struggle created a comedy of horrors. To say the least from what I saw, she was very controlling, and he was cantankerous, which was the secret word...“You Bet Your Life!”

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

	-		x		8
x		x		÷	
	÷		+		3
-		-		+	
	-		x		12
11		8		10	

2 3 4 5 5 6 7 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Whirligigs — Whirligigs were invented centuries ago. They are both toys and tools, indicators of wind direction and the weather. Sources disagree on where the first were made; it was probably in China about 400 B.C. or by Native Americans about 550 B.C. The whirligig must have a spinning part and a base and many were made in fanciful shapes. The oldest known pictures of a whirligig were in tapestries made in medieval times.

There are many names and many shapes of whirligigs. Old sources call them pinwheels, gee-haws, whirlyjigs or whirlys. Vintage examples have waving arms, flags, angels' wings, a man chopping wood, horses running and much more. They are also popular children's toys or garden ornaments.

A political whirligig was sold by Garth's Auctions in Ohio a few years ago. It is a figure of President Theodore Roosevelt with a top hat and monocle riding on a penny farthing cycle. Roosevelt served from 1901 to 1909, so it must have been made after 1901. He is holding a red counterbalance vane that turns the bike with the wind. The handmade whirligig sold at Garth's for \$865.

Q: I believe I have a pair of Apache wedding moccasins. Apache Indians killed my great-grandfather in Bisbee, Arizona, in 1885. He was the deputy sheriff. His gravestone reads, "Killed by Apache Indians." I'd like to find the appropriate museum or collector that would be interested in them.

A: Indian moccasins can sell for several hundred dollars. Value depends on decoration, rarity and condition. Any in-

formation you have about the moccasins and how they were obtained adds provenance. Several museums, including some in Arizona, have collections of Native American items. Search the internet to find them. Those near the area where your great-grandfather lived might be interested in the connection to the local legend. If you want to sell the moccasins, look for an auction house that sells Indian items. They can give you an idea of their value and sell them for you. Be sure to ask what their commission and other charges are.

CURRENT PRICES

Basket, gathering, woven, split oak, two flattened arched handles, c.1885, 11 x 19 inches, \$75.

Clothing, coat, fur, raccoon, full length, wrap collar, six brown buttons, cloth lining, label, Brooks Brothers New York, man's, \$140.

Fulper pottery centerpiece bowl, Chinese Blue Flambe glaze, blends into matte glaze layer underneath, flared out sides, stamped rectangular mark, four pulled feet, 1909-1916, 4 3/8 x 10 inches dia., \$575.

Disneyana toy, Disneylandia Turn-Over Tank, images of Donald Duck, Daisy Duck, Scrooge McDuck & Minnie Mouse, burglar on bottom, tin lithograph, windup, 4 x 3 inches, \$660.

TIP: Don't store ceramic dishes or figurines for long periods of time in old newspaper wrappings. The ink can make indelible stains on china.

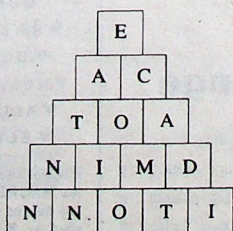
For more collecting news, tips and resources, visit www.Kovels.com

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STICKELERS

by Terry Stickels

See how long it takes you to unscramble this common 15-letter word. The first letter starts with "D."



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Strange BUT TRUE

• Valentina hot sauce was named for the intrepid Valentina Ramirez Avitia, who at 17 posed as a man to join the Mexican Revolution. She made it all the way to the rank of lieutenant before being expelled upon the accidental discovery of her braids.

• American fashion model Jeremy Meeks' police mugshot was so good that he got a modeling contract while still in jail.

• In 1524, a wooden statue of the Virgin Mary at Latvia's Riga Cathedral was accused of being a witch. At its trial by water it was thrown into the Dvina River, where it floated, resulting in a guilty verdict – and burning.

• Missing a remote? Try looking where you last sat: A 2011 study found that 49% of the time it was in a couch, while 8% were found in the bathroom, another 8% in a dresser drawer, 4% in the fridge/freezer

(your guess is as good as ours on that one) and 2% turned up outside.

• Twelve-year-old Rhiley Morrison swallowed 54 magnetic balls to see if he could get metal to stick to his stomach, as well as what they looked like when he went to the toilet. He survived the experiment after six hours of surgery and a two-week hospital stay.

• The wood frog can hold its urine for up to eight months.

• Violets can be smelled for only a few moments at a time because their scent comes from ionine, which shuts smell receptors off after simulating them. After a few breaths, the scent pops up again.

• In 2016, the Swiss city of Lausanne banned "silent disco" events because they were too noisy.

Thought for the Day:

"I'm sick of following my dreams, man. I'm just going to ask where they're going and hook up with 'em later." – Mitch Hedberg

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Now here's a tip!

by Jo Ann Derson

• "Snow will better slide off a shovel that has been sprayed with furniture polish." – T.L. in Minnesota

• Here's an old tip, but a good one: Before going away on vacation, put a couple of ice cubes in a plastic baggie, and set it at the front of the freezer. When you return, if there is any evidence of melting, you will know you lost power while you were gone. If the bag is one big, flat cube, you lost power long enough to suspect all your refrigerator items of being spoiled.

• To temporarily get a winter frost effect on a window, use this fun recipe: Dissolve 4 to 6 tablespoons of Epsom salts in a beer. When the salt is dissolved, dip a clean rag in the mixture and wipe it on your windowpane. As it dries, crystals will form, creating a frost effect. This is a great solution for a win-

dow you don't want to be clear but also don't want to permanently alter. The effect washes off with soap and water.

• "If you get a residue inside your coffee cups when they go through the dishwasher, it might be time to give your machine a once-over. In the meantime, spray the insides of the coffee cups with a bleach-based cleaner like 409 just before your turn it on. That should help." – E.T. in Michigan

• Cut your kitchen sponge in half, or even thirds. You can clean just as well with a smaller sponge, and you will extend its life, saving you money. A smaller sponge dries out more quickly, too.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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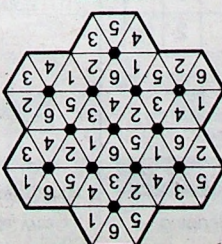
Go Figure!

answers

01	8	11
12	9	x
	7	-
	6	-
3	2	+
	5	÷
	x	x
8	8	x
	3	-
	4	

SNOWFLAKES

solution



Sticklers Answer

The world is decontaminated

Super Crossword

PROGRAM
FINALES

ACROSS

- 1 Sci-fi zapper
10 "Flashdance" star Jennifer
15 1,152, to Caesar
20 Stateside
21 U-shaped bend in a river
22 Protest shout
23 Gave spirit to
24 Chicago airport
25 See 42-Across
26 Bad grade
27 Causes wonder in
28 Subcompact car of the 1980s
30 Naughty kid
31 Saroyan's "My Name Is..."
32 Mex. miss
33 Abate
34 HarperCollins or Simon & Schuster
40 — Antonio
41 Suffix with Brooklyn
42 With 25-Across, Czech tennis great
43 Crude dude
44 Gallery stuff
46 Film director Preminger

DOWN

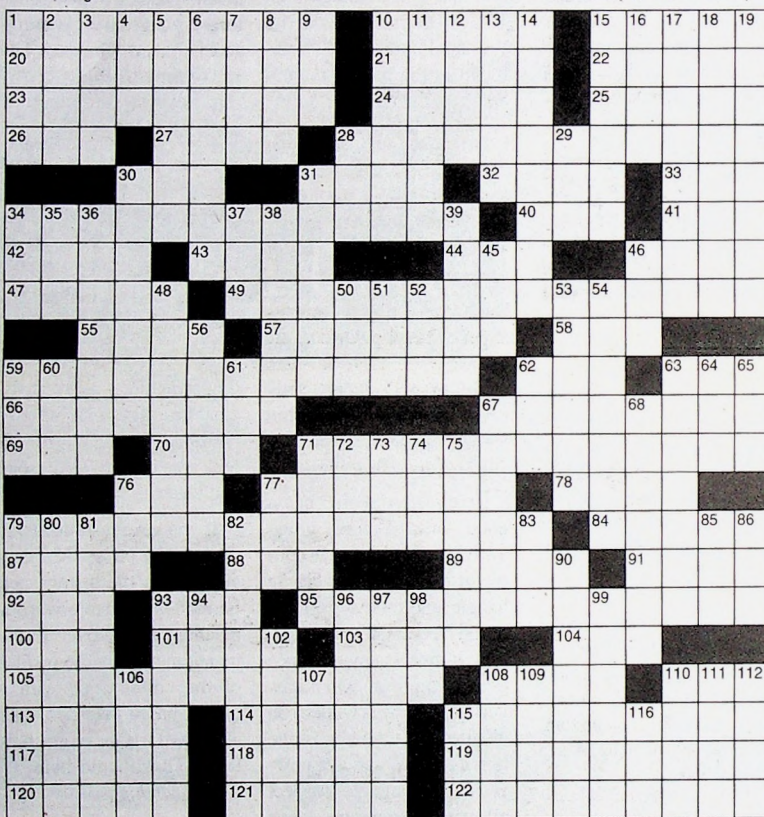
- 47 Holiday song
49 Optimistic attitude
55 Give and take
57 False appearances
58 Flaky dessert
59 Restricted entry
62 USMC rank
63 Frat dude
66 Soon-to-be adolescents
67 Inquire into
69 One of 100 in D.C.
70 Monk's title
71 Stuff applied to the wall of a room
76 School org.
77 Certain Ukrainian
78 Fine riverbed sand
79 Athlete's advantage
84 1836 Texas siege site
87 Abbr. on a phone dial
88 Sgt., e.g.
89 Must-have
91 In a bit, to bards
92 "— a snap!"
93 Took a chair
95 Features of many limos
100 Sue Grafton's "— for Noose"

ACROSS

- 101 Movie-rating org.
103 Defendant's opponent
104 Part of LAPD
105 "Necktie," or "bathrobe" or "jumpsuit"
108 College bigwig
110 Furry foot
113 Taken together
114 Great values
115 Subsequent stage
117 Coup —
118 Omit, as a syllable
119 Balsam or turpentine
120 Blissful spots
121 Doles (out)
122 Maker of the eight programs that are the theme of this puzzle

DOWN

- 1 Told a fib
2 Hathaway of "Ocean's 8"
3 Store lure
4 Bygone U.K. record label
5 Make over
6 Bar with beer-making facilities
7 Berlin article
8 Masters

celebrity
extra

by Dana Jackson

Q: I see that actor Anthony Anderson is in the return of "Law & Order." Does this mean that his sitcom "Black-ish" got canceled, or is he able to do both series? — E.S.

A: The eighth and final season of the hit ABC comedy "Black-ish" premiered on Jan. 4. It appears the network chose to conclude the show despite it being a hit. During an appearance on the popular radio show "The Breakfast Club," Anderson speculated that the show wasn't renewed due to the high production costs. He added that they had a "nice eight-year run," but that he would have liked to have "squeaked out 10 years."

Anderson is reprising his "Law & Order" role of Det. Kevin Bernard on the reboot of the original "Law & Order" series. Sam Waterston also is returning as Jack McCoy, whom he played for 16 seasons. "Law & Order" premieres Thursday, Feb. 24, at 8 p.m. ET on NBC.

Q: I was disappointed to hear that William Petersen and Jorja Fox will not be returning to "CSI: Vegas." Was the plan for them to leave after just one season, or is the show not coming back at all? — T.R.

A: According to William Petersen, who also is a producer of "CSI: Vegas," he only committed to playing Grissom for 10 episodes. Fox won't be return-



Anthony Anderson in "Black-ish"
Photo credit: ABC/Kwaku Alston

ing as Sara either, explaining that she doesn't want the duo split up, that "wherever they go, they belong together." Fortunately, Marg Helgenberger recently signed a contract with CBS to return as Catherine Willows after missing out on the first season of "Vegas" due to a prior commitment. Helgenberger starred in the first 12 seasons of the original "CSI" series and has been greatly missed in the "Vegas" spinoff.

Q: I keep seeing ads for a new show called "The Endgame." Who are the two actresses starring in it? I don't think I've ever seen them before. — S.P.

A: "The Endgame" is a new series from NBC that was heavily promoted during the Winter Olympics and the Super Bowl. It stars Morena Baccarin as an arms dealer and criminal mastermind who has met her match in Ryan Michelle Bathe's FBI agent. Baccarin is a Brazilian-Amer-

ican actress who has several series under her belt, including "Homeland," where she played Jessica Brody. She then went on to play Leslie Thompkins in "Gotham," where she met her future husband, actor Ben McKenzie. She also played Gideon on the TV series "The Flash."

Bathe was a regular as Sara Holt on the hit series "Boston Legal" but is probably most recognized as Yvette on "This Is Us." She's married to Sterling K. Brown, who plays Randall on the show. Baccarin told TV Guide magazine that the show is "not telling a realistic story about the FBI and CIA chasing bad guys. We want this to be fun." "The Endgame" airs Mondays on NBC at 10 p.m. ET.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFSW, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|----------------------|-------|----------------------|-------|
| 1. Thermometer mark | — G — | Proclamation | — C — |
| 2. Slow crawler | — I — | Curl one's lip | — R — |
| 3. Task | — D — | Wayward | — T — |
| 4. Extended | — O — | Stay behind | — I — |
| 5. Pledge 10 percent | — H — | Car ownership deed | — L — |
| 6. Fully of energy | — E — | Young canine | — U — |
| 7. Purse feature | H — | Birthday cake topper | C — |
| 8. In one piece | — O — | Moby Dick, e.g. | — A — |
| 9. Agriculturalist | — A — | Previous | — O — |
| 10. Olympics award | — D — | Copper or iron | — T — |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

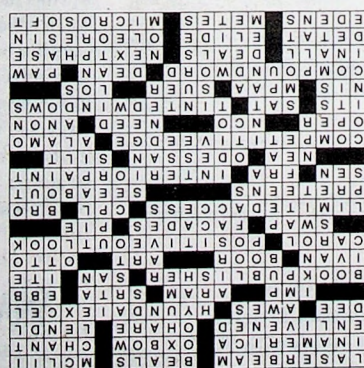
DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

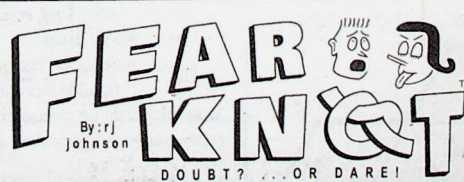
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Super Crossword

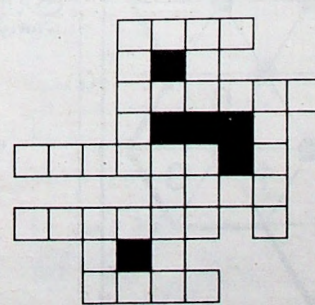
Answers

Even Exchange
answers

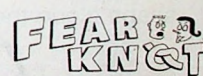
- | | |
|-------------------|-------------------|
| 1. Degree, Deceit | 6. Peppy, Tummy |
| 2. Snail, Snail | 7. Handle, Candle |
| 3. Errand, Errant | 8. Whole, Whale |
| 4. Longer, Linger | 9. Farmer, Farmer |
| 5. Title, Title | 10. Medal, Metal |



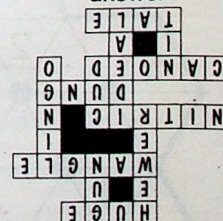
- DCU
GALEWN
GILON
EHGU
CRINTI
♥INT
GDNV
♥RWECH
♥UGN
♥NECADO
♥ALIDE
♥ELTA



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

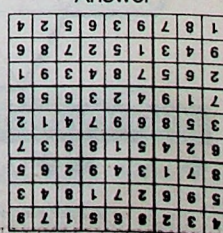


answer



Weekly SUDOKU

Answer



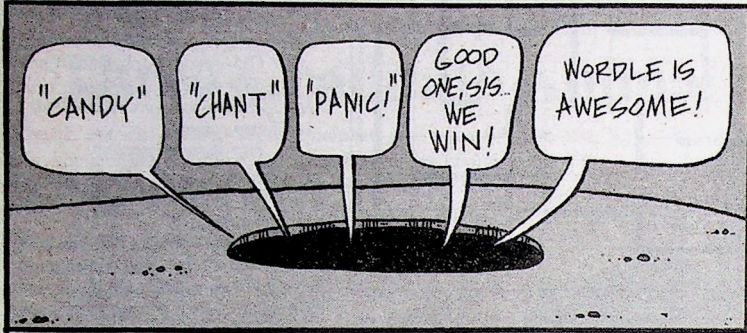
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Amber Waves

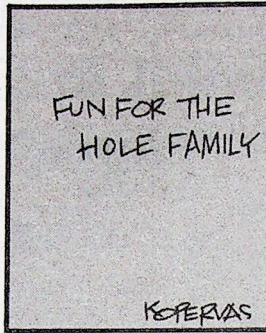


by Dave T. Phipps

Out on a Limb



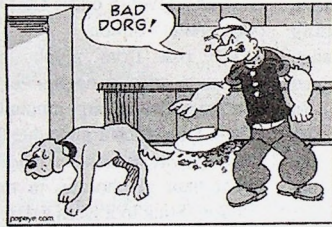
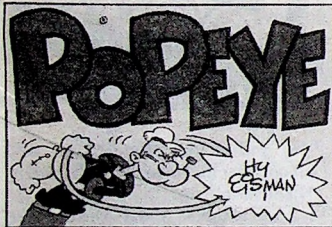
by Gary Kopervas



R.F.D.



by Mike Marland



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Scope
PERROT _____

Pick
CLEET _____

Avoid
VESTA _____

Hold
INDATE _____

TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

2	3	5	7	6	1	3
2	4	1	7	3	1	6
2	2	6	7	7	3	5
6	6	2	1	3	5	2
1	6	1	4	5	7	2
5	6	1	6	2	2	2
3	5	7	3	2	6	1

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DEAR PAW'S CORNER: I've read that pets can keep seniors healthy, through reducing stress, etc. How does that work? - Joel P., Fort Myers, Fla.

DEAR JOEL: Researchers have found that seniors who own pets have a reduced rate of stress-related ailments, so they've theorized that having an animal companion helps seniors feel less alone and somewhat empowered as they care for a cat, dog, fish or other pet. The unconditional love and affection that pets provide can help their owners feel needed and important, and can help to enhance their quality of life. So, the simple act of caring for a pet can create a longer, happier life for many people.

But there are more benefits to pet ownership. Owners are more likely to interact with other animal lovers. They tend to exercise more than pet-less people - especially dog owners, who must take

their pooches for frequent walks.

Of course, if a senior doesn't want a dog or cat, the idea shouldn't be pushed. Owners must be able to care for, walk and feed their pets, and provide training and activities. Not everyone can meet these requirements. There also are financial considerations, such as regular veterinary care, food and medicine.

An alternative to owning a pet is to visit one (or have one visit) occasionally. There are organizations across the United States that sponsor pet visits for seniors who love animals but cannot care for one full-time. These visits help provide some of the health benefits of pet ownership to those who otherwise would not receive them.

If nothing else, take time out to say hello to the neighbor's dog, or spend time with relatives and their pets. They'll love the attention, and you'll love the stress relief that pets can provide.

Send your tips, questions or comments to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD
for release week of
February 21, 2022

Video On Demand

1. Ghostbusters: Afterlife (PG-13) Carrie Coon
2. Dune: Part One (PG-13) Timothee Chalamet
3. Clean (NR) Adrien Brody
4. No Time to Die (PG-13) Daniel Craig
5. Clifford the Big Red Dog (PG) Darby Camp
6. Venom: Let There Be Carnage (PG-13) Tom Hardy
7. The Requin (R) Alicia Silverstone
8. American Siege (R) Bruce Willis
9. Free Guy (PG-13) Ryan Reynolds
10. Groundhog Day* (PG) Bill Murray

DVD, Blu-ray Sales

1. Ghostbusters: Afterlife (PG-13) Sony Pictures
2. Clifford the Big Red Dog (PG) Paramount
3. Ghostbusters 3-Movie Collection (1984, 1989, 2021) Sony Pictures
4. Dune: Part One (PG-13) Warner
5. No Time to Die (PG-13) Universal/MGM
6. Halloween Kills (R) Universal
7. Venom: Let There Be Carnage (PG-13) Sony Pictures
8. The Addams Family 2 (PG) Universal/MGM
9. F9: The Fast Saga (PG-13) Universal
10. Jungle Cruise (PG-13) Disney

*Re-release

Source: Comscore/
Media Play News

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Hitori

answer

1	9	2	8	7	9	8
2	2	2	9	1	9	9
2	7	5	4	1	9	1
2	5	3	1	2	9	9
5	3	7	7	9	2	2
6	1	3	7	1	2	2
3	6	7	6	2	2	2

SCRAMBLERS

solution

SCARED
Today's Word
3. Slave; 4. Delin
1. Report 2. Elect

MORE FUN



Back to 15 — There is no other plotline that I love more than when a character mysteriously goes back in time and gets to relive a period of their earlier life ("17 Again" is a favorite). So, I am all over this new series from Brazil in which 30-year-old Anita "hits control-Z in real life" and wakes up in her 15-year-old self's bedroom. Discontented with the way her adult life has turned out, Anita is thrilled at a chance for a do-over in the pre-iPhone olden days. Maisa Silva stars as the younger Anita and Camila Queiroz as the adult version. (Netflix)

Wasteland — "When it goes bloop ... bloop ... bloop ... get ready, here it comes." And by "it" the interviewee means a most unfortunate bubbling up of filth in her bathtub. Reminiscent of the events made famous by Erin Brockovich, this four-part docuseries unpacks the widespread scourge of excess wastewater, inadequate treatment facilities and the serious health consequences of otherwise unpotable water in communities throughout our country. Created by CBS Reports, the series explores how we got to the point of collapsing sewers and polluted riverways, and what it will take to prevent further disastrous fallout. (Paramount+)

The 355 (PG-13) — Five women who all work for different intelligence agencies in different countries pool their skills to track and fight a common invisible enemy in order to prevent World War III. But these aren't Charlie's Angels. If 007 was smart enough to work in concert with his equals to get the job done in half the time so he could get back home to his kids, he might be as tough as these women. Starring Jessica Chastain, Diane Kruger, Penelope Cruz, Lupita Nyong'o

and Fan Bingbing. (Peacock)

No Exit (R) — Most people, upon finding a child trapped in a van in the parking lot of a highway rest area during a blizzard, would not merely tell the freezing, terrified kid to hang tight and then go back inside to silently try to figure out which one of their fellow stranded travelers was a psychotic kidnapper. No, most people would run back inside yelling that there's a kid trapped in a van and grab anything possible to break the child free. But most people aren't the protagonist of a psychological thriller movie. Premieres Feb. 25. (Hulu)



Jessica Chastain in "The 355"

Secrets of the Zoo: Tampa — Nat-Geo brings it again with the third season of their zoo series, this time profiling the work of the exotic animal caretakers at Zoo Tampa (previous seasons were filmed at Ohio's Columbus Zoo). Far more complicated than simply tossing hay to elephants and spending the day on pooper-scooper duty, the zookeepers show that animal care is a 24/7 job and you never know what new issue might arise. Rescues, rehabilitations, fostering orphans, releasing rehabbed short-stayers and new births are all part of the gig. (Disney+)

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Contract Bridge

BRIDGE IS A LOGICAL GAME

West dealer.

East-West vulnerable.

NORTH

♠ A Q 3
♥ 10 9 7 5 4
♦ A 9 8 6
♣ 7

WEST

♠ 9 8 7
♥ K
♦ K Q 7 5 3
♣ A K Q 8

EAST

♠ K 6 4 2
♥ 8 6 3
♦ 10 2
♣ J 10 9 3

SOUTH

♠ J 10 5
♥ A Q J 2
♦ J 4
♣ 6 5 4 2

The bidding:

West	North	East	South
1♦	Pass	Pass	1♥
Pass	4♥		

Opening lead — queen of clubs.

Most hands played by declarer fit into a pattern that he has encountered many times before. Because of this, many declarers tend to treat similar situations in similar fashion, which is not always the healthiest approach to the play of a hand.

Consider this deal where West led the queen of clubs against four hearts. East followed with the jack, and West shifted to the nine of spades. Declarer

played low from dummy, losing to the king, and East returned a low trump.

At this point, South put on his thinking cap. Had he finessed, which seems the natural thing to do, he would have gone down one. But South was not a player who relied solely on past experience.

He realized that finessing would be the proper play in most hands, but he also realized it would be the wrong play in this hand. So he went up with the ace, felling the king, played the ace and another diamond, and wound up making 10 tricks after ruffing two of dummy's diamonds in his hand.

There is no denying that South was lucky to find West with the singleton king of hearts. But good luck is frequently the byproduct of good dummy play, so South was entitled to some measure of glory in nabbing the singleton king.

Declarer realized at trick three, after East had shown up with the jack of clubs and king of spades, that East could not also have the king of hearts. Had East held that card, he surely would not have passed his partner's opening bid.

So, after concluding that West had to have the heart king, South went up with the ace — not because he expected to drop the king, but because he recognized that his only chance was to find the king unguarded.

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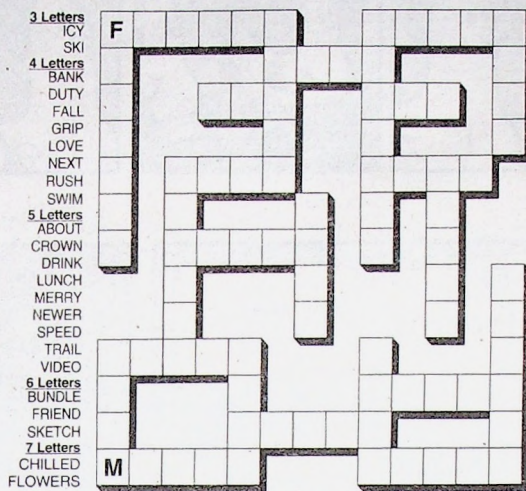
by Steve Becker

Puzzles4Kids

by Helene Hovanec

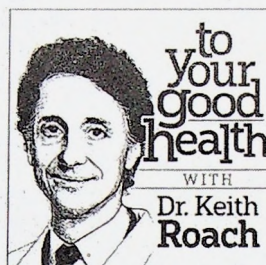
CRISSCROSS — 24 RANDOM WORDS

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.



3 Letters
ICY
SKI
4 Letters
BANK
DUTY
FALL
GRIP
LOVE
NEXT
RUSH
SWIM
5 Letters
ABOUT
CROWN
DRINK
LUNCH
MERRY
NEWER
SPEED
TRAIL
VIDEO
6 Letters
BUNDLE
FRIEND
SKETCH
7 Letters
CHILLED
FLOWERS

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The Truth About Fasting Before Blood Tests

DEAR DR. ROACH: My daughter is a registered nurse, and tells me that when getting blood tests, it is not necessary to fast eight to 12 hours even though my doctor says to do so. Four hours is enough, she claims. Is this true, or is my daughter trying to be a doctor, if you know what I mean? -- L.C.

ANSWER: I probably agree with your daughter the nurse more than I do with your doctor in this case. Most routine blood testing does not require fasting. There is controversy about whether cholesterol testing is best done fasting or not. Most recent evidence suggests that fasting is not necessary. However, many physicians still continue to use fasting levels, as that is what they are used to. Nonfasting numbers may reflect the true state of risk to the arteries more so than fasting levels.

A few seldom-ordered tests, such as insulin levels, may need to be drawn precisely a certain period of time after feeding to be able to interpret them. In most cases, your daughter is probably right that prolonged fasting is unnecessary. I still recommend following your doctor's orders.

Your daughter is providing you with up-to-date medical knowledge. Any nurse or doctor should do the same.

DEAR DR. ROACH:

Is it true that all orange juice is dangerous except organic? I heard on a radio show something about food's having been contaminated by Roundup. The man said, "It's in our orange juice." It was

said (I think) that only organic was safe. What do you think about this orange juice issue? -- J.J.V.S.

ANSWER: I read the report showing that all orange juice brands tested positive for glyphosate, a commonly used herbicide, but one that is never applied to trees, in organic or conventional farming. The levels in the report, which was not published in a peer-reviewed journal, are extremely low, 3 to 17 parts per billion. The Environmental Protection Agency allowable level in citrus fruit is 500 parts per billion.

The risk from glyphosate in orange juice is negligible. I don't recommend large amounts of any type of fruit juice due to sugar content, which is a bigger threat than glyphosate, in my opinion. Stick to a glass a day.

DEAR DR. ROACH: A recent column commented on liquid bandages for a home first aid kit. What else should be in a home first aid kit? -- K.L.

ANSWER: Depending how large a family you have, how active you are, how often you travel and what types of activities you enjoy, your ideal first aid kit might vary a bit from standard guidelines. I found one pretty complete list from U.C. San Diego at tinyurl.com/kitforfirstaid. Most of the kit is for care of minor lacerations, but there are some additional types of supplies as well. The list includes several medications: If you use those, be sure you replace them after expiration. Several well-stocked first aid kits are available for sale online, some for as little as \$25

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Puzzles4Kids
Answer

Comfort foods

Made fast and healthy



by Healthy Exchanges

Sweet Fruit Focaccia

Wow! You mean THIS started with a can of biscuits!? It sure did — but it doesn't look or taste like it.

- 2 tablespoons fat-free milk
- Sugar substitute to equal 2 tablespoons sugar
- 1/4 teaspoon ground cinnamon
- 1 (7.5-ounce) package refrigerated buttermilk biscuits
- 1/4 cup apricot spreadable fruit
- 1/4 cup raisins
- 1/4 cup chopped pecans

1. Preheat oven to 450 F. Spray a 9-inch pie plate with butter-flavored cooking spray.

2. In a small bowl, combine milk, sugar substitute and cinnamon. Separate biscuits. Dip each biscuit into milk mixture, then arrange in prepared pie plate. Drizzle any remaining milk mixture evenly over top of biscuits.

3. Gently stir spreadable fruit to soften, then evenly spread over biscuit tops. Sprinkle raisins and pecans evenly over all.

4. Bake for 10 to 12 minutes. Place pie plate on a wire rack and let set for at least 15 minutes. Cut into 6 wedges. Serves 6.

• Each serving equals: 199 calories, 7g fat, 3g protein, 31g carb., 360mg sodium, 1g fiber; Diabetic Exchanges: 1 Starch, 1 Fruit, 1 Fat.

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1. Archie Bell released one solo album after the breakup of The Drells. Name the album.

2. Levi Stubbs, Abdul "Duke" Fakir, Renaldo "Obie" Benson and Lawrence Payton were the founders of what group?

3. "Higher Love" became a chart topper for which artist?

4. What group released "Walk of Life"?

5. Name the song that contains this lyric: "When I was a young man and never been kissed, I got to thinkin' over how much I had missed."

Answers

1. "I Never Had It So Good," in 1980. Bell continued to perform with The Drells now and then for the next two decades.

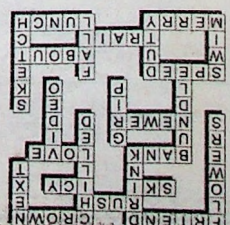
2. The Four Tops. They later called themselves The Four Tops because they didn't want to be confused with the Ames Brothers.

3. Stevie Wonder, in 1986. The song also netted two Grammys in 1987, beating Whitney Houston's "Greatest Love of All" for Record of the Year.

4. Dire Straits, in 1985.

5. "Kisses Sweeter Than Wine," by The Weavers in 1951. Legend says Pete Seeger of The Weavers borrowed a 1937 Lead Belly blues version, which was rewritten from an Irish song about a farmer and his cow named Dicky. Others, including Jimmie Rodgers and Jackson Browne, have released versions.

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Investigation Into Fatal Germantown Shooting Continues

Cont'd From Page 1

ing and the matter remained under active investigation.

The shooting took place around 6:30 p.m. on Feb. 15 at the intersection of Taffrail Road and Palmer Street, Morrissey told reporters near the scene during a press conference that evening. Responding officers found the victim in his vehicle a short distance away with obvious gunshot injury. Officers and

responding ambulance personnel attempted life-saving measures at the scene and the victim was transported to Boston Medical Center for emergency treatment. He did not survive.

The District Attorney's Office victim later identified the victim as Nathan Paul, age 17, of Weymouth. He was a senior at Weymouth High School.

Quincy Police Department detectives and Massa-

chusetts State Police detectives attached to the Norfolk District Attorney's Office have been investigating the homicide since it occurred.

Speaking at the Feb. 15 press conference press conference, Morrissey urged anyone who may have seen or heard something suspicious that evening to reach out to investigators.

"If anybody has any firsthand knowledge about the incident or may have seen

something out of the ordinary — vehicles, individuals — I ask that they call the Quincy Police or the detectives at the Norfolk District Attorney's Office," Morrissey said.

Quincy police said on social media that a witness reported seeing multiple individuals fleeing the scene on foot.

Anyone with information can contact Quincy police at

617-479-1212.

Weymouth Public Schools Supt. Robert Wargo on Feb. 16 said Paul's death was a difficult moment for the school community.

"Moments like these are difficult to process for students, as well as staff and parents. As a district, we are always available to support our school community, and we ask that as a community we all look to support one

another during this time," Wargo said in a statement.

"The district has a team of mental health professionals and counselors available districtwide to support any individual in need of emotional assistance or to help cope with this unthinkable loss.

"Our hearts are with the student's family and loved ones during this difficult time."

Three Graduate Animal Care Job-Training Program

Sheriff Patrick McDermott announces the Norfolk County Sheriff's Office and Suffolk County Sheriff's Office recently graduated three female justice-involved individuals from an animal care job-training pilot program at the New England Wildlife Center.

"This has long been one of our most successful job-training programs, and I am glad that we have been able to work with the Sheriff Tompkins and the Suffolk County Sheriff's Office to make it available to our female justice-involved individuals," said Sheriff McDermott. "This program opens up opportunities for these women by providing education, training, and skills that prepare them for careers in veterinary care."

The program is made available to specially-select-

ed participants who travel to the center over the course of six weeks. This community program works directly with New England Wildlife Center's veterinary team to teach participants how to care for wild animals who are brought to the center, including feeding, administering medicine, and gathering vitals. After the successful completion of the program, the participants are awarded a veterinary technician certification.

The Norfolk County Sheriff's Office has collaborated with the New England Wildlife Center since 2014 to put on programs for justice-involved individuals. This is the first year that the program has been made available to female participants, in coordination with the Suffolk County Sheriff's Office.



NORFOLK COUNTY SHERIFF'S Office and Suffolk County Sheriff's Office recently graduated three female justice-involved individuals from an animal care job-training pilot program at the New England Wildlife Center. From left to right: NCSO Outreach Corrections Officer Tom Frane, Officer Carolyn Pecevich, Assistant Superintendent Danielle Frane, Suffolk County Sheriff Steven Tompkins, female participants, Dr. Greg Mertz (New England Wildlife Center) and Norfolk County Sheriff Patrick McDermott.

Photo Courtesy Norfolk County Sheriff's Office

New England Wildlife Center (NEWC) is a non-profit care-based science ed-

ucation organization. They provide critical veterinary treatment to sick, injured,

and orphaned wildlife in need now, and help people of all ages learn how to pre-

serve nature for future generations.

Movie Review: 'Death On The Nile'

By BOB GARVER

It is ironic that the #1 movie at the domestic box office on Valentine's weekend would be one where all but one relationship ends badly. If you are watching this movie with a partner, be sure to say something like, "Good thing we're not as screwed up as these people, right?" If your partner can't answer because they are too busy jotting down notes on how to plan the perfect murder, perhaps your relationship has run its course.

Following 2017's "Murder on the Orient Express," Kenneth Branagh is back as legendary Belgian detective Hercule Poirot. More

importantly, Poirot's ridiculous mustache is back, complete with its own black-and-white origin story. It's almost, but not quite worth sitting through some lousy digital de-aging effects on Branagh to understand some of Poirot's motivations.

The bulk of the film takes place, in color, in 1937 Egypt. Poirot is on holiday when he spies old partner Bouc (Tom Bateman). Bouc introduces Poirot to his mother Euphemia (Annette Bening) and his recently-married friends Simon (Armie Hammer) and Linnet Doyle (Gal Gadot). The Doyles request Poirot's help in ridding them of

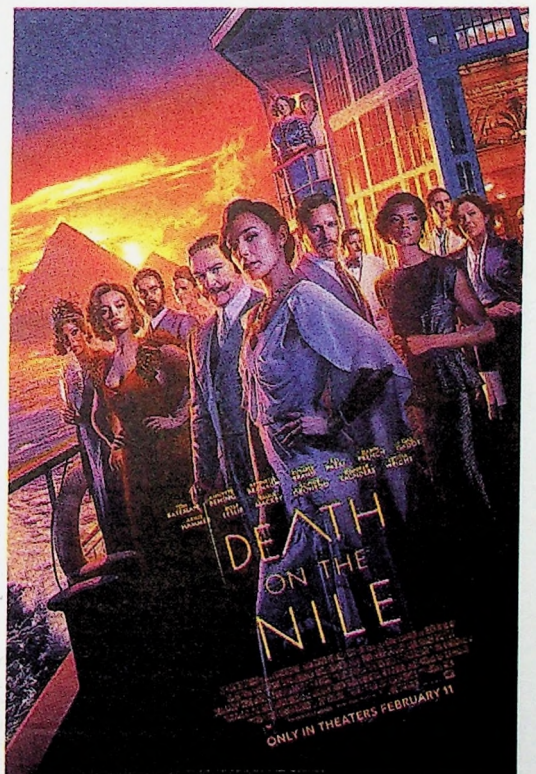
stalker Jacqueline de Bellefort (Emma Mackey), an obsessed former lover of Simon's. Poirot can't do much since Jackie hasn't committed any crime, but he does suggest that the couple sneak away in secret. Misinterpreting Poirot's advice, the Doyles rent out a huge ocean liner and take their circle of friends (including Poirot) on a cruise down the Nile where they figure Jackie can't follow them. Jackie boards the boat at the very next stop. Murder follows. Frustratingly, the prime suspect has an airtight alibi — they were being detained for shooting another passenger at the time.

Perhaps it was another member of the party. There's Linnet's own jilted former lover Dr. Windlesham (Russell Brand, for once not looking like a pirate despite the movie largely taking place on a ship), her cousin and crooked estate manager Andrew (Ali Fazal), her Communist godmother Marie (Jennifer Saunders) and Marie's nurse Mrs. Bowers (Dawn French), scheming maid Louise (Rose Leslie), school chum Rosalie (Letitia Wright), and Rosalie's singer aunt Salome (Sophie Okonedo). Complicating

matters is that Rosalie and Salome have stolen Bouc and Poirot's respective hearts. Which isn't to say that Bouc and his mother are necessarily off the hook. Some expensive diamonds are missing, that alone could be the motive behind the murder, and absolutely everyone could use the money.

The movie meanders in its early stages, no doubt trying to spend as much time as possible with the full cast before someone has to be eliminated. But then we get to the really fun part — Poirot's fast-paced interrogations. It is here where we get the film's wittiest dialogue and best chemistry between actors. I've heard it said that Hammer and Gadot have no chemistry as a couple, and I think that's a bit unfair, as public opinion of Hammer is very low right now due to accusations levelled against the actor, and I think people would be disgusted by him in any role, especially one as sensual as this. But it doesn't take a Poirot-level detective to see that the Simon/Linnet marriage isn't destined to last — assuming they both live long enough to split up.

Director-and-star Branagh is currently in Os-



car contention for directing a semiautobiographical film called "Belfast." It probably won't make enough money to warrant its own review, but if it did, I would give it an A- and name it one of the top two or three films of 2021. I definitely recommend seeing it instead of "Death on the Nile" if it's an option. This movie probably won't get nominated for any Oscars, but it at least man-

ages to keep its head above water — the Nile, as it were.

Grade: B-

"Death on the Nile" is rated PG-13 for violence, some bloody images and sexual material. Its running time is 127 minutes.

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Americanisms



"Short term success can always be obtained at the expense of the future."

— Tim Brennan

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